

WHAT'S Happening!

in Kenton County, Kentucky TM

Look for Kenton County Community Education classes inside!

Winter/Spring 2010

Planners Seeking Input on Future of Hillsides

Responses to the questions presented here in “The Hills” graphic are central to a community-wide effort being pursued by the Northern Kentucky Area Planning Commission. NKAPC officials hope the community can come to consensus by next year when Kenton County’s new comprehensive plan is scheduled to be completed.

While hillsides have been addressed in past comprehensive plans, little has happened on those slopes to prompt a more in-depth discussion of the pros and cons of development. “That’s changed over the past decade,” according to Dennis Gordon, Executive Director of NKAPC.

“Higher gas prices which impact commuter costs and a growing interest in urban living have increased pressure to develop these hillsides,” said Gordon. “When several highly-visible projects were approved recently, emotional residents began calling for action to preclude more development.” Developers, meanwhile, enjoyed a legitimate degree of financial success with their hillside projects.

The comprehensive plan became the focus of these discussions. Kentucky law mandates that land-use decisions be based on contents of local comprehensive plans. Kenton

County’s current comprehensive plan must be updated by late 2011. “We determined that the time was right to get the public involved with issues involved with hillside development,” said Gordon.

Planners have used a number of methods to engage citizens in discussion. These have included notices on the local government cable channel, e-mail blasts to the more than 4,000 who receive NKAPC’s eNewsletter,

meeting announcements in SD1’s monthly bills, an online opinion survey, and a community forum held on December 2. Several general themes have evolved from the public discussions to date.

When asked how important hillsides are, 90% answered “very important” or “somewhat important.” Property rights were discussed during the public forum after the audience was asked if property owners should be able to use their property as they see fit as long as they comply with all applicable building and zoning laws. Sixty-four percent said they “strongly agree” or “agree” that property rights were important and so long as local laws were followed, owners should be free to choose what they want to do with their property. Twenty-five percent responded that they “disagree” or “strongly disagree.”

Two questions about preservation prompted interesting results, according to Gordon. First, when asked to name the top attributes that make a hillside ideal for preservation, the most common answers were mature tree canopy, presence of wildlife, views of the hillside, and location. Second, when planners asked how appropriate it would be to use public

Continued on page 2

What do you think of Northern Kentucky’s hillsides?

Are they important to the region’s quality of life?

Should they be developed to increase our local tax base?

Should they be preserved for the benefit of present and future generations?



Northern Kentucky Area Planning Commission

PLANNERS SEEKING INPUT, continued from page 1

money to preserve hillsides, 65% said that the use of public funds would be “appropriate” or “very appropriate” whereas 29% said they would find such use of public funds to be “very inappropriate” or “somewhat inappropriate.” Another 5% had no opinion.

These early exchanges of opinions are just the beginning of the hillsides conversation. “We’re starting with a blank sheet of paper,” Gordon said. “It’s important that

community residents get involved so that the new comprehensive plan represents their beliefs. The one thing that’s absolutely guaranteed at this early point is that your opinion won’t count if you don’t participate and voice it.”

Those who have participated in the process to date seem open to that strategy as 85% of forum participants said they would like to take part in future events on this issue and 95% said they would like to stay informed

on the topic. Gordon said NKAPC’s next step is to publish the results from the public forum and to “see where the results take us.”

“We’re going to let the public help guide us through this process,” he concluded. “Their comfort level with our progress will determine our direction to a large degree.”

Join Our Online Discussion ...

Check out the new **Community Forum** at nkapc.org. Share your opinion on hillsides and related issues in an online discussion.

Read about new opportunities to express your thoughts.

Get involved ...

Northern Kentucky Area Planning Commission



2332 Royal Drive
Fort Mitchell, KY 41017
859/331-8980
www.nkapc.org

Kenton County Fiscal Court



Ralph Drees
Kenton County
Judge/Executive

Dear Friends,

Another year has passed and I am pleased to report that 2009 was one of remarkable progress for your county government. The new jail is under construction with an anticipated opening in the late fall of 2010 and this summer animal shelter expansion was completed, more than doubling our capacity to serve the community.

Message from the Judge/Executive

The dawning of a new decade brings with it enormous challenges for those of us in local government as we continue to see our state and federal government mired in what is reportedly the largest rate of deficit spending in history. This generally means a shift in responsibility for services to the local level and I want to assure you our leadership team will remain vigilant in seeking to maintain essential services in a fiscally responsible manner.

2010 Census

On a very positive note, as we enter 2010 I call on all Kenton County residents to join me in participating in the 2010 decennial census process. In April you will receive the census forms at your home from the

Census Bureau. Please do not discard this form, fill it out and return it promptly.

Now I know some folks are hesitant about completing the census forms out of a sense that the federal government already has all the information it needs about our lives. However, it is important for you to know there are certain funds that come to the state and then to the county which are based on census tract information. In essence, the carving of the pie at the federal level is based at least in part on the population.

Clearly in these trying times we need to marshal our energies to make certain that we get our fair share of the taxes we send to DC and Frankfort. The census numbers are

also used in determining the make-up of the United States House of Representatives. We must maintain equitable representation in Congress and in completing the census information we are doing our small part to insure that equity.

Let’s make 2010 another great year in this community while laying the foundation for the future by doing our part in the census process. Truly this aspect of our future rests in your hands.

Sincerely,

Ralph A. Drees
County Judge-Executive

An Introduction to the US Census

Counting Everyone Once — and Only Once — and in the Right Place

KEY 2010 CENSUS DATES



March 2010	Census questionnaires delivered to residences
March/April, 2010	Be Counted Program Begins - Census questionnaires also available at public sites
April 1, 2010	Census Day
May/July, 2010	Census takers visit households that did not return a questionnaire by mail
December, 2010	By law, the Census Bureau delivers population counts to the President

The foundation of our American democracy is dependent on fair and equitable representation in Congress. In order to achieve an accurate assessment of the number and location of the people living within the nation's borders, the U.S. Constitution mandates a census of the population every 10 years.

Census Data Important to Our Community

The census population totals determine which states gain or lose representation in Congress. It also determines the amount of state and federal funding communities receive over the course of the decade. 2010 Census data will directly affect how more than \$4 trillion is allocated to local, state and tribal governments over the next 10 years. In order for this funding allocation to be accomplished fairly and accurately, the goal of the decennial census is to count everybody, count them only once, and count them in the right place. The facts gathered in the census also help shape decisions for the rest of the decade about public health, neighborhood improvements, transportation, education, senior services and much more.

Reaching an Increasingly Diverse Population

The goal of the 2010 Census is to count all residents living in the United States on April 1, 2010. The U.S. Census Bureau does not ask about the legal status of respondents in any of its surveys and census programs. To help ensure the nation's increasingly diverse population can answer the questionnaire accurately and completely, about 13 million bilingual Spanish/English forms will be mailed to housing units in neighborhoods identified as requiring high levels of Spanish assistance. Additionally, questionnaires in Spanish, Chinese (Simplified), Korean, Vietnamese and Russian — as well as language guides in 59 languages — will be available on request.

10 Questions, 10 Minutes to Complete

With one of the shortest questionnaires in history, the 2010 Census asks for name, gender, age, race, ethnicity, relationship, and whether you own or rent your home. It takes only about 10 minutes for the average household to complete. Questions about how we live as a nation — our diversity, education,

housing, jobs and more — are now covered in the American Community Survey, which is conducted every year throughout the decade and replaces the Census 2000 long-form questionnaire.

Responses to the 2010 Census questionnaire are required by law.

All responses are used for statistical purposes only, and all are strictly confidential.

For more information, visit the 2010 Census website at www.census.gov/2010.

Kenton County Fiscal Court

**Covington: 303 Court St.
Independence: Courthouse and Annex**

Ralph Drees, Judge/Executive
phone: 392-1400 (Covington)

Commissioners:

Dan Humpert, 1st District
Phone: 859/392-1400

Sara Reeder Voelker, 2nd District
Phone: 859/392-1400

Kris A. Knochelmann, 3rd District
Phone: 859/392-1400

Deputy Judge/Executive:
Scott Kimmich

Kenton County Attorney:
Garry Edmondson

Kenton County Clerk:
phone: 392-1600 (Covington) or
392-1680 (Independence)

TANK Headlines and Service Advisories Delivered Right to You!



Passengers may now sign up to get the latest TANK updates straight to your mobile phone with TANK's new "my TANK alerts" update sys-

tem. Our email and wireless updates will deliver important TANK news directly to your cell phone and/or desktop.

Simply go to our website and fill out the simple sign-up form to keep up-to-date on all things TANK. TANK news and service advisories can be sent to you when they are issued — perfect for those winter days when you're not sure if we're running on time!

TANK in Kenton County

Routes:

- 1 Florence (travels Dixie Hwy.)
- 3 Ludlow/Bromley
- 5 Holman
- 7 Rosedale/Latonia
- 9 Taylor Mill/Independence
- 17X Villa Hills Express
- 18X Edgewood Express
- 19X Beechgrove Express
- 25 City Heights/Alexandria

- 30X Independence Express
- 33 St. Elizabeth South/TANK P&R/Crestview Hills Town Center
- Southbank Shuttle

Park and Ride Locations:

- Buttermilk Park and Ride (17X)
- Hands Pike Park & Ride (30X)
- TANK P&R (5, 8, 30X, 33)
- Independence P&R (30X)

Call 331-TANK or visit www.tankbus.org for schedule and route information.

Slight Changes for Some Passengers in Covington!

#8 Eastern Ave. and 25 Alexandria now combined as the 25 Alexandria/Eastern Ave. Route!

In an effort to make our system more user friendly to our passengers, we have combined the #8 Eastern Ave and the #25 Alexandria schedules, highlighting the fact that you can travel from Kenton to

Campbell County seamlessly. Now, no transfers are necessary when traveling in these areas on TANK!

Remember, when looking for the #8 schedule it is now called the 25 Alexandria/Eastern Ave.

Additionally, the #5 Holman Route now offers service to St. Elizabeth Covington. Pick up a schedule to see times!

Winter Weather Is Here



If you're like many people, one of the things you dread most about winter is all the things you have to do in order to drive to work ...

- Standing outside filling the gas tank.
- Scraping layer after layer of ice and snow off of the car window.
- De-icing the car locks and door handles.
- Shoveling the car out of the driveway.

And that doesn't even consider the difficulty most of us have driving in the snow and ice.

This year, try something new — give TANK a try this winter! Pile on an extra layer of clothing and a pair of snow boots and head to the nearest bus stop with a good book. Let a professional do the driving — you'll be glad you did!

TANK



Information Line:
859/331-TANK
www.tankbus.org



We're Fighting the Swine Flu

Thousands of Northern Kentucky residents have been vaccinated against the swine flu (H1N1) by the Health Department, through community clinics, school-based vaccination clinics and through private medical providers.

First, vaccine was shipped to local medical offices.

Second, the Health Department began community clinics on November 11, with clinics at the Bank of Kentucky Center in Highland Heights, Walton-Verona Middle/High School in Walton, Summit View Middle School in Independence, Sherman Elementary School in Dry Ridge and Cooper

High School in Union.

Between Thanksgiving and Christmas, the Health Department cooperated with local schools to bring the vaccine to children. Twenty clinics were held, with many clinics reaching children from multiple schools in a particular district.

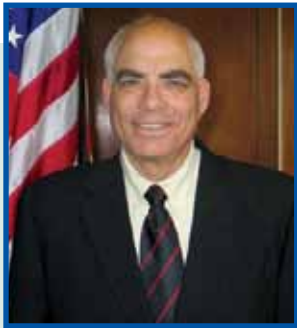
Now, the vaccine is available by appointment in the county health centers, including the Kenton County Health Center in Covington.

For the latest on the swine flu vaccination effort, please visit the Health Department's website at <http://www.nkyhealth.org> or call the flu information line at 859/392-0678.



Angelia Wallace of Cold Spring received her swine flu vaccination from Julia Gottschalk during the Health Department's clinic at the Bank of Kentucky Center on November 11.

Message from Dr. Katkowsky: *Rolling Up the Sleeves ... In More Ways than One*



Dr. Steven R. Katkowsky

The task of vaccinating those Northern Kentucky residents at highest risk from complications from swine flu is enormous, and beyond the scope of any that we've faced before. But, through the combined efforts of the Health Department staff, community volunteers, medical providers, partner agencies and the public, we've been able to get the vaccine out to those who need it.

This effort could not have been possible without the time, dedication

and willingness of people to deliver a necessary community service. The Health Department staff has been tremendous in their efforts, working weekends and holidays to meet the needs of our community. They deserve a great amount of credit and certainly our appreciation.

We cannot do it alone, though. Our community partners — the Emergency Management Agencies, first responders, school systems, Northern Kentucky University, TANK and local businesses have been supportive and given their resources to ensure success for the community. In addition, we've been fortunate for the services of our Medical Reserve Corps, who volunteered their time and expertise to help staff the flu clinics.

I am honored to be a part of this effort.

Monday ... the Day All Health Breaks Loose



You plan your life around the week with Monday as the start. What if each and every Monday became the day to commit to healthy behaviors? That's the idea behind Healthy Monday, a campaign to get Americans to adopt healthy behaviors starting on Monday and then carry those behaviors on through the rest of the week.

The initiative is taking root in Northern Kentucky. In

Covington, residents can walk a Monday Mile (a one-mile walking path) in each of the city's neighborhoods. School children in Covington Independent Schools now have Meatless Mondays, being offered meat-free entrees each Monday.

For more info about these and other local Healthy Monday projects, please visit our website, <https://www.healthymondaynky.org>.

Northern Kentucky Health Department

James A. Dressman
Kenton County Health Center
2002 Madison Ave.
Covington, KY 41014
phone: 859/431-3345
fax: 859/655-6374

District Administrative Office

610 Medical Village Dr.
Edgewood, KY 41017
phone: 859/341-4264
fax: 859/578-3689



NORTHERN KENTUCKY
INDEPENDENT DISTRICT
HEALTH DEPARTMENT

Enjoy These Upcoming Classes at the Library!

All of the following events are free. Registration required when marked with an *. For a complete listing of Library events or to sign up to receive the monthly calendar, go to www.kentonlibrary.org/events.

Fresh Start Club

All locations
Children and teens can read off fines.
Visit the children's desk for details.

Chess Club

Thursdays from 3-5 pm
Covington location
Calling all chess players (beginners and experts). Grades 1-12.

Indie Film Night

Friday, February 12 at 6:30 pm
Erlanger Branch
Watch and discuss "Moon" starring Sam Rockwell. Adults.

Dungeons and Dragons *

Saturday, February 13 from 1-4 pm
Covington location
Learn how to play Dungeons and Dragons with a D&D master. Teens only.

Valentine Party

Sunday, February 14 at 2 pm
Erlanger Branch
Enjoy a magic show and a Valentine craft with your family! Co-sponsored by Erlanger Parks and Recreation.

Cookie Decorating

Monday, February 15 at 6 pm
Durr Branch
Decorate sugar cookies at the Library!
Teens only.

Microsoft PowerPoint, Part 1 *

Tuesday, February 16 at 6:30 pm
Covington location

International Friendship Celebration

Thursday, February 18 at 7 pm
Erlanger Branch
Celebrate with stories, a craft and a snack! Ages 6-12.

Puppet Magic Workshop *

Saturday, February 20 from 1-3 pm
Covington location
Create a puppet and learn the "magic" of bringing it alive to tell a story. Grades K-6.

Puppy Tales *

Sunday, February 21 from 2-4 pm
Erlanger Branch, **or**
Saturday, March 6 at 1 pm
Covington location
Read to a dog at the Library to improve children's reading skills. Grades 1-6.

Make a Movie! *

Monday, February 22 at 6 pm
Erlanger Branch
Help make a film that will be posted on YouTube! Release form required. Teens only.

Congenealogy

Tuesday, February 23 at 6:30 pm
Covington location
Join other genealogists for informal discussion and family history resource sharing!

Computer Q & A *

Tuesday, February 23 at 6:30 pm
Durr Branch

The History of NKY's Dixie Highway *

Tuesday, February 23 at 7 pm
Erlanger Branch
Learn how much this route has changed since the early 1800s.

Senior Movie Day @Your Library

Wednesday, February 24 at 1 pm
Erlanger Branch
Watch "Houseboat" starring Cary Grant and Sophia Loren.

Job Searching and the Internet

Thursday, February 25 at 10 am
Covington location

Scrapbook by the Month! *

Thursday, February 25 at 7 pm
Durr Branch
Make a two page scrapbook layout.

Faces and Places, Your Visual History *

Thursday, February 25 at 7 pm
Durr Branch
Learn how to use the NKY Photographic Archives, Faces and Places, 60,000 images dating from the mid-1800s to present day. View it at www.kentonlibrary.org/genphotos.

Celtic Music with The Sweeneys

Saturday, February 27 at 1 pm
Covington location

Dinosaur Stomp *

Saturday, February 27 at 2 pm
Durr Branch
Stomp, romp, and roar like a dinosaur. Play noisy games and eat dinosaur food. Ages 3-8.

First Time Computer Users *

Tuesday, March 23 at 10 am
Durr Branch
Learn the different parts of the computer, how to use the mouse and some basic functions of the Windows operating systems.

Don't Miss Preschool Storytimes!

Storytimes for children ages 5 and younger take place Monday through Friday at each of the three Library locations.

Check www.kentonlibrary.org/events for times, locations and registration information.

Kenton County Public Library

Mary Ann Mongan Library

502 Scott Blvd., Covington, KY 41011 • 859/962-4060

Durr Branch Library

1992 Walton-Nicholson Rd., Independence, KY 41051
859/962-4030

Erlanger Branch

401 Kenton Lands Rd., Erlanger, KY 41018 • 859/962-4000



Obesity — Kentucky’s Pervasive and Growing Problem

Obesity is rampant in Northern Kentucky. The Commonwealth ranked 40th among the nation’s 50 states in the prevalence of obesity, according to the Northern Kentucky Independent District Health Department’s October 2009 Health Report Card. The report shows that nearly 29 percent of all Kentuckians are now obese. Here are some of the report’s other grim findings:

- 40.4 percent of Kentuckians are overweight, the highest amount for any state in the nation
- 30.3 percent of Kentuckians did not exercise in the past month
- 55.8 percent of Kentuckians said they did no physical activity

If you feel you may be obese, the first step is to talk to your physician. You also need to know your Body Mass Index (BMI). A person whose BMI exceeds 30 is considered obese, and those over 35 are considered morbidly obese. Morbid obesity is known to shorten a person’s life span by approximately 13 years.

Medical Management vs. Bariatric Surgery

The cornerstone to weight loss is a commitment to lifestyle modification, healthful eating and regular exercise. This is the same for the

medically managed patient or surgical bariatric patient. However, the long-term effectiveness of medically managed weight loss is strikingly different from that for bariatric operations.

With diet and exercise alone, the average weight loss is approximately eight pounds after 12 months. For the morbidly obese patient this may equate to a 5-6 percent weight loss. For both laparoscopic Roux En Y (LRNY) gastric bypass, and laparoscopic adjustable gastric banding (LAGB), the average weight loss is approximately 50-55 percent after five years.

This significant weight loss following either bariatric operation will improve overall health and force several pre-existing conditions into remission. For instance, with LRNY gastric bypass, type II diabetes is reduced as much as 84 percent of the time. Hypercholesterolemia is improved approximately 94 percent of the time and hypertension is resolved in 75 percent of patients. Following LAGB gastric banding, type II diabetes is reduced in 40-70 percent of patients. Hyper-cholesterolemia is improved in 70 percent and hypertension is resolved for 38 percent of patients.

Moreover, these are very safe operations today. This safety, along with the significant improvements these procedures can bring about in a person’s health, make bariatric operations very viable options for people to consider.

The St. Elizabeth Weight Management Center at Florence

offers a comprehensive multidisciplinary program for bariatric patients that — when combined with surgery — gives them all the tools they need to be successful in reaching their goals for a healthier life. For information and answers or free educational materials, contact the center at 859/212-GOAL (4625).

Introducing New Website!



St. Elizabeth Healthcare has introduced a new and improved website. The site has been specifically designed to be more user friendly, interactive, and informative. The new site replaces two websites existing since the merger of St. Luke Hospitals and St. Elizabeth Medical Center about a year ago. Each feature of the site is being developed in phases with new items appearing throughout 2010.

New features include a comprehensive health information library and encyclopedia with reliable medical information from respected national sources, improved and faster internal search function, physician directory, new and improved job center, and a comprehensive community calendar separated by department and location. In addition, there is a new drug interactive tool to help visitors gain information on drugs and medications. New features in the coming year will include free custom on-line e-newsletters, an expanded current news and events section, and eventually downloadable patient forms. If you have not been to our website in a while, now is the time to check us out! Go to www.stelizabeth.com.

St. Elizabeth Healthcare



St. Elizabeth Covington
1500 James Simpson, Jr. Way
Covington, KY 41011
859/655-8800

St. Elizabeth Edgewood
1 Medical Village Dr.
Edgewood, KY 41017
859/301-2000

St. Elizabeth Falmouth
512 South Maple Ave.
Falmouth, KY 41040
859/572-3500

St. Elizabeth Florence
4900 Houston Rd.
Florence, KY 41042
859/212-5200

St. Elizabeth Ft. Thomas
85 North Grand Ave.
Ft. Thomas, KY 41075
859/572-3100

St. Elizabeth Grant
238 Barnes Rd.
Williamstown, KY 41097
859/824-8240

Valuable Shelter from the Cold

The mission of the Emergency Cold Shelter of Northern Kentucky is to provide a safe environment for individuals seeking shelter from the cold and to link those individuals with community agencies for additional services.

The Emergency Cold Shelter of Northern Kentucky opened in December, 2008 with a goal to provide shelter to people who are homeless, stranded or who are without utilities. In the winter of 2008-2009, the shelter provided services to 32 guests per night (maximum capacity) for a total of 184 individuals served. The shelter primarily serves residents of Boone, Campbell and Kenton Counties. The shelter does not duplicate services already offered by other organizations. We continually partner with other organizations and refer our guests to them for services we do not provide.

The Shelter is located at 7th and Scott in Covington. We are open during the winter months from November 5 - March 30. We are open

in the evening at 8 pm, Monday through Thursday and at 6 pm Friday and Sunday. The Shelter closes each morning at 8:30 am. We can serve up to 32 guests each night. We serve adults only, no children. Guests must have a valid Kentucky ID or be referred by emergency personnel (Police, Hospitals, Jail). We have a Code of Conduct for all guests, volunteers and employees.

Several times a week our Shelter Operations Manager updates her blog with Success Stories and an updated list of items we need. We have been fortunate to have a strong network of donors who provide not only their financial support but in-kind donations as well as their time. Current items in need include laundry detergent, long underwear for men, sizes large and extra large, large (35 gallon) trash bags, plastic or styrofoam bowls and plastic spoons. The list changes weekly so please check out our blog for the updated list or call staff for an updated list.



From the Shelter's blog...

Dear Friends,

Over the last two weeks we have seen over 12 new faces in our shelter. Most of these guests have been under 35 years of age and are new to homelessness. I'm not sure why we are seeing more people experiencing homelessness for the first time this cold season. We could all immediately say "the economy" or you could look at the increasing high cost of rental housing in our urban areas. The face of a person experiencing homelessness for the first time is different than that of a person who has been homeless for years. When they walk in our doors, there is a look of fear, of anxiety and of grief. Last week, a lady burst into tears as soon as I said, "welcome to our cold shelter." I immediately gave her a hug because at that moment I knew she felt as low as she probably had ever been in her life. Being new to homelessness can be overwhelming. You could say it's like the first day at school or a job EXCEPT you were not offered the position of homelessness nor did you enroll to be homeless. At a new job you are given a training period, work supplies and even a manual. On your first day of school you were given introductions to classmates, a desk and rules. Your first day or night of homelessness ... absolutely nothing to prepare you for such an existence. Our little cold shelter might be the safest place a person could come to and I'm glad we were there for these 15 people.

Rachael W.
Shelter Operations Manager

To Contribute:

To contribute financially, please send a check payable to Emergency Cold Shelter of Northern Kentucky, PO Box 176601, Covington, KY 41017.

To donate items listed on the Needs List or to inquire about volunteering, please email nkecs@yahoo.com or call our Shelter Operations Manager at 859-291-4555.

Emergency Cold Shelter of Northern Kentucky



PO Box 176601,
Covington, KY 41017

Phone: 859/291-4555
Email: nkecs@yahoo.com

Pay Your Bill Online!



See your account balance, view your account history, submit online questions to our customer service department, schedule service turn-on's and off's, pay your water bill and even sign up to receive your water bill in your email Inbox.

NKWD customers can now view and pay their bill online through the District's website. Simply click on the "VIEW / PAY YOUR BILL" link located on the website and follow the easy steps to create your online account. The District's account portal is called "Infinity. Link" and puts an array of online services at your fingertips. Through Infinity.Link you can quickly see your account balance, view your account history, submit online questions to our customer service department, schedule service turn-on's and off's, pay your water bill and even sign up to receive your water bill in your email Inbox. Since

its launch date in June 2008 iLink has generated 7,250 account view signups and 3,200 customers registered to receive their bills electronically. We anticipate increased usage as we continue to advertise iLink on our bill stock, telephone messaging, and our District's website. Another small item soon to be included in our list of customer payment options is "eCheck," a feature allowing customers to pay online using their checking account. For further information don't hesitate to contact any one of our Account Service Representatives at 859/578-9898.

Northern Kentucky Water District

The Board of Commissioners' meetings take place the third Thursday of every month at 12:30 pm, 2835 Crescent Springs Road, Erlanger, KY 41018



Water Main Replacement Schedule

PARK HILLS

- Rosemont Avenue and Hilltop Drive, from South Arlington to the end - *Currently under construction*
- Morgan Court from Emerson to the end of the street - *Currently under construction*

INDEPENDENCE

- McCullum, Oliver and Cox - *The McCullum portion was started in October 2009.*

LAKESIDE PARK

- Yancey Lane from Van Deren to Turkeyfoot - *Currently under construction*
- Holaday Lane from Van Deren to Turkeyfoot - *Currently under construction*
- Elizabeth Court from Van Deren to Turkeyfoot - *Currently under construction*
- Van Deren Drive from Turkeyfoot Road to Yancey - *Currently under construction*

COVINGTON

- Altamont Road from John Street to River Road - *Construction is anticipated to start in early spring 2010*
- Edgecliff Road from the sharp bend to the end of the street, Benton Road from Highland Avenue to Monte Lane and Pointe Benton from Benton to the dead end - *Construction is anticipated in the winter of 2010.*

ERLANGER

- The District will be replacing the water main on the following streets: James Avenue from Dixie Highway to Lloyd Avenue, McAlpin Avenue from Dixie Highway to Lloyd Avenue, Lewis Circle from McAlpin Avenue to the dead end, Forest Avenue from Dixie Highway to Lloyd, Fitzgerald from James Avenue to Sunset Avenue and Lloyd Avenue from McAlpin Avenue to Forest Avenue - *Construction is expected in the spring of 2010.*

ERLANGER

- The District will be replacing the water main on the following streets: Swan Circle from Park to dead end, Caldwell Drive from Elken to Swan, Orchard Street from Kenton to Caldwell, Kenton Street from Dixie Highway to Bedinger and Maple from Caldwell east 150' - *Construction is anticipated in the spring of 2010.*

SUBDISTRICT PROJECTS

- The Northern Kentucky Water District is currently working on 1.7 miles of water main extension in various areas of Kenton County to use up the remaining Subdistrict G funding.

Homestead and Disability Exemptions

Are You Eligible?

Homestead Exemption -

Persons eligible for the exemption must be at least 65 years of age. Proof of eligibility is required (driver's license, birth certificate, etc.) **DON'T WAIT UNTIL YOUR BIRTHDAY!** If you will turn 65 this year (2010), come in now for this benefit.

Disability Exemption -

A person must be classified as 100% totally disabled under any government and/or most private retirement system(s). In addition, the following provisions must be met:

- The applicant must have maintained the disability classification for the entire previous or current year.
- The applicant must have received disability payments while under this classification.
- Verification/documentation should be submitted to the property valuation administrator's office **before December 31** of each year to show continuing eligibility. Applications filed after December 31 will apply to the next year ONLY.
- All applicants must own and occupy their dwelling.
- Proof of eligibility is required. Some examples are: Medicare card, Social Security disability award letter, corporate insurance award letter, 1099, etc.
- The state of Kentucky only allows one exemption per property. (Must be your primary residence)



You are eligible for the Homestead Exemption if you are at least 65 years old or over.

Where to File

You may file for Homestead and Disability Exemptions at the Kenton County PVA office:

Kenton County PVA
303 Court Street
County Building (2nd Floor)
Room 210
Covington, KY 41011
859/392-1750

2010 Property Review



year 2010, the PVA office will review properties in the ***cities of Covington, Ludlow, Bromley and Ft. Mitchell (only the property in the Beechwood School District portion of Ft. Mitchell)***. If there is a change in the property's valuation/assessment, the property owner will be sent a notice of the new value during the first two weeks of April. You will not receive a notice if there is no change in your valuation.

The state of Kentucky requires the PVA office to physically review all property in the county at least once every four years.

In keeping with state requirements, the PVA office is required to physically view properties in certain areas each year. For tax

You can also view your property information online at www.kentonpva.com. Click on property data — then click guest access — search by name, location or Property Identification Number (PIDN).

Tangible Tax Information

Tangible tax returns must be filed with the Property Valuation Administrator of the county of taxable situs or Department of Revenue by May 17, 2010. All returns postmarked after May 17, 2010, will be assessed for the tax plus

applicable penalties and interest by the Department of Revenue. Tangible tax forms can be acquired by clicking the "Personal Property Information" link on our website www.kentonpva.com.

April 1, 2010 Is National Census Day

Census information affects all of us. For more info go to www.census.gov/2010 census. Make sure to complete your Census form!

Kenton County PVA

Mark E. Vogt, PVA

303 Court Street, Room 210 (second floor), Covington, KY 41011
phone: 859/392-1750 • fax: 859/392-1770
www.kentonpva.com

Hours of Operation:

Monday-Friday, 8:30 am - 4:30 pm

Contact our office regarding Wednesday evening hours.



Kenton County Community Education Program Schedule Winter/Spring 2010

www.kenton.kyschools.us and click on Calendars

Registration is now open.
Register by phone 859/957-2633 or mail registration
to Kenton County Board of Education, attn:
Community Education, 1055 Eaton Drive,
Fort Wright, KY 41017.

If Kenton County School District is closed for
inclement weather, all Community Education classes
are cancelled.

Community Partners

American Association of Retired Persons
American Heart Association
American Red Cross
Behringer-Crawford Museum
City of Ft. Wright
Ft. Thomas VA Hospital
Gateway Community College
Kenton County Animal Shelter
Kenton County Library
Literacy in Northern Kentucky
Mayerson Foundation
Mental Health Association of N KY
Ramage Civil War Museum
U.S. Coast Guard Auxiliary

Advance Your Technology Skills

Microsoft Word (2007)

\$75

Mon., March 1 and Tues., March 2
6:30 - 8:30 pm

Simon Kenton High School

Learn how to create and format word documents, memos, resumes, and letters. Set up and perform mail merges.

Instructor: Nathan Jeffries

Microsoft Excel I (2007)

\$75

Wed., March 3 and Thurs., March 4
6:30 - 8:30 pm

Simon Kenton High School

Learn to set up, format, and manipulate worksheets. Create basic level formulas.

Instructor: Nathan Jeffries

New! Power Point (2007)

\$75

Mon., March 8 and Tues., March 9
6:30 - 8:30 pm

Simon Kenton High School

Create professional-looking slide shows with graphics and animations.

Instructor: Nathan Jeffries

New! Microsoft Excel 2 (2007)

\$75

Wed., March 10 and Thurs., March 11
6:30 - 8:30 pm

Simon Kenton High School

Customize formulas and learn to analyze and manage data using intermediate to advanced level Excel tools.

Instructor: Nathan Jeffries

Microsoft Word (2007)

\$75

Mon., April 19 and Tues., April 20
6:30 - 8:30 pm

Dixie Heights High School

Learn how to create and format word documents, memos, resumes, and letters. Set up and perform mail merges.

Instructor: Nathan Jeffries

Microsoft Excel I (2007)

\$75

Wed., April 21 and Thurs., April 22
6:30 - 8:30 pm

Dixie Heights High School

Learn to set up, format, and manipulate worksheets. Create basic level formulas.

Instructor: Nathan Jeffries

New! PowerPoint (2007)

\$75

Mon., April 26 and Tues., April 27
6:30 - 8:30 pm

Dixie Heights High School

Create professional-looking slide shows with graphics and animations.

Instructor: Nathan Jeffries

New! Microsoft Excel 2 (2007)

\$75

Wed., April 28 and Thurs., April 29
6:30 - 8:30 pm

Dixie Heights High School

Customize formulas and learn to analyze and manage data using intermediate to advanced level Excel tools.

Instructor: Nathan Jeffries

New! Photoshop Level I

\$75

Wednesday, March 24
6:30 - 8:30 pm

Dixie Heights High School

The class will start with a general tour of Photoshop's features and then quickly move into learning how to retouch and enhance images. Students will learn about Photoshop Layers, Adjustment Layers, text, and basic selection tools. Optimizing images for the web will also be discussed.

Instructor: Scott Richards

New! Photoshop Level 2

\$75

Wednesday, March 31
6:30 - 8:30 pm

Dixie Heights High School

This class builds on techniques learned in Level 1. The class includes learning more refined techniques for making selections (isolating part of an image), including working in "quick-mask mode." Students will also learn how to "extract" an image from a complex background, and how to combine multiple images and text into a single "composited" image.

Instructor: Scott Richards



Advance your skills by learning
a new computer program!

Kenton County Community Education

Improve Your Health

Aerobics Plus

\$35

Mondays, Feb. 22 through April 5

6:15 - 7:15 pm (7 wks)

Summit View Elementary gym

Treat yourself to a great stress reliever! A 60-minute workout consisting of warm-up, aerobic and strengthening exercises, an easy-to-follow cardio segment along with toning and core strength. Wear comfortable clothing and bring a mat. Hand weights optional.

Instructor: Linda Toerner



Enjoy the peaceful feeling of physical movements and relax your mind and body as you practice the art of Tai Chi.

Tai Chi Chuan

\$45

Mondays, Feb. 22 through April 5

7:30 - 9:30 pm (7 wks)

Fort Wright Elementary

Learn greater self-awareness and increase your ability to center your mind and body in the present moment of gentle relaxation doing Tai Chi Chuan. Enjoy the peaceful feeling of physical movements that facilitate the flow of Chi or cosmic energy while relaxing your mind and body as one in motion. This class is designed for beginners, although all levels of experience in Tai Chi are welcome. Please wear loose-fitting, comfortable clothing. Maximum 40 people.

Instructor: Jay Busemeyer

Yoga

First Round \$50 (8 wks)

Thursdays, Feb. 11 through April 1

Session 1: 6 - 7 pm

Session 2: 7:15 - 8:15 pm

Fort Wright Elementary

Second Round \$40 (5wks)

Thursdays, April 22 thru May 20 (5 wks)

One session only from 6:45 - 7:45 pm

Fort Wright Elementary

Yoga is a practical and "easeful" approach to maintaining wellness. The emphasis is on relaxation and fitness through breathing techniques and gentle stretches. Wear a sweat suit or loose, comfortable clothing and bring a rubber mat. The demand for this class is so high, two rounds of classes will be offered.

Instructor: Diana Guy

New! Ladies Self Defense Class

\$30

Thurs., April 1 (1 night only), 7 - 9 pm

Summit View Middle Community Center

Learning self defense techniques builds confidence and self esteem. In this one evening class you will learn easy-to-use Shotokan karate skills that require little to no strength. Wear comfortable clothing and gym shoes.

Instructor: Sensei Shaunie Haskell, a second degree black belt instructor.

U.S. Coast Guard Auxiliary

\$45 to the instructor

Tuesdays and Thursdays

Starts February 16, 7 pm

Training room of Edgewood City Bldg. on Dudley Pike

Learn basic boating skills two evenings/week.

Call Jack Klemyer 859/341-8659 for information

Develop Your Interests

Dance, Dance, Dance!

\$45 or both dance classes for \$40

• Swing and Salsa Dancing —

Wednesdays, Feb. 24 - March 31 (6 wks)

7 - 8 pm

River Ridge Elementary

Learn the basics of two of the most popular ballroom dances: the swing, an all-American couples rhythm dance that incorporates the use of underarm turns, side passes, push breaks, and whips, and its Latin equivalent, the salsa.

Instructor: Greg Underwood

New! • Wedding Dances: Waltz and Foxtrot

Wednesdays, Feb. 24 - March 31 (6 wks)

8 - 9 pm

River Ridge Elementary

In this beginners class you and your partner will learn the basics of two of the most popular smooth dances, foxtrot and waltz. Both dance styles are perfect for the first dance at your wedding or for other social dancing.

Instructor: Greg Underwood

New! Heart Shaped Rug

\$25

Mon, Feb. 22 and March 1, 6 - 8:30 pm

Summit View Middle Community Center

Advanced Toothbrush Rag Rug-Heart Shaped class. You must have completed the beginner's class. Learn to make a rag rug out of your scraps or fabric. Quick and easy. Bring to class three 1 1/2 yard pieces of pre-washed fabric, scissors, and a tape measure. Pattern book to be purchased from instructor, \$9.

Instructor: Louise Grivetti

Beginners Toothbrush Rag Rug — Oval

\$25 + \$12 for materials to be paid to the instructor

Wednesday, March 3 and 10

6 - 8:30 pm

Summit View Middle School Community Center

Beginner's class. Learn to make a rag rug out of your fabric scraps or fabric. These rugs are quick and easy. Bring to class three 1 1/2 yard pieces of pre-washed fabric, scissors, and a tape measure. Pattern book and needle to be purchased from instructor for \$12.

Introduction piece supplied by instructor.

Limit 8 students.

Instructor: Louise Grivetti

Advanced Toothbrush Rag Rug-Oval

\$25 + \$12 for materials to be paid to the instructor

Mondays, March 29 and April 5

6 - 8 pm

Summit View Middle School Community Center

Advanced class. You must have completed the beginner's class. Learn to make a rag rug out of your fabric scraps or fabric. These rugs are quick and easy. Bring to class three 1 1/2 yard pieces of pre-washed fabric, scissors, and a tape measure. Pattern book and needle to be purchased from instructor for \$12.

Introduction piece supplied by instructor.

Limit 8 students.

Instructor: Louise Grivetti

Woven Beaded Bracelet

\$32 (plus extra beads)

Tues., April 20

7 - 9 pm

Dixie Heights High School

This is a beginner's class. Make a bracelet using a woven beaded technique with a toggle. The class will be taught by an experienced instructor from Boutique Bead Jewelry.

Instructor: Boutique Bead Jewelry

Donna Dewberry's One Stroke Painting, Winter Class

\$50 + \$15 for supplies (paid to instructor)

Wednesdays, Feb. 24 through March 17

(4 wks)

6:30 - 8:30 pm

Dixie Heights High School

Get rid of the winter doldrums by learning the basics of One Stroke painting techniques. You will learn to blend, shade and highlight all in one stroke!

Instructor: Christine Hill, OSCI

Kenton County Community Education

Donna Dewberry's One Stroke Painting, Spring Class, \$80 (all materials provided)

Wednesdays, April 21 - May 12 (4 wks)
6:30 - 8:30 pm

Summit View Middle School Community Center

Welcome spring with this fabulous painting class. This class will teach you the basics of One Stroke painting. You will learn various leaf and petal strokes and complete a project with each class.

Instructor: Louise Grivetti

Introductory Photography

\$30

Mondays, April 19 and 26
7 - 9 pm

Dixie Heights High School

Whether you are using digital or film, this class will teach you better composition, how to "see" pictures, and to "capture the moment" with professional-looking results. Professional photographer Jim Osborn will bring his years of expertise to class. Bring your camera!

Instructor: Jim Osborn

Advanced Photography

\$30

Mondays, May 3 and 10
7 - 9 pm

Dixie Heights High School

Digital as well as film photography will be covered in depth. Professional photographer Jim Osborn will expand your skills with in-depth instruction on the art of photography. A basic working knowledge of photography is needed for this class. It is recommended you take the Introductory Photography class before you tackle this one. Bring your camera!

Instructor: Jim Osborn



Personal Enrichment

New! Financial Strategies for Successful Retirement

\$49.95 includes workbook

Tuesdays, Feb. 23 - March 16 (4 wks)
6:30 - 8:30 pm

Dixie Heights High School

Financial Strategies for Successful Retirement will show you a conservative approach to wise money management and help you identify life-style issues facing retirement. The class will teach you to maximize your income, investments, social security, and retirement plans. The course will also show you how to protect your hard-earned assets from erosion due to inflation and the possible cost of long-term health care.

Instructor: Michael Stacy, Certified Financial Planner CFP

Retirement Reality Check

Free!

Tuesday, April 20
7 - 8:30 pm

Dixie Heights High School

If you are five to 10 years from retirement, learn the steps you should be taking right now. This one-night seminar covers long term budgeting, paying for health care, and more.

Instructor: Jacqueline Levoir

Introduction to Conversational Spanish

\$40

Thursdays, April 22 - May 13 (4 wks)
6 - 8 pm

Dixie Heights High School

LEVEL 1: This fun, challenging introduction to beginning conversational Spanish covers simple dialogues and phrases perfect for use in many situations. Whether for professional, travel, or personal use, knowing a second language can enrich your life! By the end of the 8-hour class, the learner will be conversant on a basic level on the topics of greeting people, counting, days of the week, dates, asking about family, foods and colors.

Instructor: Lori Wall

Simply Organized

\$15

Wednesday, March 31
7 - 9 pm (Minimum of 10 people for class)

Dixie Heights High School

Stop drowning in disorganization! Do you spend precious time looking for misplaced items? Then this class is for you.

Instructor: Valerie Morgan Saunder

Signing

\$49

Wednesdays, March 3 - 24 (4 wks)
6:30 - 8:30 pm

This one-of-a-kind signing series is perfect for beginner adults. Comprehensive material is offered in a fun "hands-on" learning format. Week 1 is Finger spelling and Vocabulary. Weeks 2, 3, and 4 encompass Vocabulary Building, Sentence Structure, and Conversation Delivery. Other topics of discussion: Deaf Culture and opportunities to take signing to the next level or into the community. Instructor is an accomplished ASL interpreter and instructor.

Instructor: Missy Cook, DSC, CCLS

CPR Training

\$35 to NKYEM

Thursday, April 22
7 - 9 pm

Summit View Middle School Community Center

One evening only; CPR training for the public by the Northern Kentucky Emergency Medical Service. Minimum 8 students.

Instructor: Northern Kentucky Emergency Medical Service

Youth Activity

New! Cooking with Kids

\$25

Monday, March 15
6:30 - 8:30 pm

Dixie Heights High School

Perfect class for children ages 6-12. They will prepare a variety of Easter and other spring fun foods. They do get to take home everything they make. Maximum number in the class is 20.

Instructor: Ginger Gray

Karate for Kids

\$45 per Session

Session 1: Tuesdays and Thursdays
Feb. 16 - March 30 (13 classes, 7 wks)
6:30 - 7:45 pm

Caywood Elementary

Session 2: Tuesdays and Thursdays,
April 1 - May 27 (17 classes)
6:30 - 7:45 pm

Caywood Elementary

Karate offers a great form of exercise enabling students to develop self-discipline, agility, coordination, and the ability to set goals for themselves. Class will be taught by ninth degree black belts. (ages 2nd grade and up.)

Instructor: Charles and Angie Billiter

Karate teaches valuable life skills. ▶

Please register for classes.

Registration is now

open! Register by

phone 859/957-2633

or mail registration to

Kenton County Board

of Education, attn:

Community Education,

1055 Eaton Drive, Fort

Wright, KY 41017.

For more information

about any of these

classes, please visit our

website, www.kenton.kyschools.us and click on

Calendars.



Tim Hanner Is Named Kentucky's 2010 Superintendent of the Year



Wayne Young (left), executive director, KASA, congratulates Tim Hanner on being named the Kentucky 2010 Superintendent of the Year.

Tim Hanner is Kentucky's 2010 Superintendent of the Year. "I accept this on behalf of the students and the staff of the Kenton County School District. I'm so blessed to work there every day with a tremendously visionary board of education (who) allows us to create and follow our own vision," said Mr. Hanner.

He received the honor on December 8 at the winter conference of the Kentucky Association of School Superintendents. The announcement was made by Kentucky Association of School Administrators Executive

Director Wayne Young. As the 2010 honoree, Mr. Hanner received a bronze eagle statue to commemorate the award and a \$2,000 scholarship from Scientific Learning for a Kenton County high school student. In addition, he will be recognized during AASA's National Conference on Education in February, and participate in a discussion forum on an educational issue that will be published in *Leadership for Change*, a white paper for use by educators worldwide.

KCSD — Leading the Way

In the class of 2009, Kenton County School District led the area with 11 newly certified teachers and is in the top five districts in the state for National Board Certified teachers. National Board Certification is a rigorous process that takes up to three years of work developing a detailed portfolio, self-analysis of teaching, and six exams. Reaching the pinnacle of professional qualification are:

Vickie Brothers	Beechgrove Elementary
Jennifer Egan	River Ridge Elementary
Angela Ellison	Beechgrove Elementary
Neva Francis	River Ridge Elementary
Marti Freihofer	Scott High School
Mindy Fry	Summit View Elementary
Katherine Graham	James A. Caywood Elementary
Kathryn Hart	River Ridge Elementary
Christina Pangallo	James A. Caywood Elementary
Stephanie Steinbrunner	Hinsdale Elementary
Cary Wolking	Taylor Mill Elementary

Hanner's Heroes Growing



Hanner's Heroes is a Kenton County School District High School Community Service initiative that started last year with 100 members and has grown to 300 members!

The program was launched to give high school students the opportunity to give back to the community. The students choose from two programs, One-on-One Reading Program or Shining Stars mentoring program.

The One-on-One Reading Program consists of the high school students attending a 16-week reading program that teaches the high

school student how to work with an elementary student who is struggling in reading. The high school student goes to the elementary school once a week for an hour and works with his or her assigned elementary student.

Shining Stars mentoring program pairs a high school student with an elementary student with similar interests. They also meet once a week.

Elementary students and high school students love the program because they are making a difference in reading scores and attendance.

The Kenton County School District



Kenton County Board of Education

1055 Eaton Drive, Fort Wright, KY 41017

phone: 859/344-8888

fax: 859/344-1531

www.kenton.kyschools.us

Breathing Is Not a Choice: Smoke-Free NKY

“Playing in Northern Kentucky bars and clubs is great except for the massive amounts of cigarette smoke that make a thick haze by the end of the night, irritating my eyes and choking me to where I can’t even breathe. These bars are my workplace and I shouldn’t have to be poisoned to do what I love.”

-Mike Flinchum (Musician)

It’s Friday night at a local eating and drinking establishment in Northern Kentucky. The food is good, the music is picking up — and there’s a blue haze in the air. The secondhand smoke is so thick it’s hard to see across the room.

Fact or Fiction?

Unfortunately, this scenario is far too common for many workers and musicians in Kenton County. While the U.S. Surgeon General declared in 2006, “The debate is over. The science is clear. There is no safe level of exposure to secondhand smoke,” the debate continues in Northern Kentucky. Are smoke-free laws a matter of public health or private property rights?

Fact: Smoke-free policies are a public health solution to a serious threat, not a personal or business rights issue. The science is clear. There is no longer any debate that



Smoke-free policies are a public health solution to a serious threat, not a personal or business rights issue.

secondhand smoke is known to cause cancer, heart disease, emphysema, and stroke.

Fact: There are already many laws and regulations by which business owners must abide. Laws regulate many aspects of business designed to

protect public health, from occupancy permits for fire safety, food preparation, fall protection, and sneeze guards on buffet lines. Ensuring clean air is another common sense public health measure that requires governmental protection.

Fact: While business owners may privately own their business, by inviting the public in, they are responsible for providing a safe environment. A free market approach does not protect all workers. In the best case scenario, not all workers can be covered by voluntary smoke-free policies. Business owners like the government to level the playing field so all have the same smoking rules.

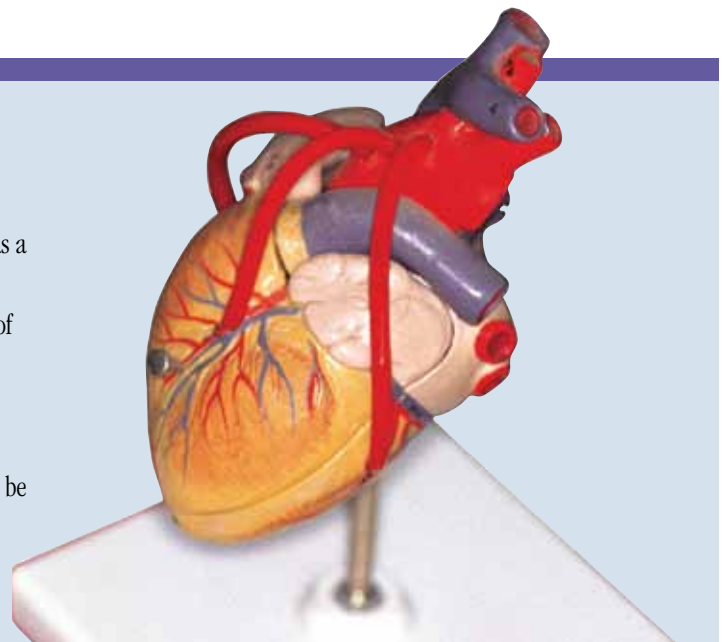
What Is the Bottom Line?

Smoke-free laws and regulations protect the constitutional rights of all people by preserving: (a) life by reducing secondhand smoke related death and disease; (b) liberty by promoting the freedom to work and visit any public place without getting sick; and (c) the pursuit of happiness by ensuring the right to breathe clean air.

Did You Know ...

- 5 minutes of exposure to secondhand smoke stiffens the aorta as much as a cigarette.
- 20 minutes of exposure causes excess blood clotting, increasing the risk of heart attack and stroke.
- 30 minutes of exposure increases the build-up of fat deposits in blood vessels, increasing the risk of heart attack and stroke.
- 2 hours of exposure increases the chance of irregular heart beat that can be fatal or trigger a heart attack.

For more information, go to www.nkyaction.org



SD1 Offers Grant Program

As part of its federal court order with the U.S. EPA and the Commonwealth of Kentucky, SD1 has developed a program to reimburse qualified homeowners for a portion of the cost of certain sanitary sewer improvement projects. Qualifying projects include the repair or replacement of failing sanitary service laterals and the installation of new sanitary service connections to SD1 sewer mains. Routine operation and maintenance projects such as root-cutting or cleaning are not included in this program.

Eligibility is determined by household income which is defined as the gross income of all household

members, except income earned by dependent minors younger than 18 years of age. Households with incomes at or below the low income level as established by the U.S. Department of Housing and Urban Development (HUD) are eligible to apply for funding through this program. Proof of income documentation must be included with the project application. Approved homeowners may be eligible to receive grants from \$3,000 to \$5,000 towards such projects, depending on their income level.

For more information regarding this program or to download an application, please visit us on the web at www.sd1.org.



Private sewer lateral repairs can be costly. Contact SD1 to find out if you qualify for assistance.

Consider Basement Back-Up Insurance



Basement back-ups can cause property damage as well as health risks.

Sewer service laterals are sewer pipes that connect a building's plumbing to the public sewer system. Homeowners are responsible for maintaining the sewer service lateral(s) on their property. Broken laterals can allow tree roots or debris into the pipe, which may cause blockages, building backups or overflows in the environment.

When a backup occurs, clean-up costs can range anywhere from \$100

to \$20,000. Back-up insurance is available, but is not typically included in a standard homeowner's policy. The average homeowner can get \$10,000 worth of sewer backup insurance for as low as \$50 per year. This amount will typically cover a backup whether it is caused by a private lateral or a main sewer line. Check with your insurance provider and consider adding basement back-up insurance to your policy today!

SD1 Continues to Sell "Raintainers"

This spring, SD1 will once again be selling rain barrels. Rain barrels collect and store rainwater from your roof for use in dry weather to water gardens, flowers, trees and other landscaping.

Rain barrels also aid in keeping excess storm water out of the sewer system and prevent rain from picking up pollution and carrying it to the nearest body of water. Throughout February and March, SD1 customers will be able to order the "Raintainer." The "Raintainer" is a 55-gallon rain barrel that has an aesthetically

pleasing appearance. It includes two spigots that

allow water to be easily drawn from the barrel. The lid of the "Raintainer" can be used as a self-watering planter and can also be removed, making cleaning the inside of the barrel simple. For more information please call the Storm Water Hotline at 859/578-6745 or visit SD1's website at www.sd1.org.



SD1



1045 Eaton Drive • Fort Wright, KY 41017
phone: 859/578-7450

Hours of Operation:
Monday-Friday, 8 am - 4:30 pm

We've Got Your Game — at The Golf Courses of Kenton County!

New Weekday Senior Rates Includes Cart!

The new weekday 18-hole senior promotional rate for the Pioneer Golf Course is \$27. The Willows can be played for \$29 and the Fox Run for \$31 any time Monday through Friday. This special senior promotional rate cannot be combined with any other offer unless specified. Please visit www.kentoncounty.org for additional information.

Free Ride for Your Birthday!

Everyone may register their email address and birth date with us to receive a complimentary Birthday Gift Certificate on-line. Your certificate can be used for a complimentary golf cart on any one of our three fantastic golf courses. You can register today at www.kentoncounty.org. Simply follow the links to the birthday program and additional information. Happy birthday from The Golf Courses of Kenton County!

Pioneer Family Golf Days in Kenton County!

On Saturday and Sunday afternoons from 2-4 pm, families can reserve a nine-hole tee time on the Pioneer Golf Course for only \$25. This special rate includes one nine-hole cart and green fees for up to four. There must be at least one adult in every group. This is a limited time promotion for 2010 and begins March 20. No pressure, no anxiety, no worries, just family fun and golf. Come out and enjoy a sport of a lifetime! For additional details visit www.kentoncounty.org.

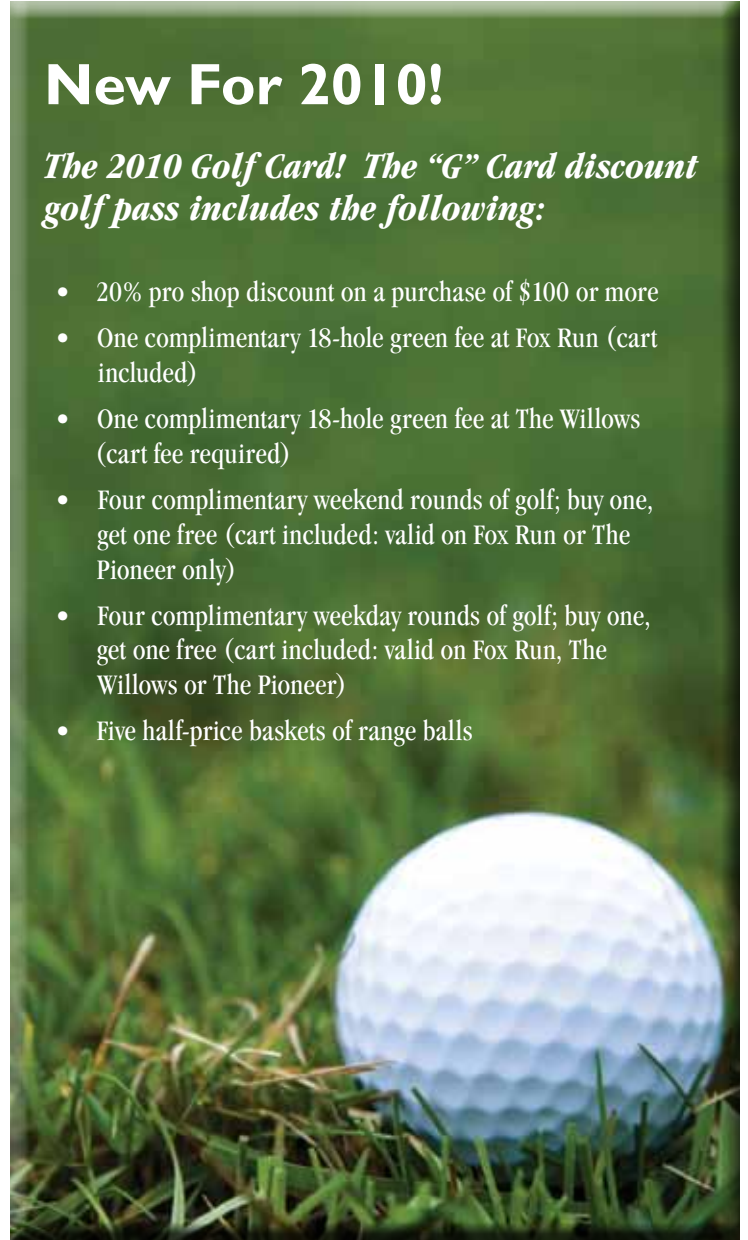
Early Bird 9-Hole Specials!

The tenth tees are open for 9-hole play at a discounted rate starting at sunrise for approximately a 90 minute start window. Players can enjoy a morning 9 holes with cart for only \$19 on any course Monday through Friday when space is available. For more information please visit www.kentoncounty.org.

New For 2010!

The 2010 Golf Card! The "G" Card discount golf pass includes the following:

- 20% pro shop discount on a purchase of \$100 or more
- One complimentary 18-hole green fee at Fox Run (cart included)
- One complimentary 18-hole green fee at The Willows (cart fee required)
- Four complimentary weekend rounds of golf; buy one, get one free (cart included: valid on Fox Run or The Pioneer only)
- Four complimentary weekday rounds of golf; buy one, get one free (cart included: valid on Fox Run, The Willows or The Pioneer)
- Five half-price baskets of range balls



Give Us Five Days and We'll Give You a Sport for a Lifetime!



If you have ever thought about picking up a club, either again or for the first time, you can make golf your sport for a lifetime. The Get Golf Ready program is designed to teach you in five short lessons everything you'll need to know to step onto a golf course and play the game with confidence. Classes start in April! Go to www.kentoncounty.org for complete schedule and registration information.

The Golf Courses of Kenton County

Pioneer ~ Willows ~ Fox Run We've Got Your Game!

3908 Richardson Road
Independence, KY 4151
Clubhouse: 859/371-3200
www.kentoncounty.org

EXTENSION Today

IN KENTON COUNTY

Winter/Spring 2010

In Kenton County we're growing ideas that make a difference in your life, your family, and your community. We have a dedicated staff of trained professionals delivering educational programs in agriculture and natural resources, family and consumer sciences, 4-H youth development, and community and economic development. The Kenton County Cooperative Extension Office is your connection to the University of Kentucky and the world.

You'll see some key numbers in this report. But the numbers don't show you the people or the impact of our work. The remaining pages show our upcoming programs. We hope you will join us for future events.

Kenton County Extension Highlights

Agriculture Highlights


- Eight Kenton County residents participated in a three-night program held for those considering buying their first horse.
- Twenty landowners in Kenton County attended "Farming 101."
- Over 200 agriculture soil samples were processed.
- More than 9000 agriculture contacts were made this year.
- Twenty-two urban residents attended the Home Harvest vegetable gardening class held in Edgewood.

Horticulture Highlights

- Twenty-one horticulture education classes were offered to over 500 home gardeners last year. Participants report adapting best management practices to build better gardens while saving money. Classes focus on sustainable practices for everyday gardeners and UK research materials.
- A Horticulture Day Camp was held last summer for 14 children over the age of 9. They learned how to grow their own food, how to identify native plants, methods of composting, making natural dyes, and bird house building.

Reaching Out to Kenton County

Educational Programs	
Programs presented	997
Total participants	10,349
Volunteer Development	
Volunteers	750
Volunteer hours	69,600
Clientele reached by volunteers	7,732



- "Home Harvest," a five-week series, was held for urban neighborhoods. Eight city gardeners learned how to produce fruits and vegetables in small landscapes. At the conclusion of the series they were given seed and plants for their family gardens.
- Extension offers Enabled Gardening instruction on a monthly basis to residents of Rosedale Nursing Home in an effort to motivate and increase client's mobility and overall quality of life. Together gardeners grow ornamental flowers and vegetables for personal consumption.

Family and Consumer Sciences Highlights

- Fifty-five parolees attended the "Tackling the Tough Skills" class and seven probation officers participated in "Calming the Storm," a six-week series on stress management.
- Due to the stimulus package for new home buyers, First Time Homebuyer Education Classes were taught to 15 individuals to assist them with the process and to enable them to take advantage of special loans created by Rural Housing.

- One hundred ten "Grandparents or Relatives Raising Grandchildren" were aided by the programs offered through the Extension Service.
- Eight-seven students were affected by classes taught quarterly at Beechwood Middle School in FCS as part of their Anti-Bullying strategic plan that is required by recent legislation.
- Classes were taught to 32 consumers on the following topics: Selling on the Internet, Shopping on the Internet, and Identity Theft.
- Forty-one attended a four-week series of technology classes on basic computer skills and digital photography.
- Financial management classes, "Surviving Tough Times" and "Living on a Reduced Income," were taught to 16 families to assist with financial strategies. The classes covered food buying tips, weekly spending logs, spending guidelines and plans, ways to save money, and starting a food pantry. Ways to cut costs after a lay off or a reduced income were also stressed.
- Resume writing and Interview skills were taught to 62 individuals during the year.

- The Boone and Kenton County Cooperative Extension Service offered three hands-on food preservation workshops with 43 participants attending.
- One hundred seven adults were reached through “Stretching Your Food Dollar” classes conducted through 15 interested Family Resource Centers in Kenton County.
- Kenton County Homemakers hosted a craft and food sale, plus other fund raising events, resulting in raising \$2000 in scholarship funds to be given to high school seniors. In addition, Homemakers sponsored one Fair award and provided much needed hand sanitizer to the petting zoo during the Kenton County Fair.
- The FCS program reached over 300 adults through a variety of beginning and intermediate sewing classes. Classes are held on single session and ongoing series basis.
- One hundred forty adults took part in at least one exercise series offered to help improve circulation, flexibility and coordination.

4-H Youth Development Highlights

- 4-H Youth Development served 4676 youth participants.
- Served 476 Community Club members who participated in a variety of activities including market animals, production animals, companion animals, gardening, science, arts, photography, home economics, foods, speeches and demonstrations, honors program, resume event, and more.
- Fifteen youth and adult 4-H leaders generated 13 marketing opportunities for the youth in the market livestock program.
- Engaged 700 Kenton County youth in public speaking and demonstrations; 136 advanced to the county communications event, 11 advanced to the multi-county communications event, and five participants advanced to the State level.
- Instructed a series of 10 natural resources lessons for 201 Covington area 4-H'ers, 41% minorities from underserved, economically disadvantaged audiences, including a multi-day camp during spring break for youth.

- Involved 179 new middle school youth participants in “Step Up to Leadership” school enrichment programs.
- Implemented hands-on 4-H Science and Social Studies activities to 683 students in seven Covington schools.
- Engaged 67 volunteers and campers in overnight 4-H camp. This is the highest number of campers since 2000.
- Educated 110 youth in 4-H Safe Sitter classes.
- Twenty-two youth sewed pillow-cases and donated 64 to a local homeless shelter in a service learning project.
- Challenged 43 youth to develop a business in Mini-Society and 546 participated in other consumer education programs.
- Instructed 64 members in sewing projects ranging from beginning to advanced clothing construction, quilting and home accessory projects.

Did You Know?

Extension Comes to You

We are willing to provide educational programs at your worksite or for your group or organization. Give us a call at 859/356-3155.

eXTension ... AN INTERNET RESOURCE YOU CAN TRUST

Find real answers in real time based on objective, peer-reviewed, scientific results from www.extension.org. Now you, too, can benefit from the best available information (not somebody's best guess) on topics important to you. eXTension.org has 36,000 frequently asked questions in its knowledge base.

Kenton County Cooperative Extension Service

COOPERATIVE
EXTENSION



UNIVERSITY OF KENTUCKY
College of Agriculture

KENTUCKY STATE UNIVERSITY

Main Office — Durr Center • 10990 Marshall Road, Covington, KY
phone: 356-3155 • fax: 356-0363 • e-mail: ceskento@uky.edu

Satellite Classrooms — Durr Annex • 3099 Dixie Highway, Edgewood, KY
Pre-registration is required. Please call 859/356-3155.

Kenton County Cooperative Extension Agents

Dan Allen, Agriculture and Natural Resources

Mary S. Averbek, 4-H Youth Development

Joan Bowling, Family and Consumer Sciences

Linda Brown-Price, Family and Consumer Sciences

Kathy R. Byrnes, Family and Consumer Sciences

Denise Donahue, 4-H Youth Development

Andrea Dee, Horticulture

Diane T. Kelley, 4-H Youth Development

The Cooperative Extension Service is an educational organization that links the University of Kentucky College of Agriculture and Kentucky State University with area residents. They provide university resources, programming and expertise in community and economic development, agriculture, horticulture, food science and safety, family and consumer sciences, and 4-H youth development.

Continued on next page

CLASSES

KENTON COUNTY EXTENSION CLASS SCHEDULE

Winter/Spring
2010

Adult Beginning Sewing: Pajamas

Wednesday's, Jan. 20-Feb. 24, 5:30-8:30 pm, Durr Center

The project for this class is a pair of pajamas. Learn all the basics with the Kenton Co. Extension Service assisted by Master Clothing Volunteers. Fee for class: \$5 (includes pattern). Class size is limited.

Active for Life

Tuesday's and Thursday's, Jan. 26-April 1, 9:30-10:30 am, Erlanger Branch Library

An exercise program for older adults designed to build flexibility, strength and range of motion. Participants will exercise in and around a chair. A "walk-a-mile" segment is done each week (walking in place). Please bring a light set of weights and dress comfortably.

Dried Flower Class

February 9, 1-3:30 pm, Durr Center

Learn how to dry and preserve flowers and foliage from your own landscape. Also learn the proper care for dried arrangements in your home. Make and take a swag made from dried flowers and foliage in this class. \$5 fee per participant.

Children's Chinese New Year Celebration

February 11, 6-8 pm, Durr Center

Enjoy the fun, food, crafts and culture associated with this holiday. Parents and children aged 6-14 will share the event together.

Grandparents/Relatives Raising Children Support

Friday, Feb. 12, Noon-1 pm, Durr Annex; Repeated Friday, March 12, location to be announced (please call our office); Repeated Friday, May 14, Durr Annex

If you are one of the thousands in the State raising a relative's child/children you are not alone! Emotional support and information on available resources and parenting tips

is available at the monthly support group luncheons. This

program is a collaborative effort with the Family Resource Centers in Kenton Co. Free child-care is available upon request.



Kid's Terrarium Class

February 15, 1-3 pm, Durr Center

Kids 9 years old and up are welcome to make-and-take a plant terrarium. Learn about appropriate plant selection, propagation, soil mediums, and overall plant care. Finished terrariums can be entered in the county fair. Plants and growing materials provided. Each participant must bring a clear glass dish with a removable lid for planting. Join us ready to get your hands dirty! \$5 fee per participant, 15 registrants maximum.

Computer 101

February 23, March 2, and March 9, 10-11:30 am, Durr Annex

Do you have a computer and have no idea what to do with it? This class is for beginners with no computer experience. Class will teach how to turn on the computer, parts of the computer, basic operation skills, and word processing using WORD in Office 2007. The class is limited to 8; minimum enrollment for class to be held is 4. This class will be three weeks.

Travel the Kentucky Quilt Trail

Thursday, February 25, 9:30 am, Durr Center; Repeated 6 pm, Durr Annex

What is the Kentucky Quilt Trail and how did it get started? Learn here!

Adult Beginning Sewing: Pajamas

March 3-April 7, 5:30-8:30 pm, Durr Annex

The project for this class is a pair of pajamas. Learn all the basics with the Kenton Co. Extension Service assisted by Master Clothing Volunteers. Fee for class: \$5 (includes pattern). Class size is limited.

Meatless Meals

Thursday, March 4, 6 pm, Durr Annex

Serving meatless meals can help us save money and improve the nutrition values in many of our meals. Need some new ideas for planning balanced, meatless meals? Come to this session to learn!

Public Worker's Tree Care Seminar

March 11, 7:30 am-3:30 pm, Durr Center

Calling all certified arborist and tree care professionals for this workshop which examines current issues in public arbor care. Workshop facilitated by Boone, Campbell, and Kenton Cooperative Extension Service and the NKY Urban Forestry Council. CEU's offered. Fee for class: \$20

"Grandparents/Relatives Raising Children Support Group" and "Grandparents and Grandchildren Together," are sure to benefit grandparents and others who love children.

Fun Family Mealtime

Thursday, March 11, 6 pm, Durr Annex

Family mealtime provides opportunities to talk, laugh and have fun together. This program will help families find ways to make family mealtime possible by showing families how they could cook once and eat twice, use make-ahead meals, and plan meals in advance. Ideas and fun activities for mealtime conversations will be provided.

Diabetes Up-Date

Wednesday, March 17, 6 pm, Durr Annex

Join our local diabetes educators from the Northern Kentucky Health Department to learn about the latest in the world of diabetes treatment and care.

Investing in Your Home

March 19, 1-3 pm, Durr Annex

Did you get an \$8000 tax rebate or get a large tax refund? Learn ways to utilize that extra cash to update your home. Tips will be given on home decorating and money management tools that illustrate how to get the most bang for your buck when renovating or updating.

Sports Turf Workshop

March 23, 9 am-3 pm, Durr Center

This program will target sports turf managers at the school or parks level and will begin at the Kenton County Extension office. Speakers from UK Extension, the KySTMA (Kentucky Sports Turf Managers Association) and local professional managers will present their expertise as related to both natural grass fields and synthetic fields. After lunch, we will visit and critique a couple of local sports turf sites to observe some equipment/product demos. Field management handouts will be made available and pesticide CEUs will be awarded in Specific Category 20.

Grandparents and Grandchildren Together

Thursday, March 25, 9:30 am, Durr Annex

Grandparents (or anyone who loves children) will have fun creating age-appropriate activities to do with the child in your life. You will learn some tips for positive, age-appropriate discipline techniques. If you are parenting for the second time, you'll also learn about community resources for grandparent support, family enrichment, as well as pressing health, legal, and financial needs.

Complete descriptions of all classes are on our website. Registration required for all classes. Call 356-3155 or visit our website to register.

Transferring Photos Using Technology

Thursday, March 25 or April 1, 10-11:30 am, or 6-7:30 pm (4 different sessions - please choose one), Durr Annex
Do you have photos on your digital camera and don't know what to do with them? This class will illustrate how to transfer pictures from the camera, save the files, e-mail photos, and save to CD or DVD. Tips will also be given on utilizing software to enhance the photos. Class limited to first 8 callers for each class (minimum 5 participants for class to be held). Must have prior computer knowledge.

All About Chocolate

Wednesday, March 31, 10 am, Durr Center
It's that time of the year! Learn about the different types of chocolate on the market, how to work with them, plus the new research about its health benefits. Class size is limited.

Natural Egg Dye Class

April 2, 1-3 pm, Durr Annex
Children ages 3 and up are welcomed to dye eggs with natural materials like onion peels, beets, spinach, and more! Fun, fun, fun! Also learn how to weave baskets out of recycled materials. Children under the age of 7 must be accompanied by an adult. FREE, please pre-register!

Home Harvest

Mondays, April 5-May 3, 6-8 pm, Center for Great Neighborhoods in Covington
Are you interested in growing a lush produce garden with your family or friends in the community? Whether you're interested in home or community fruit and vegetable gardening, we invite you to join us to learn how to grow garden produce in small spaces. At the conclusion of the series, participants will be given seeds and transplants to grow in their gardens. Topics covered include composting, soil testing, growing seeds and transplants, vegetable, fruit, and herb varieties, preserving produce, season extension, etc. Bring a friend, it is sure to be a good time!

Tackling the Tween Years

April 6, 10 am-Noon, Durr Annex
Is there a stranger in your home? Children between the ages of 9-12 go through a transition that is tough for parents to understand. This program will:

- Help parents understand the physical and psychological changes that occur
- Offer parents tips on effective communication
- Present parenting strategies
- Give discipline guidelines that are age appropriate

Sewing Expo

April 13 and 14, General Butler State Park
This two-day sewing workshop is sponsored by the Cooperative Extension Service. Contact the Kenton County Extension Office for a registration packet.

Body Recall

Mondays, Wednesdays and Fridays, April 19-June 25, 9-10 am, Durr Center
This nationally recognized exercise program originated at Berea College and was designed to reclaim a level of fitness for older adults, including flexibility, strength, balance, and coordination for the body. The class meets three times a week for 10 weeks, and participants must wear comfortable clothing for movement. Class size is limited to 40 participants. Fee is \$25 for the 10-week session, \$5 for returning students.

Resume Writing

Tuesday, April 20, 6-7:30 pm, Durr Branch Library
Do you need to update your resume, learn how to put it on the Internet, and tips for adapting for a specific job for which you are applying? All this as well as other topics will be covered during this class.

A Matter of Balance

Wednesday's, April 21-June 9, 2-4 pm, Erlanger Branch Library
This 8-week series is targeted towards seniors, with the aim of helping them manage concerns about falls. During the 8 weeks, participants will learn ways to protect themselves in a fall and how to reduce falls. Additionally, methods will be taught to increase physical strength so that participants can become steadier on their feet. No charge for the class. Class size is limited.

The Successful Person's Guide to Time Management

April 22, 10-11:30 am, Durr Annex; Repeated 6-7:30 pm, Durr Center
Learn how to better manage your time to accomplish lifetime goals. Time management steps you can take today to help you accomplish those goals.

Home Is Where The Health Is,

March 9, repeated April 29, 10 am-Noon, Durr Annex
Does your family eat too many meals on the run? Would you like some fresh ideas to help your family enjoy being together and reach a healthy weight? Join us as we learn about simple things you can do to take better care of yourself and your family. It's FREE and it's fun!

Interview Skills

Tuesday, April 27, 6-7:30 pm, Durr Branch Library
This class will cover some interview do and don'ts and tips to successful interviews.

Backyard Chickens

Thursday, April 29, 1-3 pm, Durr Center
Learn the basics about raising chickens in your backyard. Learn about feed requirements, pens and coops, and the different breeds.

Container Design Class

May 18, 6-8 pm, Jackson's Garden Center
Get fun ideas for summer containers before you hit the garden centers to buy plants! Learn about container choices, soil preparation, summer care, design basics, color usage, and outstanding annual selections new this season!

Growing Asian, Italian, and Mexican Veggie Gardens! Lunch and Learn Series

Fridays, May 7, 14 and 21, 12-12:45 pm, Durr Annex
Bring a bagged lunch ... and a co-worker ... to learn about theme vegetable gardens over your lunch break. Weekly topics include Asian, Italian, and Mexican vegetable gardens. Learn about variety selection, growing conditions, and preparing these cultural foods. Sampling and seeds offered to participants. Come once, come often!

Re-entering the Workforce or Changing Careers

May 11, 6-7:30 pm, Durr Center
Tips on how to revise and update resume, update your job skills, and networking tips will be covered in this class.

First Time Homebuyer Workshop

Tuesday, May 18 and 25, 6-8 pm, Durr Center
Learn the ins and outs of buying your first home in this 2-part series which will guide you through the process. Determining home purchase readiness, understanding credit, mortgages, shopping for a home, and the moving process will be discussed.

Growing and Cooking with Herbs

June 24, 12-2 pm, Durr Center
Calling all Cooks and Gardeners! Join us for a light herbal lunch, and learn about growing and cooking with herbs. Find out just how easy it really is to grow your own seasonings and learn how to add flare to every dish. We will discuss herb varieties, growing environments and care, along with herb flavors and food pairings.

Horticulture Day Camp

July 27, 28, 29, 10 am-2 pm, Durr Center
Children 9 years of age and up are invited to explore our gardens as they learn about composting, native trees, invasive species, fruit and vegetable gardening, garden art, etc. Join us for some fun in the dirt! Limited to 15 registrants. Bring a bagged lunch.

Planting the Fall Garden

August 5, 6-8 pm, Durr Center
It's time to prepare the fall garden now! Join us outside in the demonstration gardens to learn about extending the growing season into the frosty days of winter. We will discuss crop variety selection, growing from seed and transplant, plant care and maintenance, economical low tunnel and cold frame construction, and more.

Coming This Summer!

More "Hands-On" food preservation classes. These will be publicized on our website beginning in April.

Don't Miss It!
Look for our Garden Artisan Series starting in August! Visit us at our information kiosks at the Erlanger Farmers' Market this summer on Thursdays, May-October, from 2-4 pm!



CLASS LOCATIONS:

Center for Great Neighborhoods of Covington
1650 Russell St., Covington

Durr Annex
3099 Dixie Hwy, Edgewood

Durr Branch Library
1992 Walton-Nicholson Rd.
Independence

Durr Center
10990 Marshall Rd., Covington

Erlanger Branch Library
401 Kenton Lands Rd.,
Erlanger

General Butler State Park
Old Hwy 227, Carrollton, KY

Jackson's Garden Center
3124 Madison Ave., Covington

2010 Programs, Activities and Events

Wild Wednesdays!

May 5 - August 25

10 am - 11 am

Check website for pre-programs guests and start times
Middleton-Mills Park, Shelterhouse 2

Discover the fascinating world of wildlife! Kentucky Recreation and Park Society's Outstanding Program of 2005 just keeps getting better and better! From May 6 to August 26, join us for our 11th season of Wild Wednesdays! presented by Toyota. The free programs are held rain or shine at Middleton-Mills Park in Shelterhouse 2, begin at 10 am, and last about an hour. Guests include: Mr. Cowpie's Party Animals; Kentucky Down Under; Raptor Rehabilitation of Kentucky; Cincinnati Zoo; Field Programs on Fowler Creek; Sunrock Farm; Farmer Joan and the Equine Show; House of Reptiles, LLC.; Kentucky Dept. of Forestry w/ Kenton County Forester; Eagle Bend Alpacas; Big Bone Lick State Park, Raptor, Inc.; and Appalachian Beekeeping w/ Granville and Kayla Griffith!



Don't miss a single adventure in our 11th season of Wild Wednesdays!



(Almost) Every Other Thursday Science!

Begins on May 13

10 am - 11 am

Check website for pre-programs guests and start times
Pioneer Park, Shelterhouse 1

Kentucky Recreation and Park Society's Outstanding Program of 2009! Whoever said, "Science is boring," had to be kidding! These programs are interactive and educational. And FUN! Programs are held rain or shine in Shelterhouse 1 at Pioneer Park beginning at 10 am on each date. The free programs are delivered in 45-minute to 1-hour theatrical assembly presentations. Guests include: Crystal Clear Science; Critters in the Classroom; Archaic Arts; Mad Science of Cincinnati; and COSI On Wheels.

Shelterhouse Reservations

We begin accepting reservations for the upcoming season on the first Monday in February. Shelterhouses are available in Lincoln Ridge, Middleton-Mills, Richardson Road, and Pioneer parks. Fees range between \$65 and \$80 for the day. Call 859/525-PLAY (7529) for details.

Online Calendar of Kenton County Programs, Activities and Events! KCP&R offers many programs, activities, and events and we hope you will enjoy them all! Visit www.kentoncounty.org and click on County Departments, then Parks & Recreation. Take a look at our calendar — you're sure to find something you will want to try! We'll continue to update and add events as the season unfolds!

Northern Kentucky Senior Games

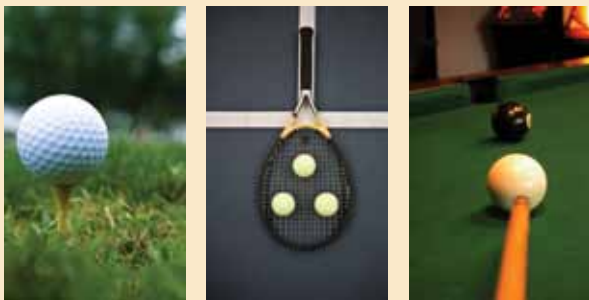
May 10 - May 14

Visit www.ftthomas.org, and click on Recreation, and then on Seniors, for times and locations for specific events.

Playing in the Northern Kentucky Senior Games, presented by Cardinal Hill of Northern Kentucky, is a fun way to stay active and can benefit your health and add to your enjoyment of life. If you are 50 or better, we invite you to come and compete in a wide variety of events at various Northern Kentucky venues. Age divisions allow participants to compete with others in the same approximate age groups. The competition is friendly, gets you moving, gives you an opportunity to try new things, and meet new people. Come join in the fun!

The Games will begin on May 10 and end on May 14. There is something for everyone, and we mean, everyone! Shuffleboard, Basketball Spot Shooting, Basketball Free Throws, Pop-A-Shot, 9-hole Miniature Golf, Billiards, Snag Golf, Corn Hole Toss, Washer Toss, and Skittles at the Armory in Ft. Thomas. 9-hole Golf at World of Sports. Bowling — Men's & Women's Doubles, Mixed Doubles, and Singles at Walt's Center Lanes. Tennis — Men's & Women's Doubles and Mixed Doubles at Five Seasons. 18-hole Golf at Boone Links. And, Bocce Ball, Golf Chipping, Softball Hitting, Softball Throw, Horseshoe Toss, Football Toss, Frisbee Toss, 3-hole Disc Golf, and Spin Casting at Boone Woods in Burlington!

Participants are encouraged to pre-register with an entry fee of just \$10. Entry fee includes two lunches. What are YOU waitin' for? Call NKADD today at (859) 283-1885 for details, or visit the Northern Kentucky Senior Games web site at www.ftthomas.org and click on Recreation.



If you are 50 or better, come and compete in a wide variety of events at various Northern Kentucky venues.



For more information about all of the programs offered by the Parks and Recreation Department, visit our website at www.kentoncounty.org

And There Is So Much More!

We hope you will participate and enjoy the other programs Kenton County Parks & Recreation offers! Check into Pitch, Hit & Run; Adult Recreational Softball Leagues; Worlds Biggest Disc Golf Weekend; High School Disc Golf Championships; and Punt, Pass & Kick! Enjoy Star Gazes; Kids Fishing Derby; Kick-Off To Summer Party; Skittles Championship of the World; Critters in the Crick; You Fish Like A Girl; Haunted Halloween Trail and Great Pumpkin Races; and Letters To Santa ~ Letters From Santa! And, don't forget our environmental commitments: Great Backyard Bird Count; Great American Clean-Up at Doe Run Lake & Nature Trail; and the Banklick Creek Clean-Up! This season, we are bringing back Go Outside (And Don't Come Home 'Til The Street Lights Come On) and introducing Sugar Camp, where you will have a chance to experience the fun and excitement (and work) involved in the making of maple syrup!

We collect donations of non-perishable food and personal care items!

Nearly all of our other programs, activities, and events are free for you to attend and enjoy. We do, however, collect donations of non-perishable food and personal care items for those less fortunate. Please remember to bring a little something to share. Your donation will go a long way right here in our community!

"What's Happening in Kenton County's Parks" by e-mail?

Would you like to receive an e-mail update of our once-a-week "What's Happening in Kenton County's Parks"? Email steve.trauger@kentoncounty.org and we will get you set up.



6 Bat Cave Court
Covington, KY 41015

Presort Standard
U.S. Postage
PAID
Rivertown
Communications LLC

TIME DATED

In This Issue

Clean Indoor Air Partnership, pg. 15
KC Extension Service, pgs. 18-21
KC Fiscal Court, pgs. 2-3, 17, 22-24
KC Parks & Recreation, pgs. 22-23
KC Public Library, pg. 6
KC PVA, pg. 10
KC Schools, pgs. 11-14
NKY Area Planning, pg. 1-2
NKY Cold Shelter, pg. 8
NKY Health Department, pg. 5
NKY Water District, pg. 9
St. Elizabeth Healthcare, pg. 7
Sanitation District No. 1, pg. 16
TANK, pg. 4
The Golf Courses of KC, pg. 17

Visit www.whatshappeningnews.com for all the news in Boone, Kenton, Campbell, Oldham and Madison counties

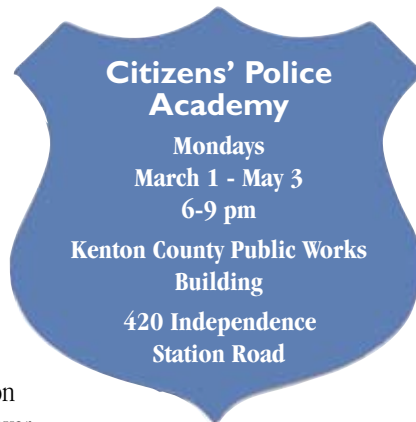
Kenton County Fiscal Court

Citizens' Police Academy

The Kenton County Citizens' Police Academy Class meets on Monday nights for 10 weeks. Classes begin on Monday, March 1, at 6 - 9 pm. Class is at the Kenton County Public Works building located at 420 Independence Station Road. During this 10-week course, various personnel from the Kenton County Police Department will cover a variety of subjects ranging from basic law enforcement to discussions and demonstrations of specialized units within the police department. Through this experience, you will gain valuable knowledge of the importance of the police department's service to our community.

The Kenton County Police and the Kenton County Police Citizens' Police Academy Alumni will provide food and drinks during this class.

If you're interested in participating in the class, please call 392-1940



to obtain an application or further information.

- Potential candidates must
- Be at least 18 years old;
- Have no felony convictions or misdemeanor convictions within one year of application.

Any requirements may be waived or modified upon review and approval by the Police Chief.

For information on any of the Kenton County Police Department's Community Services, please contact Capt. Greg Sandel at 859/392-1940 or Greg.Sandel@Kentoncounty.org.

Rape Aggression Defense System (R.A.D.) Course

The Rape Aggression Defense System is a program of realistic self-defense tactics and techniques for women. The R.A.D. System is a comprehensive, women's-only course that begins with awareness, prevention, risk reduction and risk avoidance, while progressing on the basis of hands-on training. R.A.D. is not a Martial Arts program. Students must attend all four sessions to graduate from the class.

This class is limited to 20 women.

Mondays and Wednesdays:
February 15, 17, 22, & 24
6:30 – 8:30 pm

This class is located at Thomas More College Dance Studio — Holbrook Student Center.



Both of these classes are free to the public.