

WHAT'S

20
years
of good
news!

Happening!

in Boone County, Kentucky

Winter/Spring 2011

Students Lead County-Wide Health Initiative



Boone 4 Health (B4H), the 2010-2011 student-led project of the Boone County Superintendent's Student Advisory Council, encourages people of all ages and body types to become healthier and to achieve the benefits of a healthy lifestyle.

Since the official B4H kick-off on August 28, 2010, the Boone County community has been participating in a variety of activities and fitness screening events. Adults and students are encouraged to participate in a free, brief fitness

screening to establish a baseline from which individuals can continue working on their fitness levels. The screening includes: push-ups, sit-ups, sit-and-reach flexibility tests, shuttle relay, and a quarter-mile run/walk.

In a focused effort to keep Boone 4 Health growing, members of the Superintendent's Student Advisory Council are working with local businesses, civic groups, R. C. Durr YMCA, Boone County Parks Department, Boone County Public Library and the Boone County Cooperative Extension

Service to spread the word. These student leaders have pursued their project in affiliation with "Students Taking Charge," a national organization that encourages youth to stay healthy and make wise choices.

The Council has declared March as Health and Fitness Awareness Month in Boone County. A variety of events and activities are planned as well as a second fitness screening to provide the community an opportunity to see how their health and fitness have improved.

BOONE 4 HEALTH EVENTS

Tuesday, January 25, 6 - 9 PM
Conner High School
Boone 4 Health Screening

Monday, February 21
R.A. Jones Middle School
Spring Running Club Kick-Off

Thursday, March 3, 4 - 5 PM
New Haven Elementary School
Jump Rope For Heart

Monday, March 7, 7 PM
Stephens Elementary School
Raise Our Voices For Healthy Choices

Friday, March 11
Stephens Elementary School
American Heart Association's Jump for Heart

Friday, March 18
Ockerman Middle School
Move To Improve Day

Monday, March 21, 6:30-7:30 PM
Collins Elementary School
Our Healthy Weigh

March 21-25
North Pointe Elementary School
Fitness For Life Wellness Week

Thursday, March 24, 5:30 - 7 PM
Yealey Elementary School
Health, Wellness and Safety Fair

Saturday, March 26
Burlington Elementary School
Eagles On The Run 5K Race

March
Cooper High School
Mobile Mammogram

March
Gray Middle School
March Madness Intramural Basketball Program

March
Goodridge Elementary School
Healthy Challenge

March
Ockerman Elementary School
5 A-Day Program

April 4 - 8
Florence Elementary School
Health Fair and School-wide Cooking Show

Saturday, April 23, 9 AM
North Pointe Elementary School
Panther Prowl 5K
Camp Ernst Middle School
5k Blazer Run/Walk-a-thon

Saturday, May 14, 10 AM
R.A. Jones Middle School
3rd Annual Running For Kodi 5K Run/Walk

Sunday, May 15, 9 AM
Ockerman Middle School
Move to Improve 5K American Cancer Society

Ongoing
Conner Middle School
Goodridge Elementary School
Girls On The Run

Ongoing, 7:30 - 8:30 PM
Conner Middle School
Zumba Class-Wednesdays

Ongoing, 3 - 4 PM
Conner Middle School
Zumba Class-Tuesdays/Thursdays

Ongoing, 7:30 - 8:30 PM
Conner Middle School
Zumba Class-First Monday of each month

Ongoing
Florence Elementary School
Staff Heart Smart Runner's Club

Ongoing
Florence Elementary School
Staff Golf League

Ongoing
Longbranch Elementary School
We CAN ~ Parent Nutrition and Wellness Sessions

Ongoing
Longbranch Elementary School
Student's Walk Their Monday Mile

Ongoing
Longbranch Elementary School
Grade Level Fruit and Vegetable Challenge

Ongoing
Mann Elementary School
M.A.N.N. Moving And Navigating Nutrition

For more information:

Visit www.boone.kyschools.us
or contact Laurie Walton at
laurie.walton@boone.kyschools.us

Learn About Your Child's Individual Learning Plan!

Did you know that Kentucky middle and high school students and parents have an online education planning tool at their fingertips?

The web-based Individual Learning Plan (ILP) helps secondary students (grades 6-12) focus coursework on their individual goals in preparation for postsecondary studies and careers.

Join other parents at your child's school for a Hands-on ILP Parent

Engagement session to learn how parents and students can maximize use of the ILP.

Conner Middle School

Tuesday, January 18, 6 PM

Cooper High School

Wednesday, January 19, 5 PM

Conner High School

Tuesday, January 25, 6 - 7 PM

R.A. Jones Middle School

Thursday, January 27, 6:30 - 8:30 PM

Gray Middle School

Thursday, January 27, 7 - 8:30 PM

Boone County High School

Monday, February 14, 6 - 7 PM

Ryle High School

Monday, February 21, 5 - 6 PM

Cooper High School

Tuesday, February 22, 5 PM

Ockerman Middle School

Thursday, February 24, 7 - 8:30 PM

Walton Verona High School

Monday, February 28, 6 PM

There is no charge for the session but registration is required.

Register TODAY at
www.Boone.kyschools.us

Leap Into Summer at the Boone County Second Annual Summer Learning Opportunities Fair

Tuesday, March 29 • 4 PM to 7 PM • Ockerman Middle School

How can parents keep children meaningfully engaged in a variety of learning and recreational activities during the summer months? Boone County Community Education is again sponsoring an evening to answer this question. We have invited organizations within the community to come to Ockerman Middle School on the evening of March 29 to provide parents with information about their summer programs.

The Summer Learning Opportunities Fair, hosted by Boone County Community Education, is a community-wide event that provides a venue for parents and children to learn about summer programs.

The Summer Learning Opportunities Fair presents a wide range of opportunities:

- Summer Activities for Every Budget
- Academic and Cultural Enrichment
- Skills Enrichment Program
- Sports Camps and Outdoor Adventure
- Community Service Opportunities
- Programs for Students with Special Needs



Summer brings the sun, and along with it an illuminating array of camps, clinics, classes, and cultural events for all ages — everything under the sun for all interests. Stretch out and stretch your mind at school and in the community this summer.

Summer learning programs provide students with diverse opportunities to apply and explore skills they learn in school in ways that are relevant to their interests and their future. Choice is important as young people and their families decide how they will spend their time. Choice over what to do, where to do it and who to do it with increases the

engagement of young people in their own learning in meaningful ways.

Engaging youth in summer learning opportunities increases academic outcomes and decreases learning loss. Summer programs can be fun, enriching, and promote learning outside of school. Youth participating in high-quality summer learning opportunities of any kind perform better when they return to school in the fall. These youth are less likely to experience summer learning loss than are non-participating youth.

“We are providing a venue for parents to select from an array of quality

educational opportunities for students that brings our entire community together to ensure our students are college and career ready,” said Boone County Superintendent Randy Poe.

This informative community service event is free to the public and offers something for every student and every family budget. Many of the programs and opportunities highlighted at the Summer Learning Opportunities Fair are sponsored by Boone County Schools. Some camps and programs represented at the fair are independent organizations that are not affiliated with Boone County Schools. No endorsement by Boone County Schools concerning exhibitor offerings is expressed or implied.

To Request More Information on the Summer Learning Opportunities Fair:

Contact: Laurie Walton
Schools/Community Relations
859/282-4628
laurie.walton@boone.kyschools.us

Summer Camp Right Around the Corner



Upper left: Rocket your way to a fun-filled week. Lower left: 4-H friends always support each other. Above left: Field games — the place to make friends that stick with you. Above right: Challenge yourself at our challenge course.

Even though winter is just getting started, it's time to begin thinking about 4-H summer camp. Are you ready to experience one of the most fun weeks of your life? Do you like to catch bugs or go fishing? Maybe you love swimming, riflery, archery, canoeing, crafts or music. Do you like to go hiking and spend time identifying trees and critters you find along the way? Do you like making new friends and having lots of fun? If any of these things appeal to you, you need to sign up for 4-H camp this summer.

At North Central 4-H camp, you'll find all of the fun things above and more. You might come to camp a little nervous and uncertain about what's to come, but you will soon find yourself meeting new friends and learning new skills and activities. You will find the week is gone before it gets started and all too quickly it's time to go home.

Of course, you'll be able to take home the memories of the time you spent shooting a bow and arrow, possibly being on the winning team in field relay games, cooling off at the pool and certainly the fun friends and camp staff you met.

Resident 4-H camp is open to all Boone County youth, ages 9 through 14. The 4-H camping program provides a safe, secure and fun environment for campers. An on-site EMT/health care provider is always available to take care of campers' needs.

Our camp has been awarded accreditation by the American Camp Association in recognition of our program using the "best practices in the camping industry" in providing a safe, nurturing, and fun environment for our campers.

North Central 4-H Camp is located in Carlisle, KY, which is in Nicholas County. We will be attend-

ing camp June 13-17, 2011. Grant County will be sharing the week with us. Camp registration packets will be available February 1, so keep an eye on the 4-H newsletter.

4-H Camp provides attendees with a diverse and fun learning environment with a focus on the 4-H philosophy of "learn by doing."

For more information on camp and other activities in our 4-H youth

development program, contact the Boone County Cooperative Extension Service. You can also visit the camp web site: <http://www.ca.uky.edu/agcollege/4h/camp>. See you at camp!

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.

Boone County Cooperative Extension Service



6028 Camp Ernst Road
P.O. Box 876
Burlington, KY 41005
phone: 859/586-6101
fax: 859/586-6107



Disabilities accommodated with prior notification.

Tree Alert — Emerald Ash Borer Arrives in Boone Co.

Wind and water damage are always a concern for Boone County residents. Now, citizens and business owners must be aware of an insect that can cause significant damage. The Emerald Ash Borer (EAB) is an exotic beetle that was discovered in Michigan in 2002. The EAB arrived in the United States from Asia as a result of shipping wood products. It has been found in other states such as Ohio, Indiana, Illinois, Maryland, Pennsylvania, West Virginia, Wisconsin, Missouri, Virginia, Minnesota, New York, and Tennessee, as well as Kentucky. In Greater Cincinnati, the EAB has been found primarily on the east side of Cincinnati — Anderson Township. Positive findings of the adult borer or larvae have been found in Boone, Kenton and Campbell counties as well as in nine other counties in the Commonwealth of Kentucky.

What It Does

The canopy of infested trees begins to thin above infested portions of the trunk and major branches because the borer destroys the water and nutrient conducting tissues under the bark. Usually it takes two years for the canopy to die and the EAB completely kills the tree within 3-5 years of infestation. Adult borers are dark metallic green, one-half inch in length and one-eighth of an inch wide, and fly from mid-May to September. Larvae spend the rest of the year developing beneath the bark. Adults leave an 1/8 inch, D-shaped exit hole in the bark of the tree when they emerge in the spring.

What Is Its Impact?

The migration of the EAB has caused state and federal regulatory agencies to enforce quarantines and

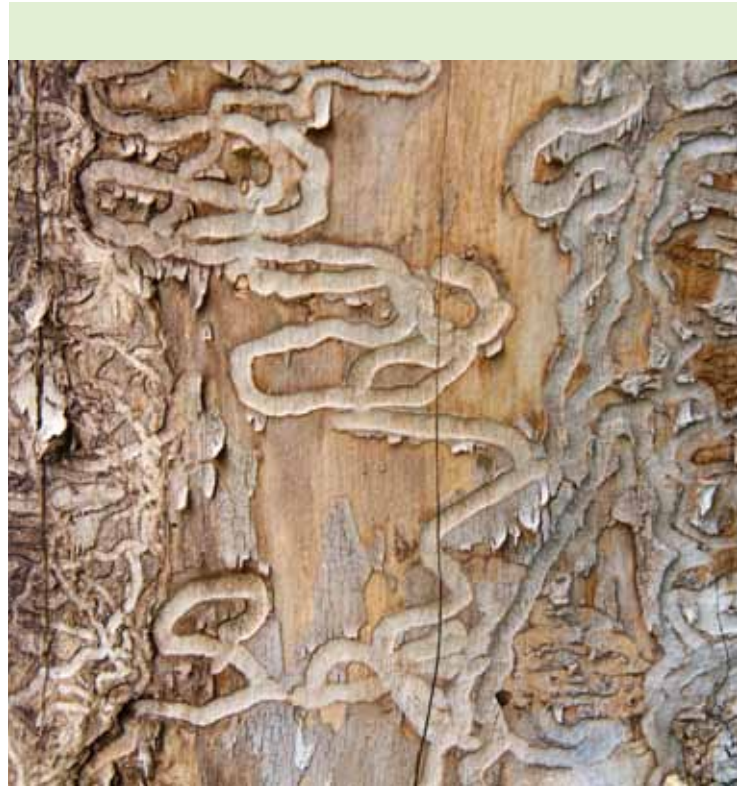
fines to prevent potentially infested ash trees, logs and firewood from moving out of areas where the EAB exists. It has cost municipalities, property owners, nursery operators and forest products industries tens of millions of dollars. To date, the EAB has killed tens of millions of ash trees in Michigan alone and the same amount in the other previously mentioned states.

What To Do?

For most people, identifying insects is sometimes difficult. Being able to identify the insects doing the damage is important. A guide is present to help a property owner determine if the Emerald Ash Borer exists or if not, what other pest it could possibly be. The guide has numerous photos of the EAB and similar looking insects. It can be viewed at www.emeraldashborer.info.

What Can Be Done?

Research is being conducted to understand the beetle's life cycle and find ways to detect new infestations, control EAB adults and larvae, and contain infestation. The beetle has a 1-2 year life cycle. Currently, there are a number of treatments available for use by homeowners or tree care professionals that can provide a degree of beetle control. A review of all options is recommended as well as knowing the regulations regarding EAB quarantines and eradication strategies for Boone County property owners. For more information and if you feel that you may have EAB in your ash trees, visit www.emeraldashborer.info or call 1-859-257-5838. You may also visit www.boonecountyky.org/pc for further information.



*Top: Damage caused by the Emerald Ash Borer.
Middle: Emerald Ash Borer adult.
Bottom: Emerald Ash Borer larvae.*

Calendar and a Coloring Book? It's More Than That!

First we ask elementary school children what they think of litter. We then ask them to draw a picture illustrating how litter impacts our community. The results are some of the greatest depictions of how children view their world and how much they care. Our contest is open to all Boone County elementary schools and this year, we received 620

entries. The calendars are incredible and useful. They contain important dates, double as a coloring book and send a clear message about the perils of littering. Just let us know if you want one — they are free! To see all of the students' artwork, please visit www.boonecountyky.org/BCSWM/Default.aspx.



*Cover winner
Kevin Sanders,
2nd Grade,
Sanders Home
School*

Recycle for Good Reason

Okay, it's not always easy being green but now there's one more GOOD reason to recycle. Help schools, churches and other non-profits raise funds by recycling your paper products at Paper Retriever bins across the County. They are easily recognizable by their bright green and yellow containers. HEY UNION, BURLINGTON and HEBRON RECYCLERS! — You are recycling so much that our bins overflow-eth! Help the environment and your local non-profits by using those Paper Retrievers instead of using our county recycling bins. You can recycle magazines, shopping catalogs, newspaper, office and school papers, and junk mail. But NO cardboard, please. Call our office for Paper



Retriever locations — they are all over the County! Also, you might notice our County-sponsored bins have a new look. Bavarian is now providing drop-box recycling to our communities. Please make sure only recyclables go into these bins and help keep our host sites clean. Also, please break down your boxes so they don't take up too much space.

Recycle That Christmas Tree

Boone County wants to make sure your cut Christmas tree finds its way to the right place once the holidays are over. Join in with Christmas Treecycling:

Pick-Up Service — On Wednesday, January 5, between the hours of 7 am and 5 pm, Boone County Public Works and City of Florence Public Services will run their snow routes to pick up your Christmas tree curbside. Please have your tree set out no later than 7 am. The trees will be taken to a collection point and mulched. *Remember, if our crews must run snow routes to treat roads that day, tree pickup will occur the day after the roads have been cleared.

Drop-Off Locations — On Saturday, January 8, you may drop off your trees at the following locations: the Farmer's Market on KY 18 and Camp Ernst (drop trees off before 8 am); the Old Florence City Building on US42 next to library (drop trees off before 10 am); Ryle High School behind stadium in Union (drop trees off before NOON); Walton Park near recycling bin at back end of park (drop trees off before 2 pm) and the Parking Lot at Tanner's Station (on North Bend Road & Tanners Lane). Bring a bag and take some mulch home with you!

Spring Thinking

Here are a few upcoming, fun events!

April - Earth Day (04/22), Great American Cleanup (04/23) & Spring Cleanup (04/25-05/01)

Spring - Northern Kentucky Tire Amnesty (dates and locations TBA)

June - River Sweep (06/18)

I Want My Waste Watch TV

It's not what you think . . . it's talk about trash not trashy talk! Starting in January, our show will be on the air on government access channels! David Plummer, Campbell Co. Solid Waste Coordinator is our host . . . with a little help from his friends! The show will feature businesses,

schools, clubs, outstanding solid waste/environmental programs, timely issues, special events and much more! If you have a topic you would like us to cover or an organization you would like us to highlight, please call our office. More details will be coming soon.

Boone County Solid Waste Management

Mary Frances Dickey, Solid Waste Coordinator
Kelly Chapman, Solid Waste Enforcement Officer

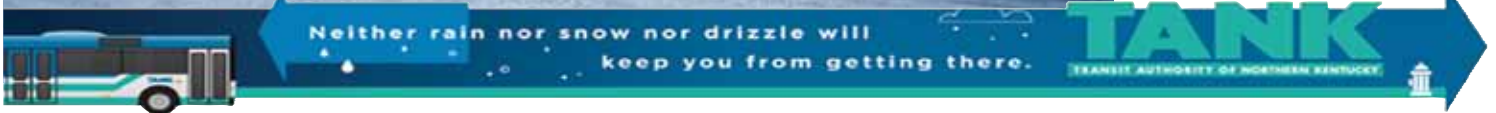
Phone: 859-334-3151

Email: mdickey@boonecountyky.org

Try TANK to Avoid Winter Weather Driving



Avoid treacherous winter weather driving! Trade in your gas card for a TANK bus pass!



If you're like many people, the thought of winter weather driving is what you dread most about seeing snowflakes.

- Do you enjoy filling the gas tank in freezing temps?
- Scraping layer after layer of ice and snow off of your car window?
- Shoveling the car out of the driveway?

Unless you answered YES! to any of these questions, maybe you should

try something new this year.

Visit the Google Trip-Planner at www.tankbus.org and trade in your gas card for a bus pass. Pile on an extra layer of clothing and a pair of snow boots and head to the nearest

bus stop with that book you've been planning to read. Let a professional do the driving — you'll be glad you did!

TANK in Boone County

Routes:

- 1 Florence
- 1X Florence Express
- 2X Airporter
- 22X Walton Express
- 28X Empire Drive Express
- 29X Hebron Express
- 32X Burlington Express

Park & Ride Locations:

- Burlington Park & Ride (32X)
- Hebron Lutheran Church (29X)
- Mt. Zion Park & Ride (22X)
- Houston Road Park & Ride — near the corner of Commonwealth Rd. on Houston Rd. (just north of Citi) (1X)

Call 331-TANK or visit www.tankbus.org for schedule and route information.



Visit www.tankbus.org and use the Google Transit Trip Planner to get step-by-step directions on how to take your trip on TANK.

TANK



**Information Line:
859/331-TANK
www.tankbus.org**

Fiscal Court Welcomes Two New Commissioners

Charlie Walton and Matt Dedden begin four-year term in January



Commissioner Matt Dedden – District 1

Matt Dedden is a 47 year old resident of Burlington. He lives with his wife and two children off Utz Lane. He is a self-employed pipe contractor who has owned Dedden Excavating for the past 24 years.

He also owns four other businesses including a carpet cleaning business and a property acquisition company. Matt and his wife have two children who attend Boone County Public Schools. He has served two years as Vice-President of the Kentucky Cutting Horse Association and three years on the YMCA Camp Ernst Branch Board. Matt's passion in life is horses. He owns eight American Quarter horses and tries to spend time riding daily. He has lived in Boone County for 22 years.

Phone: 859/393-4306

Email: CommissionerMDedden@BooneCountyKy.org



Commissioner Charlie Walton – District 3

At 63 years old, Charlie Walton has spent much of his life as a public servant. His career includes 12 years as a State Representative in the General Assembly in addition to his 38 years of educational experience.

Charlie has been the principal at Florence Elementary for the last 13 years. His community service includes serving as a member of these boards: 21st Century Community Learning Center State Board, After School Alliance Board, Boone County Community Education Advisory Council. He is a former board member of Boone National Bank, Kentucky Baptist Children's Home, and Northern Kentucky Fellowship of Christian Athletes. Charlie and his wife, residents of Florence, have two children and three grandchildren.

Phone: 859/371-1943

Email: CommissionerCWalton@BooneCountyKy.org

Employee Spotlight: Suzanne Ditto



Suzanne Ditto has worked with the Animal Care and Control Department for over 15 years as a Licensed Veterinarian Technician. She came to the animal shelter with 22 years experience in small and large animal medicine.

Suzanne is responsible for daily health and care of the nearly 4,500 animals received at the shelter each

year. Working under the direction of a veterinarian, she is the nurse of the animal world making sure our shelter animals receive the best care within a very limited budget. Suzanne's oversight includes activities with the Brown Mackie College's Veterinary Technology program and all externs who are finishing their course work and preparing to take

their national board exams.

Suzanne has dedicated her career to helping animals in need. In her spare time she has trained horses and dogs to participate in barrel racing and canine agility. Suzanne's son is a veteran of the armed forces. She resides in Burlington with her four dogs: Sally Ann, Ashley, Jillie, and Shelby.

Boone County Fiscal Court



2950 Washington St.
P.O. Box 900
Burlington, KY 41005-0900
phone: 859/334-2100
fax: 859/334-3105

2011 Boone County Fiscal Court

Gary W. Moore, Judge/Executive
Matt Dedden, Commissioner
Dr. Charlie Kenner, Commissioner
Charlie Walton, Commissioner

Winterizing Your Pets

When the temperature begins to fall, you'll find that your pet needs a little extra care. Here are some points to remember this winter.

- **Cats and dogs need protection from the wet and cold**, whether they get it inside your house or inside their own. Cats are best kept inside when it gets cold, as are most small and short-haired dogs. An outdoor dog needs a dry, elevated dog house with clean, dry bedding and a flap over the opening to keep drafts out. Or consider adding a dog door to the garage with a soft cushion in the warmest corner. Keep in mind that the openness of a large building will not retain body heat and additional consideration may be needed for smaller pets.



Cats and dogs need special attention during the cold winter months.

- **A bowl of frozen water can't help a thirsty pet.** Check outdoor water bowls often when it's below freezing. Break the ice or refill with water as necessary.
- **Outdoor dogs need more calories in the winter to produce body heat.** Increasing the amount you feed

will help your dog meet these additional nutritional needs. On the other hand, indoor dogs and cats may get less exercise in the cold months, and will need fewer calories to avoid weight gain.

- **Chemicals used to melt snow on sidewalks can irritate pets' paws**, so you may need to wipe them with a

wet cloth after an outing. Dogs outside in the snow may need the ice between their pads removed to prevent frost bite.

- **Antifreeze tastes good to pets but it is a deadly poison.** The most likely source of the poison is radiator drainage spots in your garage, which should be flushed with water immediately.
- **A cat may crawl up under your car seeking shelter and warmth near the engine.** It may get caught in the fan and seriously injured when the engine starts. Open the hood of your car or slap it noisily with your hand before starting the engine on cold days to startle any animal sleeping there.

2011 Dog License Available January 15

A license is your dog's safe ticket home in the event they become lost. We hear the heartbreak everyday from individuals desperately looking for their pet. It can happen to the most responsible pet owner — the kids leave the door open or the serviceman didn't latch the gate. The key is the ability to get your lost pet home safely should the unthinkable happen.

When you license your dog, the pet's description, veterinarian, and owner contact information is stored in the shelter's computer. When your missing dog is found by an officer or individual, we will trace the tag and your pet can get

a free ride home instead of being brought to the shelter. If no one can be reached, your pet will be safe at the shelter until you arrive. Should your pet be sick or injured, we will provide emergency medical support while you make arrangements with your veterinarian.

License your dog today by visiting Animal Care and Control's website at www.boonecountyky.org/bcas and downloading an application. Cost is \$9 for spayed/neutered dogs, \$15 for those who are not and \$5 for dogs whose owner is 65 or older. Please remember to add \$1 for postage and handling.

Burlington Pet Hospital
Burlington Pike, Burlington
586-6627

Florence Animal Clinic
Highway 42, Florence
371-6501

Hebron Animal Hospital
North Bend Road, Hebron
689-4700

Middendorf Animal Hospital
Berberich Drive, Florence
647-2007

Oakbrook Animal Hospital
Ridge Road, Florence
647-7387



A license is your dog's safe ticket home in the event he or she becomes lost.

Reserve Your Special Event Today!

Banquet room facilities available for groups 50-200

Beautiful, convenient banquet room facilities are available at both Boone Links Golf Course in Florence and Lassing Pointe Golf Course in Union. Reserve your special party, wedding, rehearsal dinner or corporate meeting today! Banquet rooms feature:

- Affordable room rental
- Full service catering menu
- Easy access
- Ample parking
- Special event parties
- Corporate meetings
- Wedding receptions and rehearsal dinners

For more information, contact Jeanni Reusch at 859/334-4853 or jreusch@boonecountyky.org



Save \$50!

*Join Boone Links and Lassing Pointe Before February 15, 2011
Membership Includes Both Lassing Pointe (18 Holes)
and Boone Links (27 Holes)*

Senior Membership (Ages 60 and up).....	\$600.....	\$550
Individual Membership (Ages 18 – 59).....	\$850.....	\$800
Family Membership (Same Household).....	\$1,200.....	\$1,150

Non-resident memberships additional \$100

Season pass entitles members to unlimited golf for a daily fee of \$3. Membership play is valid daily (after 1 pm on weekends at either course and after 1 pm on Fridays at Lassing Pointe). Membership play is not valid on holidays. See Pro Shop for details.

Gasoline carts are available for an additional rental. Memberships are sold on a calendar-year basis and will expire December 31, 2011. Lassing Pointe is closed December - February. However, Boone Links is open year round, weather permitting.

Membership discount expires February 15, 2011

Boone County Golf



Boone Links Golf Course
19 Clubhouse Drive
Florence, KY 41042
859/371-7550
Pro Shop open daily 9 am - 4 pm



Lassing Pointe Golf Course
2266 Double Eagle Drive
Union, KY 41091
859/384-2266
Lassing Pointe will re-open mid-March for the season

New Services at the St. Elizabeth Weight Management Center

Just in time to jump start those New Year's resolutions



Dr. Troy Schumann

Already well-known for its Center of Excellence bariatric surgery program, the St. Elizabeth Weight Management Center in Florence is now offering comprehensive, medically managed weight-loss programs that are developed specifically for each individual patient's needs. The Center welcomes Dr. Troy Schumann on board as its new obesity specialist. Dr. Schumann, along with the multidisciplinary team of clinicians, will work with each patient to personalize a program that will best meet their health and weight-loss needs.

Dr. Schumann has had an ongoing interest in treating overweight and obese patients. He has studied obesity and its related diseases extensively. A member of the American Society of Bariatric Physicians, he is currently in process

of becoming a certified bariatrician with the American Board of Bariatric Medicine.

Along with Dr. Schumann's presence, the center's dedicated staff of experienced providers sets it apart from other local programs. Registered dietitians, behavioral health specialists, fitness specialists, and registered nurses are all involved in patient care onsite. The center is designed to be the premiere destination for local physicians to refer their patients, knowing they will receive comprehensive specialty services to educate and treat diagnoses of overweight and obesity.

The St. Elizabeth Weight Management Center at Florence is located in a beautiful, new space that is easily accessible for patients with an abundance of convenient parking. The space is very patient-friendly and has its own spacious education room for added patient convenience.

Many programs offer "quick fix" weight loss. The St. Elizabeth Weight Management Center is focused not only on the loss of weight, but on the lifestyle and behavioral changes necessary to maintain the new,



Kick off the new year with a new you! The St. Elizabeth Weight Management Center in Florence offers comprehensive, medically managed weight-loss programs that are developed specifically for each individual patient's needs.

healthy weight. Our professional staff understands the complexities of obesity and related diseases and will partner with patients for lifelong maintenance and support. Obesity is a chronic, relapsing disease and the center is geared to help patients through these struggles with cutting

edge, evidence-based medicine that is being utilized by the region's top bariatricians.

If you would like more information on the services offered or to schedule an appointment, please call 859/212-GOAL (4625).

St. Elizabeth Healthcare



St. Elizabeth Covington
1500 James Simpson, Jr. Way
Covington, KY 41011
859/655-8800

St. Elizabeth Edgewood
1 Medical Village Dr.
Edgewood, KY 41017
859/301-2000

St. Elizabeth Falmouth
512 South Maple Ave.
Falmouth, KY 41040
859/572-3500

St. Elizabeth Florence
4900 Houston Rd.
Florence, KY 41042
859/212-5200

St. Elizabeth Ft. Thomas
85 North Grand Ave.
Ft. Thomas, KY 41075
859/572-3100

St. Elizabeth Grant
238 Barnes Rd.
Williamstown, KY 41097
859/824-8240

Oh, My Aching Back!

Meeting the growing need for orthopaedic spine surgery at St. Elizabeth



Dr. Raj Kakarlapudi is the first spinal surgeon dedicated exclusively to providing services in Northern Kentucky.

As most of us already know, back problems are ubiquitous in this country. In fact, right at this moment about 250,000 of us are living with spinal cord injuries, according to the National Institute of Health. And it's estimated that a whopping 85 percent of us will end up suffering some sort of disabling low back pain injury during our lives.

Northern Kentucky is no different in the frequency of such ailments. Unfortunately, the availability of a dedicated orthopaedic spine surgeon in Northern Kentucky has been lacking, forcing many patients to travel into Ohio for needed surgical treatment. This fall, that changed when Dr. Raj Kakarlapudi became the first spinal surgeon dedicated exclusively to providing services in Northern Kentucky.

Kakarlapudi recently completed his Orthopedic Spine fellowship at the Indiana Orthopaedic Hospital in Indianapolis. In September, Kakarlapudi began practicing at the newly opened Commonwealth Orthopaedic Center office at 7388 Turfway Road on the campus of St. Elizabeth Florence. "I am seeing all aspects of spinal problems, and these are very common problems. In fact, 80-90 percent of people will have this type of problem in their lives," Kakarlapudi says.

The prevalence of the problem is one reason why Kakarlapudi is working with St. Elizabeth Healthcare toward the creation of a spine center in Northern Kentucky in the near future, which will bring together all the best technology and brightest professionals in the field of spine health.

"My goal is to educate primary care physicians about spinal conditions," Kakarlapudi says. "I think it's important for them to know how I can help them figure who can be helped surgically and who might be better served with a non-operative course of treatment. I'll be evaluating all those cases in that way."

When to Talk to Your Doctor About Seeing a Spine Surgeon

Kakarlapudi says people should talk to their doctors about seeing a spine surgeon for ongoing complaints involving any part of the spine and neck, as well as pain that extends down the arms and legs, or tingling in the fingers. He will then work with these individuals and their physicians to determine whether surgery is the answer, or if another type of treatment might be more appropriate.

Typically, Kakarlapudi says surgery is only considered when an individual is unable to live with his or her pain or condition, or a problem exists that endangers their health, like

compressed nerves, or degenerative or unstable discs. And when it comes to surgery, Kakarlapudi performs a complete array of procedures, but he specializes in minimally invasive measures. When appropriate, these less traumatic operations can offer patients the same benefits as open surgery with fewer risks.

Kakarlapudi began performing surgeries at St. Elizabeth Florence in September and is available for referrals at the new Commonwealth Orthopaedic Center office, which opened on Turfway Road in late August. Dr. Michael Rohmiller, with the Cincinnati Spine Institute, will also be performing orthopaedic spine surgery at St. Elizabeth Florence.

St. Elizabeth Healthcare is partnering with its medical staff to develop a fully integrated, multi-disciplinary spine program at its Florence campus, including the services of physical therapists, interventional radiologists and pain management specialists, providing a full continuum of care to patients with spinal ailments.

St. Elizabeth Receives Recertification as Primary Stroke Center *Recognition demonstrates measurable commitment to quality*

St. Elizabeth Florence, Ft. Thomas, Edgewood and Covington have all earned the Gold Seal of Approval™ for stroke care and primary stroke center recertification by the Joint Commission. This distinction was earned after an on-site review was conducted at each location in August and October.

The Joint Commission's primary stroke center certification is based on

the recommendations for primary stroke centers published by the Brain Attack Coalition and the American Stroke Association's statements/guidelines for stroke care. St. Elizabeth has demonstrated that its stroke care programs follow national standards and guidelines that can significantly improve outcomes for stroke patients.

"We are very proud to earn this distinction," says Stroke Program

Coordinator Nancy Tillett, R.N. "The Gold Seal of Approval for stroke care from the Joint Commission is an excellent example of how St. Elizabeth Healthcare provides the highest quality of care to Northern Kentucky."

According to the American Stroke Association, each year about 795,000 people experience a new or recurrent stroke, which is the nation's third leading cause of death. On average,

someone suffers a stroke every 40 seconds and someone dies of a stroke every four minutes. Stroke is a leading cause of serious long-term disability in the United States. Americans will pay approximately \$73.7 billion in 2010 for stroke-related medical costs and disabilities.

A list of Joint Commission-certified programs is available online at www.jcaho.org.

Annual Report Now Available Online

The Northern Kentucky Health Department's fiscal year 2009 - 2010 annual report is now available online. The report covers activities from July 2008 through June 2010.

Highlights from the report include:

- The response to the 2009 swine flu pandemic, which led to the largest vaccination effort by the Health Department ever

- An increased demand for services, particularly in the WIC (Women, Infants and Children) nutrition supplement program, as the local economic situation worsened
- The first updates to the Kentucky Food Code since 1976, which required education for local food services providers
- A collaborative effort with Boone County child care centers to improve physical activity and nutrition
- An increase in revenue of more than \$1.1 million, or 7 percent, bringing the Health Department's annual revenue to slightly more than \$16.7 million

To read the report, please visit <http://www.nkyhealth.org/annualreport>.



The 2009-2010 Annual Report includes highlights from the Health Department's response to the 2009 swine flu pandemic.



It's time for a little *give* and *take*.

You *give* so much to your family, job...

Remember, to *take* care of yourself by getting a mammogram each year.

We'll even *give* you a \$10 gift card if you are eligible and between the ages of 40 and 64.

For details, visit www.nkyhealth.org or call 859/363-2076

Welcome Dr. Saddler!



Dr. Lynne Saddler

Please join us in welcoming Dr. Lynne Saddler, who began work on September 7, 2010, as the Health

Department's District Director of Health.

Saddler comes to Northern Kentucky from Polk County, Fla., where she served as the county's Assistant County Public Health Department Director.

In Northern Kentucky, she oversees a staff of almost 200 employees and a budget of more than \$16 million. Some of Dr. Saddler's first priorities include preparing for national public health accreditation and dealing with reductions in state funding.

Dr. Saddler often represents the Health Department in the community, while working closely with the members of the District Board of Health, as well as with members of the Local Boards of Health in Boone, Campbell, Grant and Kenton counties.

Northern Kentucky Health Department

Earl Parker Robinson Boone County Health Center

7505 Burlington Pike
Florence, KY 41042
phone: 859/363-2060
fax: 859/647-3594

District Administrative Office

610 Medical Village Dr.
Edgewood, KY 41017
phone: 859/341-4264
fax: 859/578-3689



NORTHERN KENTUCKY
INDEPENDENT DISTRICT
HEALTH DEPARTMENT

Program Schedule

Expand Your Horizons!

You may register on-line, in person or mail in, beginning Tuesday, January 11, noon-6 PM.

■ **On-line registration:**
www.boone.kyschools.us,
Select District Office,
Choose Community
Education

■ **In-Person Registration**
will be held noon-6 PM,
Tuesday, January 11
Boone County
Board of Education
8330 US Highway 42
Florence, Kentucky
41042

■ **Mail-in Registration:**
Boone County Schools
8330 US 42
Florence, KY 41042
Attn: Community
Education Department

Community Partners:

Boone County Board of
Education

Boone County Adult
Education

Boone County Cooperative
Extension Service

Boone County Parks
Department

Boone County Public Library

Walton-Verona Board of
Education

EXPAND YOUR CREATIVITY

NEW! BASKET – TRADITIONAL EGG

Depending on the weaver's style, this basket will measure approximately 13" long, 9" wide and about 9" tall with the handle. Use of dyed reed to accent your basket may be used if desired. A selection of different colors and sample baskets of ways to use these colors will be available. Experience the traditional art of basket weaving. Weave your own unique family heirloom! All supplies will be included. For a picture of the basket, email pankenbauer@boonecountyky.org. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, P.O. Box 566, Burlington, KY 41005.

\$38
Mondays, March 21 - April 4
6-9 PM
Old Parks Office – Burlington
Jo Ann Wess

BASKET — SIX-SIDED PATCHWORK

The 10" squared base has a twill pattern made in contrasting smoked and natural reed. The sides of the basket have a flat/smoked inner wall and an outer smoked/natural/sea grass wall; two wooden handles on each side. Finished size is approximately 10"x10"x8", not including handles. Weave your own unique family heirloom! For a picture of the basket, email pankenbauer@boonecountyky.org. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, P.O. Box 566, Burlington, KY 41005.

\$48
Mondays, February 28 - March 14
6 -9 PM
Old Parks Office
JoAnn Wess

NEW! BOW MAKING Never have to buy another bow again.

Learn to make bows for gift wrapping or for decorating. Supplies included — all you need to bring is a pair of scissors. Ages 10 years and up.

\$25
Monday, March 28
6 - 8 PM
Boone County High School
Carole Pagano

CHOCOLATE HEART BOX WITH CANDIES

You will make a candy box out of chocolate. Then make some small candies to put inside. Candy mold included. Great for Valentine's Day. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$23
Thursday, February 10
7 - 9 PM
Conner Middle School
Mary Jean Gunter

COOKING ITALIAN SAUCES IN YOUR OWN KITCHEN

Learn how to prepare various Italian sauces — reds, whites and pesto. You will prepare and sample those wonderful sauces that you learn to create. All supplies included in class fee. Bring small containers to class to take home your samples.

\$45
Monday, January 24
6 - 9 PM
Boone County High School
Carole Pagano

COOKING ITALIAN APPETIZERS AND DESSERTS

Learn the art of Italian starters to a meal and the ending of your meal with an Italian dessert. All supplies included in class fee. Bring small containers to class to take home your samples.

\$45
Monday, March 14, 6 - 9 PM
Boone County High School
Carole Pagano

COOKING ITALIAN — MEAT

Samplings of several specialty meat items seen on many Italian restaurant menus: Chicken Romano, Veal Milanese, Saltimbocca. Instructions and recipes will be made available to all participants. Bring small containers to class to take home your samples.

\$50
Monday, February 28
6 - 9 PM
Boone County High School
Carole Pagano

COOKING ITALIAN — PASTAS

Tasting of several Italian pasta items with take-home recipes and instructions for each. Examples are ravioli, gnocchi, pasta forno, parmigiana. All supplies included in class fee. Bring small containers to class to take home your samples.

\$50
Monday, February 7
6 - 9 PM
Boone County High School
Carole Pagano

CROCHET

In this four-week course, the basic techniques of crocheting will be taught and/or reviewed. Beginners, as well as those with some experience, are welcome. Beginners should bring a skein of worsted weight yarn and a size 'H' crochet hook to the first class. Others may bring a project of their choice. Class size is limited to 12.

\$35
Tuesdays, January 25 - February 15
6 - 8 PM
Conner Middle School
Ann Thompson

CUPCAKES FOR ALL OCCASIONS

Each student will decorate 6 - 8 cupcakes for all occasions from birthdays to holidays and seasonal. Various icings will be used — from buttercream to fondant. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$33
Thursday, April 28, 7 - 9 PM
Conner Middle School
Susan Zugehoer

CUPCAKES GALORE

We will decorate cupcakes with flowers on top, or make animals, lion, dog, pig, etc. Try something new and different. Be sure to bring a container to take your cupcakes home. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$36
Thursday, February 24, 7 - 9 PM
Conner Middle School
Mary Jean Gunter

RAG RUG WEAVING —

Beginners - Right Handed
For those of you who are right handed only. If you are looking for a way to use those scraps of fabric you have been saving, this is the class for you. You will learn the old art of rag rug weaving. Bring to class: three pre-washed one-and-a-half yard pieces of different color or pattern cotton fabric (no stretch fabric). Needle/shuttle and book is included in tuition. You will weave an oval rug. Class is limited to 8.

\$50
Monday & Tuesday, March 7 & 8
6 - 8 PM; **OR**
Monday & Tuesday, March 14 & 15
6 - 8 PM; **OR**
Monday & Tuesday, March 21 & 22
6 - 8 PM
Conner Middle School
Louise Grivetti



Expand Your Creativity, cont.

NEW! **RAG RUG WEAVING**
Beginners - Left Handed

For those of you who are left handed only. If you are looking for a way to use those scraps of fabric you have been saving, this is the class for you. You will learn the old art of rag rug weaving. Bring to class: three pre-washed one-and-a-half yard pieces of different color or pattern cotton fabric (no stretchy fabric). Needle/shuttle and book is included in tuition. You will weave an oval rug. Class is limited to 8.

\$50
Monday & Tuesday, March 7 & 8
6 - 8 PM; **OR**
Monday & Tuesday, March 14 & 15
6 - 8 PM; **OR**
Monday & Tuesday, March 21 & 22
6 - 8 PM
Conner Middle School
Koren Schrand

RAG RUG WEAVING -
ADVANCED

If you are looking for a way to use those scraps of fabric you have been saving, this is the class for you. You will learn the old art of rag rug weaving. You will need to bring to class: three pre-washed one-and-a-half yard pieces of different color or pattern cotton fabric (no stretchy fabric). You will weave a round rug. You must have taken the Rag Rug Weaving Beginner's Class. Class is limited 8.

\$50
Monday & Tuesday, March 28 & 29
6 - 8 PM; **OR**
Monday & Tuesday, April 4 & 5
6 - 8 PM
Conner Middle School
Louise Grivette

SEAT CANING

An 8-session course that will teach participants various techniques of seat caning. Learn how to use natural cane to re-weave seats of antique chairs, stools, etc. Please bring chair to first class. Materials may be purchased through the instructor. Maximum of 14 people.

\$45 PLUS cost of materials
Tuesday and Thursdays
January 13 - February 8
6:30 - 9 PM
Conner Middle School
Sharon Mason

NEW! **WOVEN GLASS BEAD**
BRACELET

Create your own easy, fun and unique woven bracelet unlike anything you have ever seen! All materials are included.
\$35
Thursday, March 17, 6:30 - 8:30 PM
Gray Middle School
Jessica Wainscott

ADVANCE YOUR
SKILLS

MICROSOFT ACCESS

Students will learn the basics of Microsoft Access 2007 in this two-evening class. Create a database using tables, queries, forms and reports to store and utilize your information.

\$80
Monday & Tuesday,
February 28 & March 1, 5:30 - 8:30 PM
Ryle High School
Ruth Davis

MICROSOFT EXCEL I

Students will learn the basics of Microsoft Excel 2007 in this two-evening class. Topics will include, but not limited to, creating and saving spreadsheets, formatting and editing, calculating formulas and inserting charts.

\$80
Monday & Tuesday, February 7 & 8
5:30-8:30 PM
Ryle High School
Ruth Davis

MICROSOFT EXCEL II

A continuation of Introduction to Microsoft Excel 2007 for those students who want a more in-depth look into Excel. In this two-evening class, advanced concepts will be taught including changing worksheet appearance, advanced formulas, auto-fractions and worksheet organization.

\$80
Tuesday & Thursday, February 15 & 17
5:30-8:30 PM
Ryle High School
Ruth Davis

NEW! **MICROSOFT**
OUTLOOK (2007)

We all use Outlook. It's easy. You can answer email, save your contacts, arrange your schedule, and organize your files in various folders. BUT are you using it to manage your entire workflow? You can. Learn how to customize Outlook to meet your needs.

\$50
Monday & Tuesday, March 21 & 22
6 - 8 PM
Florence Elementary School
Billie McKee

MICROSOFT WORD I

Students will learn the basics of Microsoft Word 2007 in this two-evening class. Topics will include, but not limited to, creating and saving documents, editing text and graphics and creating and editing tables.

\$80
Monday & Tuesday, January 24 & 25
5:30-8:30 PM
Ryle High School
Ruth Davis

MICROSOFT WORD II

A continuation of Introduction to Microsoft Word 2007 for those students who want a more in-depth look into Word. In this two-evening class, advanced concepts will be taught including formatting tables, letters, envelopes and labels, headers & footers, mail merges, and e-mail attachments.

\$80
Monday & Tuesday
January 31 & February 1
5:30-8:30 PM
Ryle High School
Ruth Davis

POWERPOINT

PowerPoint 2007, a complete presentation graphics program. Students will learn to customize presentations using design templates, clip art, animation schemes and custom backgrounds.

\$80
Tuesday & Thursday, January 18 & 20
5:30-8:30 PM
Ryle High School
Ruth Davis

EXPLORE YOUR
INTERESTS

BALLROOM DANCING FOR
WEDDINGS

A beginner's course FOR THOSE WANTING Fox Trot, Waltz, Tango and slow partner for the wedding crowd! Partners HIGHLY recommended. Smooth soled shoes required.

\$50 each
Tuesdays, January 25 - February 15
7:30 - 8:30 PM
Erpenbeck Elementary School
Carolyn Rollin

DANCE WORKOUT

Get in shape, learn to dance and meet new friends. Dance Workout is a high energy dance class that combines dance and exercise to promote a healthy lifestyle. Learn Cha-Cha, Samba, Salsa, Swing and Hip-Hop. Participants will spend the majority of the class time involved in physical participation. Partners are not required. Comfortable shoes with suede or leather soles are recommended.

\$45
Tuesdays, January 25 - March 1
7 - 8 pm
Florence Elementary
Sophy Kdep

DIGITAL PHOTOGRAPHY I

This class is a basic course for beginners or amateurs with limited experience in photography. You will learn the rules of composition and automatic exposure for candid "photo taking." Students must own an SLR or a basic Digital Camera. Tutorial CD is included in tuition.

\$55
Tuesdays, March 1 - 29
6 - 8 PM
Florence Elementary
Domenico Vassallo

DIGITAL PHOTOGRAPHY II

This class is an intermediate course for amateurs with 2 or more years of experience in digital photography. You will learn all the technical aspects of beautiful "picture making." Students must own an SLR and have access to a computer. Tutorial CD included in tuition.

\$60
Thursdays, March 3 - 31
6 - 8 PM
Florence Elementary School
Domenico Vassallo

DIGITAL PHOTOGRAPHY
EDITING

This class is for beginners and advanced students who want to fix and enhance their pictures using photoshop elements or a similar software. Some experience with PC required. Tutorial CD with photos is included.

\$65
Mondays, February 28 - March 28
6 - 8 PM
Florence Elementary School
Domenico Vassallo

FLY FISHING BASICS

Beginner's guide to fly-fishing — covers gear, tackle, knot tying and fly casting. Class limited to 12 students. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$10
Saturday, April 16
10 AM - 4 PM
Boone County Parks Department
Northern Kentucky Fly Fishers

INSTANT GUITAR FOR
HOPELESSLY BUSY PEOPLE

Have you ever wanted to learn the guitar but simply can't find the time? In just a few hours you can learn enough about playing the guitar to give you years of musical enjoyment, and you won't have to take private lessons to do it. This crash course will teach you some basic chords and get you playing along with your favorite songs right away. Guitar Workbook and practice CD included in fee.

\$55
Monday, January 31
6:30 - 9 PM
Gray Middle School
Mark Jaccus

NEW! **SMOOTH LATIN**
DANCING

A beginner's course to include the Rumba (never met anyone who didn't like it once they understood the basic step!!) and the American style Tango, a must for any dancer! Partners HIGHLY recommended and smooth soled shoes required (no tennis shoes).

\$50 each
Tuesdays, January 25 - February 15
8:30 - 9:30 PM
Erpenbeck Elementary School
Carolyn Rollin

SO YOU'VE ALWAYS WANTED
TO WRITE A NOVEL. . .

If you've ever wondered what it's really like to create your own world and get to rule it (at least on paper) this is your chance to find out from an award-winning author of 25 published novels. From "Where do the ideas come from?" to "How do you research?" — get your questions answered. Minimum of 5 students required to hold session.

\$20
Tuesday, March 1
6:30 - 8:30 PM
Camp Ernst Middle
Patricia McLinn

SPANISH FOR THE EVERYDAY WORLD - LEVEL I

This four-week course is designed to provide an introduction to the Spanish language, with emphasis on basic, "real world" communication and everyday phrases.

\$40
Mondays, January 24 - February 14
6:30 - 8:30 PM
Boone County High School, **OR**
Thursdays, February 10 - March 3
6:30 - 8:30 PM
Conner Middle School
Cordy Fuentes

SPANISH FOR THE EVERYDAY WORLD-LEVEL II

This four-week course is designed to provide a continuation to Level I Spanish, with the emphasis on "real world" communication, advanced phrases and usage. This class may prove especially helpful to not only the general public, but also to professionals such as educators, police officers, health care personnel, government employees, etc.

\$40
Mondays, February 28 - March 21
6:30 - 8:30 PM
Boone County High School, **OR**
Thursdays, March 10 - March 31
6:30 - 8:30 PM
Conner Middle School
Cordy Fuentes

SPLIT ROCK CONSERVATION PARK HIKE

Experience the beauty and diversity of Split Rock Conservation Park. Join this exciting and educational outdoor program for people of all ages to experience our local natural treasures. A guided, interpretive hike will allow everyone to investigate one of Northern Kentucky's most unique natural areas. Experience native grasslands, forest and wetlands as well as the famous Split Rock glacial formation deposited in this area over one hundred thousand years ago.

\$10
Saturday, April 30
9 AM - Noon
Split Rock Conservation Park
Mark Jacobs

NEW! WEST COAST SWING

A beginner's class starting with the basics and then into turns and spins. Fun, fun, fun! If you like traditional swing you will love this! Partners HIGHLY recommended and smooth-soled shoes a must.
\$50 each
Tuesdays, January 25 - February 15
6:30 - 7:30 PM
Eperbeck Elementary School
Carolyn Rollin

WRITING NOVELS – THE REALITY OF FICTION

In this introduction to the world of writing novels, learn about commercial genres, reader expectations, the necessity of structure, keeping yourself on track and a glimpse into the world of publishing. Taught by an award-winning novelist. Minimum of 5 students required to hold session.

\$20
Thursday, March 3
6:30 - 8:30 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION SERIES

WRITING FICTION: STRUCTURE
Learn the framework for dramatic writing structure. How to make it work for your story. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive waiver from instructor to register for class. Minimum of 5 students required to hold session.

\$30
Thursday, March 10
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION: CHARACTERIZATION

Create realistic and memorable characters. Add point of view, goals, motivation, conflict to your tools. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive a waiver from instructor to register for class. Minimum of 5 students to hold class.

\$30
Tuesday, March 15
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION: PLOT

Bring characters and structure together into a coherent whole. Scene and sequence, reversals, subplots. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive a waiver from instructor to register for class. Minimum of 5 students to hold class.

\$30
Thursday, March 17
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION: DIALOGUE

Make your characters do more than talk — get them to speak to the readers. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive a waiver from instructor to register for class. Minimum of 5 students to hold class.

\$30
Tuesday, March 22
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION: DESCRIPTION & SETTING

Turn description from a potential black hole to a tool that serves your story. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive a waiver from instructor to register for class. Minimum of 5 students to hold class.

\$30
Thursday, March 24
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION: THE BIG FINISH

Pulling off a memorable finish. Add the final elements that make or break your fiction. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive waiver from instructor to register for class. Minimum of 5 students required to hold session.

\$30
Tuesday, March 29
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION: THE BUSINESS OF PUBLISHING

Markets, proposals, revisions and royalties. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive a waiver from instructor to register for class. Minimum of 5 students to hold class.

\$30
Thursday, March 31
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION: TOTAL SERIES OPTION

Want to take all Writing Fiction classes but do not want to pay full price? Here is your chance. Classes from Structure to The Business of Publishing all for one price. Students must have taken "So You've Always Wanted to Write a Novel..." class or receive a waiver from instructor to register for class. Minimum of 5 students to hold class.

\$180
6:30 - 9 PM
Thursday, March 10
Tuesday, March 15
Thursday, March 17
Tuesday, March 22
Thursday, March 24
Tuesday, March 29
Thursday, March 31
Camp Ernst Middle School
Patricia McLinn

NEW! WRITING FICTION: SO WHY AREN'T YOU WRITING?

You want to write. You know how to write. But you're not writing. It's time to change that. Tips, how-tos, hints and strong-arming methods to get past the roadblocks and get that story out of your head and onto the page. From an author who has used every trick to produce 27 published novels. Must have taken "Writing Fiction Series" or receive waiver from instructor. Minimum of 5 students to hold class.

\$30
Monday, March 7
6:30 - 9 PM
Camp Ernst Middle School
Patricia McLinn

ENHANCE YOUR WELLBEING

ADULT GOLF EDUCATION

Get into the swing of things with this five-session fun class. This class will cover all aspects of the game including the breakdown of the full swing. Class size is limited to 10 people.

\$80
Tuesdays & Thursdays,
March 15 - March 29
6:15 - 7 PM
Brian Nitschke

DODGEBALL FOR AGES 25 & OVER

Remember when you played this as children? Well, it's back with a new twist. It's fast! It's fun! This six-week session will follow National Dodgeball Association guidelines and equipment. Teams will be picked by lottery each week. Pay online with credit card or Make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$20
Tuesdays, January 25 - March 1
7 - 8:30 PM
Goodridge Elementary School
Boone County Parks and Recreation

JUNIOR GOLF EDUCATION

This five-session fun class will teach your child about the game of golf. The class will cover structured golf curriculum aspects of the game and excite young people about golf while instilling values integral to the game. Ages 5 and up. Class size is limited to 8.

\$80
Tuesdays and Thursdays
March 15 - March 29
5:30 - 6:15 PM
Brian Nitschke

LADIES SELF DEFENSE

Students will learn easy to use techniques that require little to no strength.

\$30
Monday, April 18
7 - 9 PM
Camp Ernst Middle School
Shawnie Haskell

VOLLEYBALL FOR AGES 25 AND OVER

Volleyball players ages 25 and over are invited to join us for 6 weeks of open volleyball. Park staff will organize teams upon your arrival for an evening of volleyball. National Federation of High School Rules govern. Program limited to 20. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$30
Mondays, January 31 - March 14
(No Class on Feb. 21)
6:30 - 8:30 PM
Goodridge Elementary School
Boone County Parks and Recreation

IMPROVE YOURSELF

A WOMAN'S GUIDE TO MONEY VALUES

Learn about investing by translating your values into goals. Women can get all their questions answered about investing their hard earned money!

\$5
Tuesday, March 22
6:30 - 8 PM
Gray Middle School
Kelly Malatesta

Improve Yourself, cont.

ACADEMIC SKILLS IMPROVEMENT

Individualized refresher course on grammar, math, and/or reading skills. Prepare yourself for job placement, job promotion, post-secondary education, and/or self-improvement.

No cost
Call 282-4629 for times and dates
Adult Education Center
Gateway Comm. & Tech. College
Adult Education Staff

BASIC READING ASSISTANCE

Private tutoring sessions for qualified adult learners to improve their reading and/or writing skills. This service is available Monday through Friday by appointment.

No cost
Call 282-4629 for times and dates
Boone County Adult Education Center
Boone County Adult Education Staff

CITIZENSHIP CLASSES

Take the opportunity to study for the United States Citizenship test. Course covers the steps necessary to apply for U.S. citizenship, where to get the forms, and a review of information needed to pass the test.

No cost
Call 282-4629 for times and dates
Adult Education Center
Adult Education Staff

CIVICS

This class offers international students the opportunity to learn more about our city, county, state, and federal government and how it works. Classes are designed to familiarize international adults with local services, such as banking, schools, etc.

No cost
Call 282-4629 for times and dates
Adult Education Center
Adult Education Staff
Mann Elementary
Janis Linville

ENGLISH AS A SECOND LANGUAGE

Adult students learn to speak and use English, learn about other cultures and meet new people. Proper pronunciation, grammar and conversation skills, and skills needed to obtain employment will be covered. Students are encouraged to use the computer-aided English lessons in addition to attending class.

No cost
Call 282-4629 for times and dates
Adult Education Center
Adult Education Staff

G.E.D. (HIGH SCHOOL COMPLETION)

Boone County Adult Education offers sessions to prepare for the G.E.D. test. Individualized instruction offered at no cost. The Adult Education Center is a certified G.E.D. "test-readiness" site and "official" G.E.D. testing site. Cost of test is \$50.

Call 282-4629 for times and dates
Adult Education Center

WORKPLACE BASIC SKILLS

This service improves math, reading, and writing skills for a new job, job training, advancement and/or promotion. Assessment included. Remedial assistance provided. Pre-employment testing available by appointment.

No cost
Call 282-4629 for times and dates
Adult Education Center
Gateway Comm. & Tech. College
Adult Education Staff

ENCOURAGE YOUTH AND FAMILY

BABYSITTING

This excellent 8-hour course is designed for girls and boys, ages 11 and older. The course focuses on the responsibilities of a babysitter: how to prepare for a job, accident prevention, safe toys and games, diapering, feeding, emergency first aid, rescue breathing and choking prevention procedures, and other safety topics. Participants receive an American Red Cross certificate upon completion. Participants must complete the required number of hours to receive certificate, and must attend all four classes; there will be no make-up classes. Class size is limited to 10. Please bring all required supplies to first class.

\$50
Thursdays, February 3 - 24
6 - 8 PM

Boone County High School

OR
Thursdays, March 10 - 31
6 - 8 PM

Jill Coulter
Conner Middle School

ENGLISH LANGUAGE INSTRUCTION FOR PARENTS

Come join us to learn introductory English. Childcare will be provided. Contact Melissa Raper at 282-4620 to register.

Free
Wednesdays, 6 - 7 PM
Beginning January 12
Ockerman Elementary

KENTUCKY INDIVIDUAL LEARNING PLAN (ILP) INFORMATION SESSION

The web-enabled Individual Learning Plan (ILP) helps secondary students (grades 6-12) better focus their coursework on individual goals as they prepare for postsecondary studies and careers. This session provides hands-on experience for parents/students. There is no charge for the session, but registration is required.

No charge

Boone County High School

Monday, February 14, 6 - 7 PM

Conner High School

Tuesday, January 25, 6 - 7 PM

Cooper High School

Wednesday, January 19, 5 PM

Tuesday, February 22, 5 PM

Ryle High School

Monday, February 21, 5 - 6 PM

Conner Middle School

Tuesday, January 18, 6 PM

Gray Middle School

Thursday, January 27, 7 - 8:30 PM

Ockerman Middle School

Thursday, February 24, 7 - 8:30 PM

R.A. Jones Middle School

Thursday, January 27, 6:30 - 8:30 PM

Walton-Verona High School

Monday, February 28, 6 PM

START SMART BASKETBALL

This program is offered for 3 to 5 year olds along with a parent or other adult and will include basics of Kentucky's favorite pastime. The program will run for 7 weeks (the first week is a "parent-only" meeting) each child will receive a jersey, 4 cones, soft basketball, mini-basketball and learning manual. This class fills fast. Enrollment is limited due to space. More details about this national program can be found at www.nays.org. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$62
Thursdays, February 3 - March 17
6 - 7 PM

First week for parents only
Maplewood School
Boone County Parks Department

START SMART SPORTS DEVELOPMENT

A 7-week (first week is a "parent only" meeting) instructional program which helps parents work one-on-one with their 3 - 5 year old child teaching motor skills like throwing, catching, kicking and hitting. A parent or other adult must attend each session with their child. This class fills fast. Enrollment is limited due to space. More details about this national program can be found at <http://www.nays.org>

Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005

\$42
Wednesdays, February 2 - March 16
6 - 7 pm

First week for parents only.

Maplewood School
Boone County Parks Department

TAE KWON DO FOR KIDS AND ADULTS

This 4-week class is designed to improve the physical and mental skills of junior and adult students; provide self-defense training and increase self-esteem. We encourage parents to participate with their children. Self control and discipline will be promoted. Class size limited to 20. Pay online with credit card or make check payable to Boone County Fiscal Court and send to: Boone County Parks, PO Box 566, Burlington, KY 41005

\$23
Wednesdays, February 2 - 23

6 - 7 pm, **OR**

7 - 8 pm

Gray Middle School
Boone County Parks Department

THESE LOCATIONS WELCOME COMMUNITY EDUCATION:

- Boone County Adult Education Center
99 Center Street, Florence
- Boone County Arboretum
9190 Camp Ernst Road, Union
- Boone County Cooperative Extension
6028 Camp Ernst Road, Burlington
- Boone County Fair Grounds
5819 Idlewild Road, Burlington
- Boone County High School
7056 Burlington Pike, Florence
- Boone County Public Library
3215 Cougar Path, Hebron
- Boone County Public Library
6028 Camp Ernst Road, Burlington
- Boone County Public Safety Campus
3000 Conrad Lane, Burlington
- Boone County Staff Dev. Center
99 Center Street, Florence
- Boone Woods Park
- Hwy 18 & Veterans Way, Burlington
- Burlington Elementary School
5946 Orient Street, Burlington
- Camp Ernst Middle School
6515 Camp Ernst Road, Burlington
- Central Park
9190 Camp Ernst Road, Union
- Conner High School
3310 Cougar Path, Hebron
- Conner Middle School
3300 Cougar Path, Hebron
- Cooper High School
2855 Longbranch Road, Union
- Crouches Treasure Lake
Lawrenceburg Ferry Road,
Petersburg
- Edgewood City Building
385 Dudley Pike, Edgewood
- Erpenbeck Elementary School
9001 Wetherington Blvd, Florence
- Florence Elementary School
103 Center Street, Florence
- Gateway Community & Technical College
500 Technical Drive, Florence
- The Golf Ranch
5390 Limaburg Road, Burlington
- Goodridge Elementary School
3330 Cougar Path, Hebron
- Gray Middle School
10400 US 42, Union
- Mann Elementary
10435 US 42, Union
- New Haven Elementary School
10854 US 42, Union
- Northern Kentucky Horse Center
13463 Poole Road, Verona
- Ockerman Elementary School
8250 US 42, Florence
- Ockerman Middle School
8300 US 42, Florence
- Old Parks Office
2961 Gallatin Street, Burlington
- Petersburg Community Center
6517 Market Street, Petersburg
- RA Jones Middle School
8000 Spruce Dr., Florence
- Ryle High School
10379 U. S. 42, Union
- Stephens Elementary School
5687 Highway 237, Burlington
- Split Rock Conservation Park
4503 Belleview Rd, Petersburg
- Walton-Verona High School
30 School Road, Walton
- Yealey Elementary School
10 Yealey Drive, Florence

For information

about any of these classes, please visit

our website:

www.boone.kyschools.us,

select District Office, choose

Community Education;

or call 859/282-3314.

Western Regional Conveyance Tunnel Break Through

For more than a year, a 65-ton boring machine has been drilling a six-mile tunnel up to 300 feet below the ground in Boone County. Eventually, more than 20 million gallons of wastewater will flow through the tunnel to the Western Regional Water Reclamation Facility operated by SD1 near the Ohio River. On Thursday, October 28, 2010, the machine — nicknamed the Celtic Tiger — finally broke through the final shaft, four months ahead of schedule.

Work began on the tunnel in June 2009. The nearly \$110,000,000 project includes the installation of approximately seven miles of 8.5 foot diameter pipe. When fully operational the tunnel project will divert

flows off of SD1's existing collection system and reduce sanitary sewer overflows — which typically occur during heavy rainfalls — by 60 million gallons and replace at least 10 pump stations. The tunnel was bored through shale and limestone and runs from central Boone County near Camp Ernst Road west to Route 20 near the Ohio River. It is one of the most ambitious and impressive fetes of engineering, construction and ingenuity in Northern Kentucky history.

Jeff Eger, SD1's Executive Director says, "Infrastructure investments like the Western Regional tunnel can spur economic growth and create jobs. For the construction of the tunnel project alone, approxi-



Members of the crew pose with the "Celtic Tiger" shortly after its break through.

mately 100 people were employed on site — 80% of them being from the local greater Cincinnati region. On average, every job created in rebuilding infrastructure creates over three additional jobs."

The completion of this project is a requirement of SD1's Federal Court Order to reduce sewer overflows. It is the largest single project in the history of SD1.

Terraced Reforestation



Over 40 shrubs and 280 trees will be planted to absorb rainwater.

In May 2010, SD1 began managing the Terraced Reforestation project which involves the construction of a series of vegetated, terraced berms within the I-71/75 right-of-way in the City of Covington. By using reforestation techniques, this project will reduce the amount of storm water runoff that enters the combined sewer system while providing an aesthetic amenity to the community.

The soil that existed at this location will be improved by mixing it with more permeable soil to promote better infiltration. The berms have

been designed to catch runoff from the upstream drainage area. Twelve earthen terraces will be constructed, and over 40 shrubs and 280 trees, as well as eight acres of native seeding will be planted to absorb rainwater.


The Terraced Reforestation project, which is estimated to be completed in early 2011, offers environmental, economic and social benefits. The total construction and engineering costs of \$850,000 are fully funded by ARRA stimulus funds.

Properly Dispose of Unwanted Medications

Take advantage of the drug take-back program by dropping off unwanted or expired drugs to one of the 12 Police Department drop-box locations in our area:

- Boone County, 3000 Conrad Ln., Burlington
- Campbell County, 8774 Constable Dr., Alexandria
- Edgewood, 385 Dudley Rd., Edgewood
- Erlanger, 505 Commonwealth Ave., Erlanger
- Florence, 8100 Ewing Blvd., Florence
- Ft. Thomas, 130 N. Ft. Thomas Ave., Ft. Thomas
- Ft. Wright, 409 Kyles Ln., Ft. Wright
- Highland Heights, 176 Johns Hill Rd., Highland Heights
- Kenton County, 11777 Madison Pike, Independence
- Newport, 998 Monmouth St., Newport
- Park Hills, 1106 Amsterdam Rd., Park Hills
- Villa Hills, 719 Rogers Rd., Villa Hills

SD1



1045 Eaton Drive • Fort Wright, KY 41017
phone: 859/578-7450

Hours of Operation:
Monday-Friday, 8 am - 4:30 pm

Comprehensive Plan Update

Over the past 25 years, Boone County has changed dramatically. What was once a rural community is now a significant partner in Cincinnati's economy. It is a diverse community representing 256 square miles, 40 miles of the Ohio River, historical sites, many parks and scenic topography, international and a host of small businesses and an ever-changing population. Because of this, planning the community's future is critically important, especially during these difficult economic times.

Every five years, residents, business owners and governmental officials have a golden opportunity to chart the community's future. The update of the Boone County



Comprehensive Plan has just begun and the public is invited to participate. In the upcoming months, there will be community conversations and workshops to assist the Boone

County Planning Commission in the preparation of its Comprehensive Plan. Research will be collected and analyzed about our community. It will be available for review and

comment. The Comprehensive Plan describes what the County might look like in 25 years or by the year 2035. The Plan will consist of several chapters involving such topics as population, environment, economy, transportation, business activity, housing, public facilities, recreation and open space, agriculture, preservation and land use.

Information about the process, plan content, workshop dates and how you can get involved is available by contacting our office at 859/334-2196 or by visiting our website at www.boonecountyky.org/pc. Take a few moments to see what might lie ahead for Boone County's future. Be part of the process and get involved.

Cincinnati/Northern Kentucky International Airport

CEO's Corner: John C. Mok Talks About CVG First



John C. Mok, CVG CEO

Our region-wide campaign, "Think CVG First," has been visible on billboards, radio, the web and even in movie theaters. This first-of-its-kind campaign has focused on:

- CVG as the community's airport
- Increasing awareness of better fares
- Thanking loyal customers
- Growing our local customer base

An important part of the campaign is our new airport-wide loyalty program — CVGfirst. By visiting CVGfirst.com travelers can sign up to earn airline miles when they park, shop or dine at CVG. Everyone who signs up by March 15th will be entered to win 100,000 frequent flyer airline miles — it is our way of rewarding our loyal customers.

Travelers can also upgrade to CVGfirst Advantage to get VIP parking privileges and earn free parking.

The CVGfirst campaign is just one part of a larger effort to engage the community at all levels. The Airport and its many community partners have been actively discussing air service growth opportunities with existing CVG airlines and prospective new entrants. Many

airlines have expressed an interest, and we are talking with all of them. Recognizing that capacity throughout the industry is constrained, it will take time to meet our objectives. We are aggressively pursuing all our options to attract additional service.

Remember airlines do not fly to airports, they fly to communities. Therefore, you have an important role in helping CVG succeed. Working together we will be better positioned to increase air service at CVG when the economy rebounds. Your continued support of CVG will go a long way in helping to bring in new carriers, add markets and increase price stability to our region. Thank you for "Thinking CVG First."



Kindergarten Readiness

Recognizing the critical role a child's younger years plays in future achievements, Governor Steven L. Beshear created the Task Force on Early Childhood Development and Education in February 2009. This group released a final report in November 2010. The report contains a school readiness definition as well as readiness indicators.

School readiness means each child enters school ready to engage in and benefit from early learning experiences that best promote the child's success.

These readiness indicators provide an overview of the expectations of primary schools for incoming students and provide guidance to families and communities on how to prepare children for school.

Health and Physical Well-Being

My child:

- Eats a balanced diet
- Gets plenty of rest
- Receives regular medical and dental care
- Has had all necessary immunizations
- Can run, jump, climb, and does other activities that help develop large muscles and provide exercise
- Uses pencils, crayons, scissors, and paints and does other activities that help develop small muscles



Emotional and Social Preparation

My child:

- Follows simple rules and routines
- Is able to express his or her own needs and wants
- Is curious and motivated to learn
- Is learning to explore and try new things
- Has opportunities to be with other children and is learning to play/share with others

- Is able to be away from parents/family without being upset
- Is able to work well alone
- Has the ability to focus and listen

Language, Math and General Knowledge

My child:

- Uses 5-6 word sentences
- Sings simple songs
- Recognizes and says simple rhymes
- Is learning to write her name and address
- Is learning to count and plays counting games
- Is learning to identify and name shapes and colors
- Has opportunities to listen to and make music and to dance
- Knows the difference between print and pictures

- Listens to stories read to them
- Has opportunities to notice similarities and differences
- Is encouraged to ask questions
- Has his television viewing monitored by an adult
- Understands simple concepts of time (night and day, today, yesterday, tomorrow)
- Is learning to sort and classify objects

These indicators represent the hopes and aspirations for incoming students, not the expectations. Children develop at different rates, not every child will have mastered all of the skills and behaviors at the beginning of a primary program.

NOTE: *School readiness skills and behaviors are not to be used to determine school eligibility; all children who meet the legal age requirement are entitled to a public school education.*

DON'T MISS IT!

Early Childhood Fair

February 5, 2011

10 am - 1 pm

Main Branch

Boone County Public Library
Burlington

Born Learning Academies

Success By 6 Boone County is partnering with Boone County Schools to offer Born Learning Academies at Ockerman, Collins, Florence and Goodridge Elementary Schools starting in January and February 2011. Boost your child or grandchild's school readiness by attending an academy! Contact the Family Resource Center at your elementary school to register!

Boone County Success By 6[®]

United Way
SUCCESS BY 6[™]
Boone County, KY

For more information on helping your child be ready for success by age 6, call Boone County Success By 6[®]

859/534-5810

FLORENCE UPCOMING EVENTS WINTER/SPRING 2011



CHRISTMAS TREE PICKUP, DROP-OFF AND RECYCLING

Wednesday, January 5 and Saturday, January 8

The City of Florence Public Services Department will provide curbside pickup of Christmas Trees for Florence residents on Wednesday, January 5 between the hours of 7am and 5 pm. Residents are asked to place their trees on the curb by 7 am (the trees will be taken to a collection point and mulched.) If the Public Services Department must run its snow routes to treat roads, tree pickup will occur the day after the roads have been cleared. Florence residents may also bring their Christmas Trees to the former city building site located on U.S. 42 (between the library and Florence Nursery) on Saturday, January 8 before 8 am for mulching (available to residents at no charge). Call 647-5416 or go to www.florence-ky.gov.



DR. MARTIN LUTHER KING JR. PROGRAM Monday, January 17 at 3 pm

The City of Florence will hold its annual Martin Luther King, Jr. Day Program on Monday, January 17 at 3 pm at the Florence Government Center (8100 Ewing Boulevard). Call 647-5439 or go to www.florence-ky.gov.



CPR CLASSES Saturday, January 22 and Saturday, April 23

The City of Florence Fire/EMS Department will conduct CPR classes on Saturday, January 22 and Saturday, April 23 from 9 am-1 pm at the firehouse on Weaver Road. Call 647-5660 or go to www.florence-ky.gov.



PRESIDENTS DAY DISPLAY Monday, February 21

The City of Florence celebrates Presidents Day on Monday, February 21. Stop by the Florence Government Center (8100 Ewing Boulevard) to view the display of United States Presidents, Vice Presidents, and First Ladies and answer trivia questions throughout the business day from 9 am to 4 pm. Call 647-5439 or go to www.florence-ky.gov.



STUDENT AMBASSADOR PROGRAM Tuesday, March 1

Applications for the City's Student Ambassador Program are due on Tuesday, March 1. Applications are available at Florence middle and high schools and also at www.florence-ky.gov for students in grades 6-12. Florence residents will be selected to represent the City and the youth in the community at City-sponsored events and various Northern Kentucky community events. Call 647-5439 or go to www.florence-ky.gov.



CITIZENS POLICE ACADEMY Wednesday, March 2-Wednesday, April 20

The City of Florence Police Department will hold its annual Citizens Police Academy on Wednesday, March 2-Wednesday, April 20 for participants to learn first hand from police officers and guest speakers about traffic violations, building searches, interviewing suspects, and many other topics. The eight-week course meets each Wednesday at the Florence Government Center (8100 Ewing Boulevard). Call 647-5420 or go to www.florence-ky.gov.



ON OUR OWN-RED CROSS CLASS Thursday, March 3

The City of Florence Fire/EMS Department will conduct the On Our Own-Red Cross Class (ages 7-12) on Thursday, March 3 at the firehouse on Weaver Road. Deadline to register is Friday, February 18. Call 647-5660 or go to www.florence-ky.gov.



YOUTH IN GOVERNMENT PROGRAM Tuesday, March 15

The City of Florence will host its annual Youth in Government Program on Tuesday, March 15 from 5:30-7 pm in the Community Rooms of the Florence Government Center (8100 Ewing Boulevard). The program is open to all ages and will provide those who attend an opportunity to learn about the role local government plays within their community. City departments will provide presentations of their roles in the local government process and students learn the legislative duties of the Mayor and City Council. The event will continue during the weekly Florence City Council meeting at 7 pm in the Council Chambers. Mayor Diane E. Whalen will recognize those in attendance. Call 647-8177 or go to www.florence-ky.gov.



BASIC FIRST AID TRAINING FOR LITTLE PEOPLE-RED CROSS CLASS Thursday, March 17

The City of Florence Fire/EMS Department will conduct the Basic First Aid Training for Little People-Red Cross Class (ages 4-8) on Thursday, March 17 from 6-8 pm at the firehouse on Weaver Road. Deadline to register is Friday, February 18. Call 647-5660 or go to www.florence-ky.gov.



BASIC FIRST AID CLASS Thursday, March 24 and Thursday, March 31

The City of Florence Fire/EMS Department will conduct a two-night basic first aid class (ages 8-12) on Thursday, March 24 and Thursday, March 31 at the firehouse on Weaver Road. Deadline to register is Friday, February 18. Call 647-5660 or go to www.florence-ky.gov.

FLORENCE UPCOMING EVENTS WINTER/SPRING 2011



TENNIS CLINICS April 12-May 30

The City of Florence offers Tennis Clinics at Lincoln Woods courts. Registration forms are sent through schools and are available in the lobby of the Florence Government Center (8100 Ewing Boulevard) or on the City's webpage at www.florence-ky.gov. Register for clinics directly through instructor Tim Mitchell at 513/328-8811 or at 513/541-9811 (class days, times, fees, etc.). Call 647-5439 or go to www.florence-ky.gov.



GREAT AMERICAN CLEANUP Saturday, April 23

The City of Florence Great American Cleanup will be held on Saturday, April 23 and provides an opportunity for people to volunteer and clean litter along designated roadsides within the City limits. Join the City during this national service project and receive a light breakfast, lunch, and t-shirt. Call 647-5416 or go to www.florence-ky.gov.



EASTER EGG HUNT Saturday, April 23

The City of Florence will hold its annual Easter Egg Hunt on Saturday, April 23 at Champion Window Field (off of Freedom Way), home of the Florence Freedom. Sponsored by the Florence Police Department and in conjunction with the Florence Freedom, costumed characters will be on hand for photographs at 11 am followed by the egg hunt at noon (conducted by age groups). The free program is designed for children up to age 10. Call 647-5420 or go to www.florence-ky.gov.



SPRING CLEANUP April 25-May 1

City of Florence residents (must show proof of residency) may bring their unwanted trash and debris (excluding hazardous waste) April 25-May 1 to the Public Services Maintenance Facility located at 7851 Tanners Lane (across from the Florence Government Center), for disposal. No fee or registration required. Call 647-5416 or go to www.florence-ky.gov.



SAFE SITTER BABYSITTING CLASSES Saturday, May 7

The City of Florence holds Safe Sitter babysitting classes throughout the year from 9 am-4 pm at the Evelyn Kalb Gathering House at the Florence Nature Park (Banklick Street). Fee is \$40 and students must bring a lunch and drink. Upcoming class: Saturday, May 7. Call 647-5439 or go to www.florence-ky.gov.



ARBOR DAY PROGRAM Saturday, May 14

The City of Florence will hold its annual Arbor Day Program on Saturday, May 14, from 10 am to noon at the Florence Nature Park (Banklick Street). The program includes a brief history of Arbor Day, reading of the City's Arbor Day proclamation, various tree planting activities, and lunch. Call 647-5416 or go to www.florence-ky.gov.



PUBLIC SERVICES NIGHT OUT Tuesday, May 17

The City of Florence Public Services Department will hold its annual Public Services Night Out on Tuesday, May 17 from 4-6:30 pm on Mall Road (between Qdoba Mexican Grill and Stafford Jewelers). This event is hosted in conjunction with National Public Services Week and is an opportunity to raise awareness and recognize the impact Public Works staff has on improving the quality of life within the community. Bring family and friends to enjoy free ballpark-style food, live demonstrations, and see the equipment used every day by the Public Services Department. Call 647-5416 or go to www.florence-ky.gov.



FLORENCE FREEDOM BASEBALL Saturday, May 21

The Florence Freedom baseball team will begin its ninth season in the Frontier League on Saturday, May 21. Call 594-4487 or go to www.florencefreedom.com.



FAMILY AQUATIC CENTER Saturday, May 28-Sunday, August 21

The Florence Family Aquatic Center, located on the campus of the Florence Government Center (8200 Ewing Boulevard), opens its gates on Saturday, May 28. The facility is open from 11 am-7 pm, Sunday-Saturday. Admission is available through the purchase of a season membership or by paying a daily rate. Purchase memberships at a 10% discount until Friday, April 29. Gift cards are available in \$25 increments for admission, programs, or rentals. For rates, rules, times, and more, call 647-4619, 647-5439, or go to www.florence-ky.gov.



MEMORIAL DAY PARADE AND PROGRAM Monday, May 30

The City of Florence will hold its annual Memorial Day Parade and Program on Monday, May 30. The parade begins at 10 am at Boone County High School and ends at the Boone County Veterans Memorial, located on the campus of the Florence Government Center (8100 Ewing Boulevard). Parade registration forms are available at the Government Center or download it from www.florence-ky.gov. The memorial service begins at 11 am at the Boone County Veterans Memorial. Call 647-5439 or go to www.florence-ky.gov.

ONGOING PROGRAMS IN FLORENCE

For more information about any of these programs, visit the City's Activity Guide at www.florence-ky.gov.



AMERICANS SUPPORTING AMERICANS

Ongoing

The City of Florence re-established its relationship with B Company of the 101st Airborne Division, 2nd Brigade 502nd Infantry Unit out of Ft. Campbell, Kentucky as our adopted military unit through Americans Supporting Americans program. The 502nd consists of 134 male soldiers. The City continues to facilitate a community effort to support this unit by accepting donated items including but not limited to the items listed below. Cash donations are also welcome for the purchase of specifically requested items. The Wal-Mart on Houston Road pays for the city's shipping costs.

Crystal Gatorade	Gum and hard candy	White t-shirts
Baby wipes	Seasonal items	Sunglasses
Tums	Games	Chapstick
Writing paper	Dried fruits and nuts	Sewing kits
Hand sanitizer	Sweatshirts & pants	Gold Bond Powder
Eye drops	Paperback books	Aspirin
Pens	Beef jerky	Towels & washcloths
Sunscreen	Cotton socks	Toiletries of all kinds
Current magazines	Movies on DVD	Imodium
Crossword puzzles	Sunflower seeds	

Those who would like to participate may also send cards, letters, and pictures to the City for our military unit. Donations can be dropped off at the Administrative offices of the Florence Government Center (8100 Ewing Boulevard), Florence, Kentucky. Call 647-8177 or go to www.florence-ky.gov.



RECYCLING PROGRAM

Ongoing

The City of Florence offers a voluntary subscription recycling program for Florence residents through Rumpke. Call 1-877-786-7537, 647-5416, or go to www.florence-ky.gov.



CHILD CAR SEAT SAFETY CHECK

Ongoing

The City of Florence Fire/EMS Department offers Child Car Seat Safety Checks. Call 647-5660 or go to www.florence-ky.gov.



TAEKWONDO

Ongoing

The City of Florence offers Taekwondo classes. Call Instructor Marsha Gerkin at 781-0995 or go to www.florence-ky.gov.

SNOW EMERGENCY INFORMATION



The City of Florence asks its residents for assistance during the Public Services Department's snow removal operation by moving parked vehicles off of the streets when snow is expected. Florence has one level of snow emergency status, and the primary radio and television stations are notified when the City has declared a snow emergency. In such instances, all on-street parking is prohibited for a period of 24 hours. Call 647-5420 or go to www.florence-ky.gov.

City of Florence



Administration.....859/647-8177
 City Clerk.....859/647-8178
 Finance/Tax.....859/647-5413
 Fire/EMS.....859/647-5660

Parks and Recreation.....859/647-5439
 Police(non emergency).....859/647-5420
 Public Services.....859/647-5416

Reduce Asthma Attacks: Smoke-Free Northern Kentucky

Did You Know...

There are 1,332 visits to the Emergency Room for asthma in Northern Kentucky on average every year?

■ According to the Asthma and Allergy Foundation, asthma is a “disease of the lungs in which the airways become blocked

or narrowed causing breathing difficulty.” Twenty million Americans are affected by asthma.

■ Kentuckians are disproportionately affected by asthma. Nearly 10% of Kentucky adults have asthma, compared to 8.5% in the U.S.

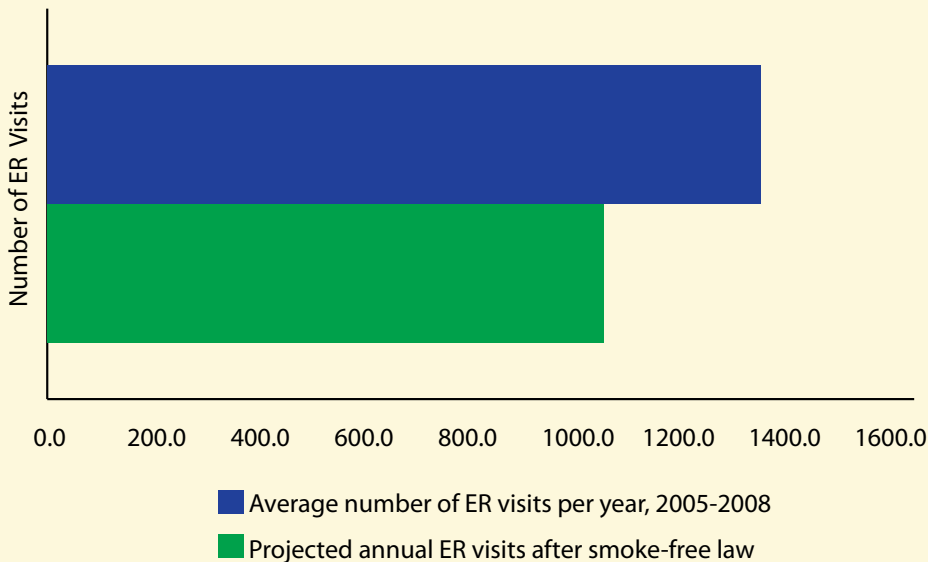
■ Asthma attacks can be triggered by tobacco smoke and may cause up to 26,000 new cases of asthma a year.²

■ With a strong smoke-free law in Northern Kentucky (Boone, Campbell, Kenton counties), the number of Emergency Room visits for asthma could be reduced by **300 each year**.^{4,5}

■ Northern Kentucky would save approximately **\$249,758** every year in health care costs for asthma if strong smoke-free laws were implemented in all three counties.⁴

For more information, contact the Kentucky Center for Smoke-free Policy, University of Kentucky College of Nursing, 859/323-4587, or visit www.kcsp.uky.edu.

Projected Reductions in Emergency Room Visits for Asthma After a Strong Smoke-free Law in Northern Kentucky



Young Woman with Asthma Dies at Work from Secondhand Smoke¹

This could happen to your loved one. A young waitress never returned home from her part-time job at a smoky bar after collapsing from an asthma attack. She was declared dead before she could be transported to the Emergency Room. After an investigation, officials concluded that her death was caused by second-hand smoke exposure while on the job.

¹ Stanbury M, Chester, D, Hanna, EA, & Rosenman, KD. How many deaths will it take? A death from asthma associated with work-related environmental tobacco smoke. *American Journal of Industrial Medicine*. 2008;51:111-116.

² Asthma and Allergy Foundation of America. Asthma Overview, accessed on 12/6/10: <http://www.aafa.org/display.cfm?id=8>.

³ State Health Facts. Kentucky: Adult Self-reported Current Asthma Prevalence, 2008, accessed on 12/6/10: <http://www.statehealthfacts.org/profileind.jsp?rgn=19&ind=87&cat=2>

⁴ Ohio Hospital Association (2006). Asthma - ED Visits Treated and Released, 2005 - 2008.

⁵ Rayens, M. K., P. V. Burkhart, et al. (2008). “Reduction in asthma-related emergency department visits after implementation of a smoke-free law.” *Journal of Allergy and Clinical Immunology* 122(3): 537-541.e533.

Preparing Your Home for Winter

1 Check the exterior, doors and windows

Use weather-stripping around doors to prevent cold air from entering the home, and caulk windows. Follow manufacturer specs on caulking in the winter.

2 Inspect roof, gutter and downspouts

Check flashing to ensure water cannot enter the home. Replace worn roof shingles or tiles. Clean out the gutters and use a hose to spray water down the downspouts to clear away debris. Also, make sure downspouts are carrying water away from the house foundation.

3 Furnace inspection

Change furnace filters — try using a high-efficiency filter that is pleated giving more surface area to capture dirt. Remove all flammable materials from the area surrounding the furnace.



Here are some important tips from the Building Inspector for keeping your home safe and protected this winter.

4 Get the fireplace ready

If the chimney has not been cleaned for a while, call a chimney sweep to remove soot and

creosote. Inspect the fireplace damper for proper opening and closing. Cap or screen the top of chimney to keep out rodents and birds.

5 Wrap those pipes

Before freezing nights hit, make certain that the water to your hose bibs is shut off inside the house and the lines are drained. Also look for other pipes that are not insulated, or that pass through crawlspaces, basements or garages — wrap them with pre-molded foam rubber sleeves or fiberglass insulation available at hardware stores.

6 Add insulation

Adding insulation to your attic, basement or crawlspace helps increase your home's energy efficiency and can help reduce your monthly bills.

7 Install smoke and carbon monoxide detectors

Install a carbon monoxide detector near your gas furnace and water heater. Also buy a fire extinguisher or replace an extinguisher older than 10 years.

What Is a Snow Emergency?

When winter weather impacts our community, Boone County officials use Snow Emergency declarations to advise the public of hazardous conditions. Snow Emergencies are defined at one of the following levels:

LEVEL ONE: Motorists are advised to use caution due to hazardous road conditions resulting from accumulations of snow and/or ice.

LEVEL TWO: Road conditions are extremely hazardous due

to snow and/or ice and essential travel only is advised.

LEVEL THREE: Road conditions are extremely dangerous and travel is restricted to the following purposes: public safety and emergency personnel travel; travel to and from work if required by your employer; and, travel for medical purposes or to obtain necessary provisions. Travel for any other purposes is considered to be non-essential and violations will be enforced by law enforcement personnel.



When snowfall is two inches or greater, residents are required to move vehicles off the street to allow trucks to treat and plow.

The County Snow Emergency declaration does not prohibit travel to and from work. This decision is left up to the employer regardless of the Snow Emergency level. If in doubt, contact your employer to determine if you are expected to report to work.

During snow emergencies where snowfall is two inches or greater, it is required that vehicles parked on the street be moved from the street to allow trucks to safely and effectively treat and/or plow the streets.

Community Feedback via Online Service

Boone County Fiscal Court has an online resource available to residents 24 hours per day. The Community Feedback link from the County's homepage directs to the E-Gov Services website. This website enables citizens to contact the county electronically for a variety of purposes. Visitors can request information, submit requests for service, or submit suggestions for a staff person to review. Each service request generates a unique identification number which enables the resident to check back on the status of their question or comment. (NOTE: Requests entered after hours will be received by County staff by 8:30 am the next business day.) Registration is not required to submit a request,

but providing an email address will enable a member of the county staff to respond to you electronically.

Steps to Access the E-Gov Service

- Visit www.boonecountyky.org
- At the menu on the left, hover your mouse over Quick Links and then select "Community Feedback"
- This brings you to the E-Gov Services website
- From here you can select the specific request for information according to the menu of options



Visit www.boonecountyky.org to access the E-Gov Services website.

The E-Gov Services website enables citizens to request information, submit requests for service, or submit suggestions to the County.

Introducing Kenny Brown, Boone County Clerk



Kenny Brown

In November, 2010 voters elected Kenny Brown to the position of Boone County Clerk. As the new clerk, Kenny will utilize his business, technology and public service experience to provide an efficient, secure and citizen friendly Clerk's office for

the residents of Boone County.

Serving as County Clerk is a tremendous responsibility. The County Clerk serves as the chief election authority for the county. Along with administering elections, the Clerk's Office maintains property deeds, titles, marriage records, and motor vehicle registrations.

Kenny has a diverse background in customer service through his positions with the North American Bioproducts Corporation and Cincinnati Bell Telephone.

Kenny was a Regional Sales Manager for the North American Bioproducts Corporation (NABC) covering the northeastern United States. Prior to joining NABC, Kenny spent seven years as an Account Executive with Cincinnati Bell

Telephone. While at Cincinnati Bell Kenny was part of a team that was nationally recognized and ranked number one in customer satisfaction by J.D. Power and Associates six times. He joined Cincinnati Bell after holding a Sales Representative position with Delta Airlines working with both domestic travel and international cargo divisions.

Kenny grew up on the family's tobacco farm in Union, KY. Kenny went on to play football on two post-season college bowl teams at the University of Kentucky. From 1993 to 1997 Kenny was a part-time caddie on the PGA Tour and Nationwide Tour for fellow Kentucky Wildcat and four-time PGA Tour winner Steve Flesch.

Kenny is an active member of the community and a lifelong resident of Boone County. He resides in Florence.

Boone County Clerk

Boone County Administration Building

First Floor
2950 Washington St.
Burlington, KY 41005
859/334-2108

Florence City Building

8100 Ewing Blvd.
Florence, KY 41042
859/647-8702

CASA Volunteers: Ordinary People Doing Extraordinary Things

How Do CASA Volunteers Help Children?

CASA volunteers are appointed by judges to watch over and advocate for abused and neglected children, to make sure they don't get lost in the overburdened legal and social service system or languish in inappropriate group or foster homes. Volunteers stay with each case until it is closed and the child is placed in a safe, permanent home. For many abused children, their CASA volunteer will be the one constant adult presence in their lives.

Independent research has demonstrated that children with a CASA volunteer are substantially less likely to spend time in long-term foster care and less likely to reenter care.

Who Are CASA Volunteers?

CASA volunteers are ordinary people who are caring, honest and committed to doing what is best for a child. No special experience or knowledge is required. As a CASA volunteer, you will be able to work with confidence. All our volunteers are trained to understand courtroom procedure, social services, the juvenile justice system and the special needs of children who have been abused and neglected. We welcome volunteers from all cultures, professions, ethnic and educational backgrounds. We have a particular need for bilingual volunteers, men and people of color.

Last year, more than 70,900 CASA and guardian ad litem (GAL) volunteers helped 237,000 abused and neglected children find safe, permanent homes.



Boone County CASA Mission Statement

Boone County Court Appointed Special Advocates (CASA) mission is to provide specially trained community volunteers to advocate for the best interest of abused, neglected or dependent children in Boone County Family Court. Our ultimate goal is to assure that each child has a safe, permanent home.

Who Are the Children CASA Volunteers Help?

Judges appoint CASA volunteers to represent the best interests of children who have been removed from their homes due to abuse or neglect. Each year, more than 700,000 children experience foster care in this country. Because there are not enough CASA volunteers to represent all of the children in care, judges typically assign CASA volunteers to their most difficult cases.

History of Boone County CASA

Boone County CASA began in 1991, under the umbrella of Human Services, which funded and administered the program for two years. When the affiliation with Human Services ended in June 1993, four active CASA volunteers formed a board, incorporated and began the search

for funding to keep the program alive. There were 24 volunteers and no paid staff and the program had 35 cases. Today there are 42 CASA volunteers, 2 paid staff members. CASA serves 256 children each year.

How to Make a Difference: Become a CASA Volunteer/Donate Now

A CASA volunteer must be at least 21 years of age, of good moral character, and successfully complete

screening in order to be accepted into training. Training is approximately 30 hours in length and 4 hours of court observation. Ongoing training is offered to volunteers through in-service training annually. In addition to training, each CASA volunteer and staff member takes an oath of confidentiality.

Visit www.casanky.com
2989 Washington Street
Burlington, Kentucky 41005
(859) 586-1222

Boone County CASA



2989 Washington Street
Burlington, Kentucky 41005
(859) 586-1222

The Many Ways Your Tax Dollars Come Back to Serve You ...

As of July 1, 2010, the library has six locations, 476,883 items in its collection (which includes several thousand eBook titles) and 88,038 registered borrowers.

Last Year, Boone County Public Library:

- ▼ Loaned more than 1,678,207 books, audiobooks, digital books, DVDS, magazines and video games (37% children's books, 30% adult books, 33% audiovisual and electronic media).
- ▼ Educated and entertained the community with 3,622 library programs attended by 66,427 people.
- ▼ Furnished meeting space for 470 community groups to hold 1,238 meetings at the various branches.
- ▼ Provided Internet access to over 197,457 computer users at the library.
- ▼ Answered 126,142 in-person, telephone and e-mail reference questions.
- ▼ Received 672,837 visits to the library website (www.bcpl.org)

Some of the Services the Library Provides Are:

- ▼ Teen Programming to provide productive, positive afterschool activities for teens.
- ▼ Storytimes for ages birth to five years to help prepare children to be ready to learn to read when they begin kindergarten.
- ▼ Preschool and Daycare Outreach to help prepare children to be ready to read by providing books and storytimes for local childcare centers and in-home daycares.

- ▼ Homebound Delivery to alleviate isolation by delivering books to residents who are unable to visit the library due to a physical limitation or lack of transportation.
- ▼ Monthly Book Discussion Groups which offer community engagement for patrons looking for an intellectual activity.
- ▼ Downloadable ebooks, movies and music with 24/7 access to materials anytime, anywhere.
- ▼ Interlibrary Loan to save money for Boone County Public Library card holders by borrowing items from other libraries when they are not available at BCPL.

Boone County Public Library is open 359 days per year and has an operating budget of \$7,405,307. The library has 92 part-time and 66 full-time employees, 29 of whom are librarians with Master's degrees.

As a special taxing district, the library receives more than 90% of its funding from real and personal property taxes paid in Boone County. The tax rate for Fiscal Year 2009-2010 was .05%, which equates to 5 cents per 100 dollars (\$ 0.05). Boone County Public Library's tax rate is the lowest library rate in the region and will remain the same for Fiscal Year 2010-2011.

The library is governed by a five-member Board of Trustees appointed through the Boone County Fiscal Court. Each Board member serves a 4-year term and is eligible for reappointment to a second 4-year term. The Board determines library policy and expenditure of library funds.

Circulation of library materials is one of the primary indicators used by libraries to evaluate their success in serving the public. With Boone County Public Library's circulation of 1,678,207 last year and the county's population of about 118,576, that's an average of 14 items checked out or renewed for every man, woman and child in Boone County.



More than one million people walked through the doors of Boone County Public Library last year to enjoy books, movies, music, free Internet access, free events and much more.

Boone County Public Library

**Six locations
to serve you!**

One phone number:

859/342-BOOK (2665)



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Visit www.whatshappeningnews.com for all the news in Boone, Kenton, Campbell, Oldham and Madison counties

Boone County Conservation District

Gunpowder Creek Open House and Presentation

In the last issue of *What's Happening!* the Boone County Conservation District announced that we were awarded a grant from the U. S. Environmental Protection Agency through the Kentucky Division of Water to address nonpoint source pollution in Gunpowder Creek.



Gunpowder Creek flows through the heart of the most populated areas of Boone County and is a vital resource to its citizens. The land that drains into Gunpowder Creek is home to approximately 50% of Boone County residents. But did you know that sections of Gunpowder Creek are considered unfit for human contact? Gunpowder Creek is polluted.

The first step in addressing this complicated issue is to develop a watershed based plan. Over the next four years the Boone County Conservation District and the Gunpowder Creek Watershed Initiative Steering Committee will be asking for the help of the community to assist with this important project.

The development of a usable watershed based plan is only the beginning. Community involvement and participation in the development

of this plan is essential to long term success. Success will be defined by our community's participation and ability to implement the plan to improve or protect one of our most valuable natural resources for the future.

On Thursday, January 13, we will host the Gunpowder Creek Open House and Presentation at the Randall K. Cooper High School Library. The Open House will be from 6 pm to 8 pm with a presentation from 7 pm to 7:30 pm. Everyone is encouraged to attend to learn more about the Gunpowder Creek Watershed Initiative and what we as a community can do to help protect and restore our beautiful stream.

Gunpowder Creek Open House

Thursday, January 13, 2011
Open House 6 - 8 pm
Presentation 7 - 7:30 pm

Randall K. Cooper High School - Library
2855 Longbranch Road
Union, Kentucky 41091

Refreshments will be provided

Boone County Conservation District

859/586-7903

6028 Camp Ernst Road
Burlington, KY

Kentucky Conservation Districts are governmental subdivisions of the State, organized under Kentucky Revised Statute 262. Conservation Districts are responsible for protecting our soil, water and other natural resources. The Boone County Conservation District, established in 1942 following a referendum of the citizens of the County, is governed by seven locally-elected officials, who serve a four-year term without pay.