

WHAT'S

21
years
of good
news!

Happening!

in Boone County, Kentucky

Winter/Spring 2012

Join the fun at 4-H camp!

While summer may seem like a long way off, it's not too early to begin thinking about fun activities that the warm weather will bring. When planning your activities for the summer, don't forget to add 4-H Camp to the list. 4-H Camp is an ideal place to explore the great outdoors, make new friends, and participate in fun group activities.

Our camp session is May 29-June 1, 2012, so right now is a good time to make plans to join other youth who enjoy swimming, arts and crafts, canoeing, nature hikes, archery, riflery and challenge course activities. Campers should come prepared to try new things, meet new people and have lots of fun.

Parents can expect their children to come home with many positive memories. Campers will likely learn new skills and develop a greater appreciation for the environment and wildlife. 4-H Camp also helps develop independence, responsibility, self-confidence, and camaraderie among peers and adult staff members and volunteers. Trained staff and volunteers supervise the campers and strive to make sure everyone has a safe and happy camping experience.

Resident 4-H camp is open to all youth, ages nine through fourteen. Teens, ages 15-18, are used as Junior Counselors. The 4-H camping program provides a safe, secure and fun environment for campers. An onsite EMT/health care provider is always available to take care of campers' needs.

We camp at North Central 4-H Camp in Carlisle, KY. It has been awarded accreditation by the American Camp Association in recognition of using the "best practices in the camping industry" in providing a safe, nurturing, and fun environment for our campers.

Registration packets are available. The cost is \$150 (\$135 if registered by January 31). Camp space is filled on a first come/first serve basis so act now to assure your spot as we celebrate the end of the school year with a fun-filled camp session. For more information on camp or any other activities in our 4-H youth development program, stop by or give us a call at 859/586-6101.

Educational programs of the Kentucky Cooperative Extension Service serve all people regardless of race, color, age, sex, religion, disability or national origin.



Make friends that stick with you!



Our challenge course challenges you!



4-H friends support each other.

Family mealtime is important!

PARMESAN CHICKEN

- Cooking spray
- 1½ pounds split, boneless, skinless chicken breasts (or strips)
- 1 envelope (1 oz.) Italian dressing mix
- ½ cup Parmesan cheese

Preheat oven to 350°F. Spray a baking sheet with cooking spray. Rinse chicken breasts and pat dry. In a pie plate, mix Italian dressing mix and Parmesan cheese. Spray chicken breasts with cooking spray and dip into dressing mixture to coat both sides. Place chicken on the prepared baking sheet. Spray top of chicken with cooking spray. Bake 30 minutes. If extra browning or crispness is desired, broil for 5 minutes.

Option: To reduce sodium in this recipe, substitute a low sodium seasoning for the Italian dressing mix: Mix ¼ tsp. garlic powder, ½ tsp. dried basil leaves and ½ tsp. dried oregano.

Yield: 6 (4 oz.) servings; Cost per recipe: \$6.70; Cost per serving: \$1.17.

Source: *Weight-The Reality Series, The Basics & Beyond, Session 7, University of Kentucky, Cooperative Extension Service, 2008*

Boone County Cooperative Extension Service



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Burlington, KY 41005
ph: 859/586-6101 • fax: 859/586-6107
e-mail: dl_ces_boone@email.uky.edu



www.ca.uky.edu/boone

SD1 announces David Rager as new Executive Director



David Rager will begin working with SD1 in early 2012.

On December 16, 2011, SD1 announced that David E. Rager will be the new Executive Director of SD1. Rager will begin working with SD1 in early 2012.

"I am thrilled to be taking the reins of an organization that has done so much for Northern Kentucky," Rager said. "SD1 provides a

critical service to the community and is approaching a pivotal point in its history. I am energized at the opportunity to work with the community, the Board and the SD1 employees as we tackle the challenges ahead."

SD1's Board was impressed with Rager's 36 years of executive level experience managing utilities and government agencies and the Board is confident that he will be a good leader for SD1.

Chuck Heilman, President of SD1's Board of Directors shared, "The Board took our time choosing a candidate because we wanted to ensure that we found the best person for the job. We are confident that we have."

Most recently, Rager was CEO of the Greater Cincinnati Water Works,

where he implemented several private business practices which included an increased emphasis on customer service.

"I believe there are opportunities to take the best service delivery practices of the private sector and apply them in public agencies like SD1," Rager said. "While I know that SD1's employees are some of the hardest working individuals in the industry, we as an organization also have to evolve as science and technology evolve."

Previous to his time at Greater Cincinnati Water Works, Rager served as Deputy City Manager for the City of Cincinnati, even briefly serving as Interim City Manager at the request of the Mayor and City Council.

Rager brings to SD1 a demonstrated success in emergency management. He led the emergency operations center for the City of Cincinnati as it responded to the 1997 flood and a 2005 railroad car styrene gas release. He served as Director of the Department of Public Safety in Cincinnati for the first chapter of his career, overseeing emergency response services for the city.

Mark Wurschmidt, SD1's Deputy Executive Director of Engineering, has been acting as the Interim Executive Director of SD1 since January.

"Dave will be an incredible asset, not only to SD1 but to our entire service area," Wurschmidt said. "I look forward to working with someone with his experience to guide us into the future."

SD1's Protecting the Environment Award recognizes area educators

The 2011 Protecting the Environment Award ceremony recognized four teachers and one Scout troop leader who have gone above and beyond to protect the environment and water resources in Northern Kentucky.

Each educator was awarded a \$150-\$300 mini-grant to purchase supplies for teaching water-related topics to their classes next school year. The \$1,500 in cash prizes was generously provided by Walmart in Ft. Wright.

The awarded educators were:

- **Anita France**, Immaculate Heart of Mary School
Project: Microscopes for Boone Woods Park creek testing
- **Maureen Randle**, St. Joseph (Cold Spring)
Project: Science materials for Water Pollution Mystery testing
- **Dave Schlachter**, St. Catherine of Siena School

Project: Learning water conservation lessons through gardening

- **Autumn Hendrickson**, White's Tower Elementary
Project: Transportation and science fees to release classroom trout in natural environment

- **Jessica Blevins**, Girl Scout Junior Troop #104 of Kenton Elementary

Project: Install and monitor rain barrel at Kenton Elementary

Since 2003, SD1's Protecting the Environment Award program has energized Northern Kentuckians to protect the environment and our water resources. The program rewards those who are making a positive environmental and community impact through education and service. For more information on SD1's Environmental Education program, please visit www.sd1.org.

USEPA supports SD1's integrated approach


The United States Environmental Protection Agency (USEPA) recently released a statement supporting the innovative and adaptive approach to wastewater and storm water management that SD1 has advocated for years.

As part of its enforcement of the Clean Water Act (CWA), the USEPA and its state and regional entities require sanitation organizations like SD1 to make improvements in water quality. Traditional gray water

approaches, such as those originally advocated by enforcement agencies, can be costly and only address limited problem areas. For years, SD1 has partnered with other utilities and the United States Conference of Mayors to advocate for a more comprehensive approach that is based on regional improvements and local data.

To read the entire statement released by the USEPA, please visit SD1's website at www.sd1.org.

SD1



1045 Eaton Drive • Fort Wright, KY 41017
phone: 859/578-7450

Hours of Operation:
Monday-Friday, 8 am - 4:30 pm

Early Childhood Fair — February 4

Join us Saturday, February 4 from 10 am to 1 pm for the 8th annual Boone County Early Childhood Fair. The fair will be held at the Main Branch of the Boone County Library in Burlington. Over 40 vendors will be on site sharing educational, recreational and developmental opportunities for young children and their families. Community agencies that serve young children will also be present. The fair is a great opportunity for families to come out and have a good time and learn about what is available in our community to nurture our youngest citizens.

Free developmental, vision, hearing and speech screening

Free developmental, vision, hearing and speech screening for children will be available from 9:30 am until 1:30 pm. You must make an appointment for these screenings: please call 859/534-5810 to schedule. Each screening can give caregivers information to ensure their children are on track for school success.

Developmental screening is a brief look at a child's cognitive, language, motor and social skills. Screening consists of a series of game-like activities which the child will be asked to complete. Early Childhood Specialists will review the screening results with you and provide activity sheets and suggestions

Don't miss these informative workshops!



Early Childhood Fair Free Parent/Caregiver Workshops

FEBRUARY 4

11am: Preparing for Kindergarten

11:30 am: Speech and Language Development

12 Noon: Make-It! Take-It! Play-It!

for areas of concern. Developmental screening takes approximately 20-30 minutes.

Vision screening is being provided by the Kentucky Lions Club Kidsight program and is available for children ages 1 through 5 years. Young children often do not know that they are not seeing as well as they should. You may not be aware of their eye problems unless they are severe. During the screen, a picture is taken of the eye with a digital camera. The picture is sent for interpretation of potential problems such as nearsightedness, farsightedness, eye misalignment and astigmatism. Vision screening results will be mailed to caregivers. No eye drops or medications are used.

Speech Screening will be provided by Northern Kentucky Community Services and is offered to children ages 2 through 5 years. This screen takes about 20 minutes. Children and caregivers will meet with a speech therapist and complete a brief series of activities.

Getting ready for school success begins at birth. Visit the Early Childhood Fair and explore ways to prepare your child for school. Bring the kids with you — Tales, the Library Dragon, will be on hand to meet your child and pose for photos. Join us for door prizes, music and games.

The Early Childhood Fair is a collaborative effort of the Boone County Community Early

Childhood Council (CECC), The Boone County Public Library and Success By 6 Boone County.



Boone County Success By 6®



For more information on helping your child be ready for success by age 6, call Boone County Success By 6®

859/534-5810

Have your child's picture taken with the Boone County Public Library's Tales, the Dragon!

Did you get an eReader for Christmas? We can help!

Want to learn how to download and check out eBooks to your Nook, Kindle, or iPod/iPad? Our staff is always here to help you. Schedule a one-on-one appointment or attend one of our eReader classes in January.

Each class will cover a different type of device and the instructor will walk you through the process on the Library's website through Kentucky Libraries Unbound. Never be without a book again!

Due to software restrictions, not all devices can be connected at the Library, but you'll have the information to complete the process at home. Please register for these classes at www.bcpl.org or call 342-BOOK (2665).

Don't have an eReader? Borrow one from the Library!

You know the Library has eBooks you can download, but did you know that we also have Nook eReaders for checkout? Our eReaders already have books on them and can be checked out for one to three weeks depending on the demand. The black and white Nooks each contain 10 to 15 books from one specific genre. Choose from: bestsellers, mystery/suspense, romance, sci-fi/fantasy and young adult. We also have some color Nooks loaded with non-fiction, children's books, and graphic novels. The children's Nooks have 30 books on them.

You must be at least 18 years old to check out an eReader, or if you are

13-17 years old, you can check one out with a permission slip signed by your parent or guardian.

We expect the eReaders to be in high demand, so you'll need to reserve one from our catalog. Simply search for "Nook" to choose the one

you want. The description for each Nook includes the list of books loaded on it. Overdue fines are quite a bit higher on eReaders — \$2 a day. So please make every effort to return them on time.

Learn to Download and Check Out eBooks!

eReader Class: Barnes and Noble Nook

Scheben Branch, Union

Tuesday, January 17, 10 am

Main Library, Burlington

Wednesday, January 18, 6 pm

eReader Class: Amazon Kindle

Main Library, Burlington

Tuesday, January 10, 6 pm

Scheben Branch, Union

Tuesday, January 24, 10 am

eReader Class: iPod/iPad

Main Library, Burlington

Wednesday,

January 25, 6 pm

Scheben Branch,

Union

Thursday, January 26,

10 am

Please register for
these classes at
www.bcpl.org or call
341-BOOK (26665).



Learn something new today! More than 500 free classes

We are very excited to be able to offer you over 500 free online continuing education classes through Universal Class. The Library's newest research tool offers self-paced, non-credit personal and professional development classes led by real instructors. You'll even be able to receive feedback on your coursework through email with your teachers.

Universal Class uses streaming video and website avatars to provide you with an engaging and measurable

learning experience. You'll be able to master and document your educational goals as you go. The courses last six months and you "attend" class and do assignments at your own pace on your own schedule. You can enroll in up to five courses and you'll have 24/7 access anywhere there's an Internet connection — simply enter your library card barcode number.

Visit our website: www.bcpl.org > Information Desk > Research Tools and start studying today!

Some of the many classes offered are:

- Accounting and Bookkeeping
- Photography
- How to Build Your Own Business
- Medical Coding
- Dog Training
- Homeschooling Strategies
- ESL
- Microsoft Office
- Gardening

Note: These are non-credit courses and are provided for your personal enrichment. The courses are not intended to be a substitute for any state, government licensing or educational requirements.

Thank You!

A big thanks to all of you who participated in the service programs supported and organized by the Library in December. Because of you, we were able to assist people in our community who needed a little help during the holidays. You ROCK Boone County!

Boone County Public Library



For questions on the go, text a librarian! Text bcpl and your question to 66746.

Six locations to serve you! One phone number:
859/342-BOOK (2665)

Follow us on Twitter – Like us on Facebook

What is a Snow Emergency?

When winter weather impacts our community Boone County officials use Snow Emergency declarations to advise the public of hazardous conditions. In Boone County Snow Emergencies are defined at one of the following levels:

LEVEL ONE: Motorists are advised to use caution due to hazardous road conditions resulting from accumulations of snow and/or ice.

LEVEL TWO: Road conditions are extremely hazardous due to snow and/or ice and essential travel only is advised.

LEVEL THREE: Road conditions are extremely dangerous and travel is restricted to the following

purposes: public safety and emergency personnel travel; travel to and from work if required by your employer; and travel for medical purposes or to obtain necessary provisions. Travel for any other purposes is considered to be non-essential and violations will be enforced by law enforcement personnel.

The County Snow Emergency declaration does not prohibit travel to and from work. This decision is left up to the employer regardless of the Snow Emergency level. If in doubt, contact your employer to determine if you are expected to report to work.

During snow emergencies where snowfall is 2 inches or greater, it is required that vehicles parked on the



During snow emergencies where snowfall is two inches or greater, it is required that vehicles parked on the street be moved from the street to allow trucks to safely and effectively treat and/or plow the streets.

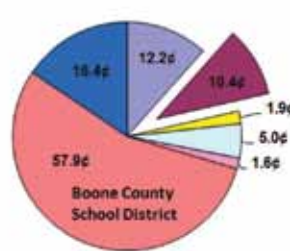
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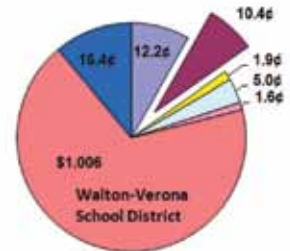
Where do our property taxes go?

2011 Boone County Real Property Tax Rates*

- Taxing Agency**
- State
 - County
 - Health Dist
 - Library
 - Extension Service
 - School District
 - Fire District - Average



- Total tax bill is \$1.054/ \$100 of assessed value -



- Total tax bill is \$1.481/ \$100 of assessed value -

* The above tax rate information does not include local city taxes for those residents located within any city limits

Boone County Fiscal Court



2950 Washington St.
P.O. Box 900
Burlington, KY 41005-0900
phone: 859/334-2100
fax: 859/334-3105

2012 Boone County Fiscal Court

Gary W. Moore, Judge/Executive
Matt Dedden, Commissioner
Dr. Charlie Kenner, Commissioner
Charlie Walton, Commissioner

New hope on New Year's Day



Have you noticed that losing weight is one of the top 10 New Year's Resolutions among Americans? New Year's Day brings hopes of starting fresh, accomplishing tasks that were not manageable the year before, or just a new opportunity to work on self-improvement. It's always so exciting in the beginning, but where does the motivation go? Why do so many New Year's resolutions fail?

Easy mistakes to make

- Goals are too broad
- Unrealistic expectations
- Improper timelines
- Too many goals at one time

It might seem silly, but there are actually guidelines to goal setting called SMART Goals. SMART stands for: Specific, Measurable, Attainable, Realistic, and Timely. Once you learn how to set SMART goals you will be working efficiently and effectively ALL year long!

Specific and measurable

When goal setting for weight loss, your goals need to be SPECIFIC and MEASURABLE, allowing you to look back over a week or month at a time and say "yes, I accom-

plished my goals" or "no, I did not accomplish my goals."

EXAMPLE:

Acceptable Goal: I will walk a minimum of 3 times a week for 30-45 minutes.

Needs Work: I will start walking more.

Attainable and realistic

Make your goals ATTAINABLE and REALISTIC! If you have not seen

the inside of a gym in the last year, setting a goal of five gym workouts a week is a bit ridiculous. Try starting slowly and working your way up to larger goals. It's better for goals to feel too easy, rather than setting huge goals that are never met. You do not want your weeks to feel like constant failures, this is a one-way pass to falling off your New Year's Resolutions!

EXAMPLE:

Acceptable Goal: I will aim for a minimum of 10,000 steps per day, 5 days a week (I love walking; I need to make time for more physical movement).

Needs Work: I am going to work out at the gym for an hour every day (I hate gyms, but maybe this year will be different).

Timely

When goal setting for weight loss, you should have a time frame so that you can reward yourself as

you continue to accomplish specific and attainable goals!

It is always a good idea to set some short-term and long-term goals. The short-term goals can be simple and provide instant gratification, while long-term goals can be complicated and it may take months or years to accomplish.

EXAMPLE:

Short-Term Goal: I am going to start walk/jogging 30 minutes a day, 5 times a week so that I can participate in a 5k race with my friend next month.

Long-Term Goal: I am going to follow a triathlon training schedule (starting Monday) so that I can complete a triathlon in six months.

The St. Elizabeth Weight Management Center offers personalized weight-loss programs with both medical and surgical options. For more information, please call (859) 212-GOAL (4625) or go to our web site at www.stelizabeth.com/weight-managementcenter.



Your connection to better health

St. Elizabeth Healthcare launched a new mobile app last fall to provide another way of bringing healthcare answers right to your fingertips. The app contains several features to help you maintain a healthy weight:

- **My Food Diary**—This feature contains nutritional information on more than 7,200 unique food items pulled directly from the Federal Food and Drug Administration's database, the ability to add your own custom foods and store the information for future use, and a calendar to log your daily nutritional intake.
- **BMI Calculator**—This feature calculates your approximate Body Mass Index (BMI) when you enter your height and weight.

The St. Elizabeth Healthcare iPhone application is available in the iPhone App Store. Find it at stelizabeth.com/mobileapp.

St. Elizabeth Florence to unveil new Outpatient Pavilion and other renovations

St. Elizabeth Florence has received a facelift to improve convenience and the overall patient experience. Renovations include a new Outpatient Pavilion and the new Spine Center.

The new Outpatient Pavilion and Spine Center includes a new patient entrance and drop-off area, easy access for all outpatient services at the hospital, new lobby and waiting area, outpatient services registration area, outpatient lab services, the new Spine Center and a new bistro.

“Our intent at Florence is to create a more convenient outpatient experience,” says Chris Carle, Senior Vice President and Chief Operating Officer at St. Elizabeth Florence. “Patient registration will now be more central to our diagnostic de-

partments making this much more accessible for our patients and their families. We are also very excited to announce the creation of our new Spine Center, which will include 16 private rooms for orthopedic, spine and bariatric patients.”

Renovations to the Weight Management Center and Vascular Institute and the implementation of a fast-track program in the emergency room were implemented last year. The upgrades are all part of a long-term strategy to help position the hospital for anticipated changes in healthcare delivery with healthcare reform.

“These changes will prepare us for the future of healthcare in Boone County and the other surrounding counties we serve,” said Carle.



The new Outpatient Pavilion and Spine Center includes a new patient entrance and drop off area, providing easy access for all outpatient services at the hospital.

“We feel this will prepare us for the future no matter what happens with healthcare reform. Our ultimate goal is to become a top 100 community

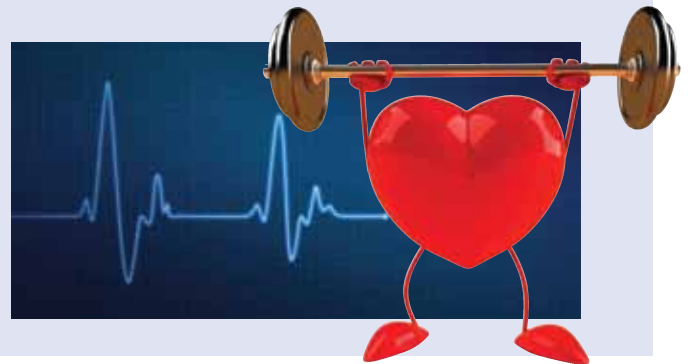
hospital in the country and make Florence a premier outpatient center in Greater Cincinnati.”

Cardiovascular health education

The St. Elizabeth Cardiovascular Mobile Health Unit presents a free breakfast information session on Saturday, February 11 from 9:30 am to 12 pm at the METS Center located at 3861 Olympic Blvd. in Erlanger. The event will feature a complimentary heart-healthy brunch, door prizes

and informational sessions covering various cardiovascular health topics led by local physicians and surgeons.

For more information or a list of upcoming screenings in 2012, Call us at 859-301-WELL (9355).



St. Elizabeth Healthcare



St. Elizabeth Covington
1500 James Simpson, Jr. Way
Covington, KY 41011
859/655-8800

St. Elizabeth Edgewood
1 Medical Village Dr.
Edgewood, KY 41017
859/301-2000

St. Elizabeth Falmouth
512 South Maple Ave.
Falmouth, KY 41040
859/572-3500

St. Elizabeth Florence
4900 Houston Rd.
Florence, KY 41042
859/212-5200

St. Elizabeth Ft. Thomas
85 North Grand Ave.
Ft. Thomas, KY 41075
859/572-3100

St. Elizabeth Grant
238 Barnes Rd.
Williamstown, KY 41097
859/824-8240

Regional cooperation drives jobs in Boone County



Judge/Executive Gary Moore

Government doesn't create jobs. Businesses do. However government can play a role in attracting and retaining businesses that result in additional jobs. With reports of jobs moving out of the region, I felt it was important to update you on our efforts to attract and retain businesses in Northern Kentucky.

The economic development department for Boone, Kenton and Campbell counties is Northern Kentucky Tri-County Economic Development Corporation (Tri-ED). County Administrator Jeff Earlywine

and I have worked with Tri-ED to grow, attract, retain and expand primary jobs in our region. This public/private effort, created by the Fiscal Courts over 20 years ago in collaboration with the private sector, is a unique model built on cooperation and collaboration that has been very successful for our entire region.

Since Tri-ED's founding in 1987, more than 50,826 new primary jobs and over \$5 billion in capital investment have been created by 521 companies that have started, located or expanded in Northern Kentucky. These new jobs have created thousands of subsequent service industry jobs in small businesses such as restaurants, hair salons and retailers. Some examples of success from Tri-ED's work include Fidelity Investments, Toyota, Citigroup, Mazak and DHL. Other businesses with local connections include Parkway Products, Verst Logistics and U.S. Playing Card. Many of these

companies have expanded their operations multiple times in our community.

Tri-ED is highly targeted in its effort to attract new businesses to our region by focusing on key industries, which include advanced manufacturing, technology, life sciences, logistics and aviation, which fit the available workforce in our three counties. Tri-ED works closely with each Judge/Executive and the mayors in Northern Kentucky to help companies start, expand, and locate in our community.

You may recall the City of Florence and Boone County worked with Tri-ED, the Kentucky Cabinet for Economic Development and CVG Airport recently to assist ZF Steering Systems add more than 370 new, good-paying jobs and purchase more than \$98 million in new equipment. ZF could have located this expansion elsewhere but chose Florence and Boone County to capitalize on our

superb business climate and central location in the U.S.

To ensure that our existing employers stay in Northern Kentucky and that we are producing college graduates that can find jobs in our region, Tri-ED works closely with Northern Kentucky University, Thomas More College and Gateway Technical and Community College, and companies here to make sure that classes and the coursework of students in our area are meeting the current and future needs of employers.

A regional approach for generating new jobs in our county has worked well over the last 20 years and I'm committed to working with the Mayors of Florence, Union and Walton in addition to Tri-ED to create future prosperity for our residents.

A handwritten signature in dark ink that reads "Gary W. Moore".

Gary W. Moore
Boone County Judge/Executive

Employee Spotlight: *Kenny Crooker, Public Services Supervisor*



Kenny Crooker

Every successful organization is built upon the competency and professionalism of its staff, especially those agencies engaged in the delivery of public services. The Boone County Fiscal Court is no exception to this precept, relying on a quality team of men and women who faithfully serve the public each and every day. Kenny Crooker, Public Services Supervisor within the Boone County Public Works Department is one example of this dedication and professionalism.

Kenny has served the county for over 32 years and works closely with the County Engineer. In his

current position he coordinates all maintenance and work programming for the county's infrastructure including over 450 miles of county roads and streets, numerous drainage structures, sidewalks, and other public property. In addition, Kenny has for many years served as the county's point person responsible for snow removal planning, preparation and emergency response. These varied duties take Kenny to all parts of the county where his experience and institutional knowledge are invaluable. Kenny's fingerprints are evident throughout the county and his instincts regarding weather

patterns and the best snow /ice treatments have resulted in safe traffic movements for our citizens for many years. Perhaps most impressive is Kenny's patience in dealing with citizen complaints and requests for service, always listening and taking the extra step to clearly explain the county's response to a problem or need.

Kenny comes from a large Boone County family and resides in the Burlington area with his wife. He has two children and two grandchildren. It is staff members such as Kenny Crooker that make our county the special place that it is.

NEW Boone County drop-off recycling program

As of November 1 Boone County Public Works took over the recycling drop-off program. There are some changes to the program such as residents being responsible for sorting their recyclables. By doing this it will help with the process of the recycling. It helps save time sorting and allows more recyclables to be collected in a shorter period of time. This will save time and MONEY!!

We NO longer accept glass items in the recycling program due to the fact that we have no way to process glass and no one is willing to buy glass items. I know this is frustrating for many. However, we are still researching and looking for future solutions to continue to move forward with this issue.

You can still take your glass to the Rumpke recycling drop-off site in Florence across from Goodwill.

It may seem like we are taking a step backwards in the program. But, one step back means two steps forward for this program. We had a total of six bins in which we were paying a local hauler over \$50,000 a year to haul to the recycler. This will be money saved for the Boone County taxpayers.

Boone County received a grant from the Kentucky Division of Solid Waste Management in the sum of \$177,000. With this grant we were able to purchase 18 new recycling roll-offs, a trailer, baler, scale and a forklift. The Boone County inmates work sorting and baling the mate-



rial for resale. Also, we now have recycling roll-offs at the Boone County schools and other locations for drop-offs.

For more information call 859/334-3629. We all can make a difference!

Solid Waste presentations

Keep in mind the Boone County Solid Waste Department is more than willing to speak to any group about anything and everything from recycling soda cans, reusing soda bottles, and cleaning up litter. Whatever you're

wondering, we can discuss it and we love audiences of all kinds from public and private school patrons to adult clubs, scouting troops, or conference groups. Please contact us for a free presentation!

Coloring calendar contest — Congratulations to anti-litter contest winners!

Boone County's Solid Waste Management congratulates all of the winners of the 2012 "Quit the Littering!" Coloring Calendar Contest! The contest, which was open to all elementary-age children in Boone County, asks the youngest among us to use their creativity in spreading the message that they are sick of litter. The 265 entries were all amazing! A sincere "Thank you!" to all school principals, teachers, and parents for making it so awesome!

Special thanks are given to the Boone County Board of Education, Walton-Verona Board of Education and all private schools, as well as to judges Jo Haltermon, Melissa Mann, Alison Thiessen, Becky Haltermon, Laurie Haltermon and Mary Dickey. And of course, a great big "Thank you!" goes to all the students who submitted entries — your work was totally amazing!

Winners will be featured on Boone County's website at www.boonecountyky.org/bcswm.

2012 Events - Mark your calendars

SPRING CLEANUP - April 23-29 Two locations: Boone County Public Works and Union Pool

GREAT AMERICAN CLEANUP - April 21 We need volunteers to beautify Boone County.

RIVER SWEEP - June 16 Help clean the trash off the river banks! Volunteers get free fun, a t-shirt and food.

FALL CLEANUP - October 15-21 Two locations: Boone County Public Works and Union Pool

HHW CLEANUP - Fall of 2012 Date to be announced later

TRASH FOR CASH - Sign-ups begin March 12, program starts April 7

New personnel

Welcome to our new Solid Waste Service Technician, Melissa Grandstaff! She joins our team to help combat litter issues and

illegal dumping. She will also help promote, educate and work the new recycling program/solid waste programs in Boone County.

Boone County Solid Waste Management

Kelly Chapman, Solid Waste Supervisor - kchapman@boonecountyky.org, 859/334-3629

Melissa Grandstaff, Solid Waste Service Technician
mgrandstaff@boonecountyky.org • 859/334-3151

Union Town Plan update

The Union Economic Development Committee has been busy the last few months assisting in the completion of an Economic Incentives Report. The Report, prepared by Taft, Stettinius & Hollister, identifies economic incentive tools that can be used by the City of Union to attract new development and jobs to the 90-acre Union Town Center area. It also includes a list of steps, costs and benefits to create each incentive and to possibly finance public and private improvements like roads, utilities, street lights, sidewalks, parking, etc. The Report was presented to the Union City Commissioners last month and it is anticipated that the City could utilize these incentives to jump start

the first phase of construction of the Union Town Center. For further information, contact Kevin P. Costello, AICP, Executive Director of the Boone County Planning Commission at 859-334-2196.

Because of the amount of interest in the Union Town Plan, the Union Economic Development Committee has partnered with the Boone County Planning Commission to create a new website for the Union Town Center project. Residents, business owners and developers can catch the latest information or get an update on the Union Town Center project by visiting www.uniontown-centerky.org. Look for the unveiling in January, 2012.

Snow emergency information



here: <http://www.boonecountky.org/bcsnowemerg.pdf>)

The city asks its residents for cooperation during snow removal operations by moving parked vehicles off the streets when snow is expected. When snowfall is more than two inches cars must be removed from the street. Also new this year, residents can call the city at 859/384-1511 after hours for an emergency contact number to resolve snow removal issues.

The City of Union follows the Boone County Snow emergency (see Boone County's Snow Emergency Policy in its entirety

2012 Union City Events

March 31 PANCAKE BREAKFAST & EASTER EGG HUNT

April 6 GOOD FRIDAY FISH FRY

June 16 UNION BEACH BLAST

June 29 UNION CELEBRATES AMERICA PARADE & EVENT WITH FIREWORKS

October 20 UNION FALL FOR ALL

December 1 HOLIDAY OPEN HOUSE & TREE LIGHTING

December 15 BREAKFAST WITH SANTA

Check our website for any additional events that are added during the year.

Event partnership opportunities

Calling all sponsors!!! The City of Union would like to thank all those who partnered with us in the past two years. Our events have become an important part of our community and we look forward to another great year in 2012.

Sponsorship packets are available on our city's website www.cityofunionky.org. For more information please contact Karen Franxman, Events Coordinator at unioncityevents@insightbb.com.

More Union news of note:

Union Recorder - The City of Union was excited when the first edition of the *Union Recorder* was published on November 17, 2011. Anyone interested in subscribing please contact Sharon Schachleiter at 859/442-3464.

Are you on our email list?

- If you are not receiving our event email blast and would like to be added, send an email to unionassistant@insightbb.com and request to be added.

Volunteering - The City of Union cannot thank the number of volunteers enough for the endless hours they spend with the events and adopt-a-unit programs. Our programs depend on these wonderful people. It seems that we always have just enough volunteers but could always

use more. If you are interested in learning more about how you could volunteer, contact Karen Franxman. Citizens that volunteer qualify for community service hours.

It's Cold Outside - The City of Union will be collecting gently worn and clean coats this winter. So clean out those closets and drop off at the city building. New hats, gloves, and scarves will also be accepted.

Union Community Theatre

- Calling all who are interested in theatre! The Union Community Theatre will be posting their 2012 season with audition dates. Whether you have been in numerous plays or have just thought about it — this blend is what community theatre is all about. For more information go to www.unionct.net

City of Union, Kentucky

1843 Mt. Zion Rd • P.O. Box 53 • Union, KY 41091
859/384-1511
cityclerk@insightbb.com • unionmayor@insightbb.com
unioncityevents@insightbb.com

Program Schedule

Expand Your Horizons!

You may register on-line, in person or mail in, beginning Tuesday, January 17, noon-4 PM.

■ **On-line registration:**
www.boone.kyschools.us,
Select District Office,
Choose Community
Education

■ **In-Person Registration**
will be held noon-4 PM,
Tuesday, January 17
Boone County
Board of Education
8330 US Highway 42
Florence, Kentucky
41042

■ **Mail-in Registration:**
Boone County Schools
8330 US 42
Florence, KY 41042
Attn: Community
Education Department

Community Partners:

Boone County Board of
Education

Boone County Adult
Education

Boone County Cooperative
Extension Service

Boone County Parks
Department

Boone County Public Library

Walton-Verona Board of
Education

EXPAND YOUR CREATIVITY

NEW! ADVANCED GUM PASTE FLOWERS

You will need to buy a "kit" and bring it to class. There will also be a supply list. This is a NEW WILTON CLASS. We will make an orchid, sweet pea.*

\$55
Wednesdays, 6-9 PM
March 7-28
Conner Middle School
Mary Jean Gunter

NEW! BASKET WITH CURLS

A round basket with curls on the outside approximately 10" diameter x 12" height with handle. Different colors of reed will be available to create your own design. Weave your own family heirloom! All supplies included. For a picture of the basket, email pankenbauer@booncountky.org.*

\$55
Mondays, 6-9 PM
February 27, March 5, 12
Old Parks Office – Burlington
Jo Ann Wess

NEW! BASKET – TRADITIONAL WOOL DRYING BASKET

This basket has legs that raise it up off the floor. Traditionally it was used to dry wool by the fire-side. It measures approximately 12"x12"x12" with a twill pattern and two wooden handles. Weave your own family heirloom! All supplies included. For a picture of the basket, email pankenbauer@booncountky.org.*

\$58
Mondays, February 6, 13, 20
6-9 PM
Old Parks Office-Burlington
JoAnn Wess

BOW MAKING

Learn to make bows for gift wrapping or for decorating. Supplies included — all you need to bring is a pair of scissors. Ages 10 years and up.

\$25
Monday, March 26, 6-8 PM
Conner High School
Carole Pagano

CHOCOLATE HEART BOX WITH CANDIES

You will make a candy box out of chocolate. Then make some small candies to put inside. Candy mold included. Great for Valentines! *

\$18
Thursday, February 9, 7-9 PM
Conner Middle School
Mary Jean Gunter

COOKIE DECORATING

We will decorate 8-12 cookies with imagination. Make a sunflower, ladybug, dog face, fondant flowers. BRING SOMETHING TO TAKE THEM HOME IN.*

\$33
Thursday, March 8, 7-9 PM
Conner Middle School
Mary Jean Gunter

COOKING ITALIAN SAUCES IN YOUR OWN KITCHEN

Learn how to prepare various Italian sauces — reds, whites and pesto. All supplies included in class fee. Bring small containers to class to take home your samples.

\$50
Monday, January 30, 6-9 PM
Conner High School
Carole Pagano

COOKING ITALIAN APPETIZERS AND DESSERTS

Learn the art of Italian starters to a meal and the ending of your meal with an Italian dessert. All supplies included in class fee. Bring small containers to class to take home your samples.

\$50
Monday, March 12, 6-9 PM
Conner High School
Carole Pagano

COOKING ITALIAN - MEAT

Samplings of several specialty meat items seen on many Italian restaurant menus: Chicken Romano, Veal Milanese, Saltimbocca. Instructions and recipes will be made available to all participants. Bring small containers to class to take home your samples.

\$50
Monday, February 27, 6-9 PM
Conner High School
Carole Pagano

COOKING ITALIAN - PASTAS

Tasting of several Italian pasta items with take-home recipes and instructions for each. Examples are ravioli, gnocchi, pasta forno, parmigiana. All supplies included in class fee. Bring small containers to class to take home your samples.

\$50
Monday, February 13, 6-9 PM
Conner High School
Carole Pagano

CROCHET

In this four-week course, the basic techniques of crocheting will be taught and/or reviewed. Beginners, as well as those with some experience, are welcome. Beginners should bring a skein of worsted weight yarn and a size 'H' crochet hook to the first class. Others may bring a project of their choice. Class size is limited to 12.

\$40
Thursdays, February 2-23, 6-8 PM
Conner Middle School
Ann Thompson

CUPCAKES GALORE

Decorate cupcakes with flowers on top, or make animals, lion, dog, pig, etc. No limit to your imagination. Bring a container to take your cupcakes home.*

\$33
Tuesday, February 21, 7-9 PM
Conner Middle School
Mary Jean Gunter

RAG RUG WEAVING Beginners

For those of you who are left handed only. Learn the art of rag rug weaving & weave an oval rug. Bring to class: three pre-washed one-and-a-half-yard pieces of different color or pattern cotton fabric (no stretchy fabric). Needle/shuttle and book are included in tuition. Class limited to 8.

\$50
Tuesday & Thursday, March 6 & 8
6-8 PM

OR
Tuesday & Thursday, March 20 & 22
6-8 PM

OR
Tuesday & Thursday, April 10 & 12
6-8 PM
Conner Middle School
Louise Grivetti & Koren Schrand

SEAT CANING

An 8-session course that will teach participants various techniques of seat caning. Learn how to use natural cane to re-weave seats of antique chairs, stools, etc. Please bring chair to first class. Materials may be purchased through the instructor. Maximum of 14 people. \$45 PLUS cost of materials

Mondays and Thursdays, 6:30-9 PM
January 23 - February 16
Conner Middle School
Sharon Mason

ADVANCE YOUR SKILLS

BASIC COMPUTER SKILLS

Learn to navigate through documents using the mouse, keyboard, and toolbars. Opening, saving and renaming files will be covered. We will learn to organize files by creating folders, transferring files, and creating shortcuts.

\$25
Monday, March 19, 6-8 PM
Florence Elementary School
Judy Hibner

Advance Your Skills, cont.

INTRODUCTION TO MICROSOFT OFFICE 2010 EXCEL AND WORD

Practice using the ribbon and basic tools to maneuver around document/spreadsheet applications. Learn to copy, cut, paste and how to do simple formulas and charts necessary in everyday computer usage. \$40
Monday & Tuesday, March 12 & 13 6-8 PM
Florence Elementary School
Judy Hibner

MICROSOFT 2010 ACCESS

Students will learn the basics of Microsoft Access 2010 in this two-evening class. Create a database using tables, queries, forms and reports to store and utilize your information. \$80
Monday & Tuesday, March 12 & 13 5:30 PM-8:30 PM
Ryle High School
Ruth Davis

MICROSOFT 2010 EXCEL I

Students will learn the basics of Microsoft Excel 2010 in this two-evening class. Topics will include, but not limited to, creating and saving spreadsheets, formatting and editing, calculating formulas and inserting charts. \$80
Monday & Tuesday, February 6 & 7 5:30-8:30 PM
Ryle High School
Ruth Davis

MICROSOFT 2010 EXCEL II

A continuation of Introduction to Microsoft Excel 2010 for those students who want a more in-depth look into Excel. In this two-evening class, advanced concepts will be taught including changing worksheet appearance, advanced formulas, auto-fractions and worksheet organization. \$80
Monday & Wednesday, February 13 & 15, 5:30-8:30 PM
Ryle High School
Ruth Davis

MICROSOFT 2010 WORD I

Students will learn the basics of Microsoft Word 2010 in this two evening class. Topics will include, but not limited to, creating and saving documents, editing text and graphics and creating and editing tables. \$80
Monday & Tuesday, January 23 & 24 5:30-8:30 PM
Ryle High School
Ruth Davis

MICROSOFT 2010 WORD II

A continuation of Introduction to Microsoft Word 2010 for those students who want a more in-depth look into Word. In this two-evening class, advanced concepts will be taught including formatting tables, letters, envelopes and labels, headers & footers, mail merges, and e-mail attachments. \$80
Monday & Tuesday, January 30 & 31 5:30-8:30 PM
Ryle High School
Ruth Davis

POWERPOINT 2010

PowerPoint 2010 is a complete presentation graphics program. Students will learn to customize presentations using design templates, clip art, animation schemes and custom backgrounds. \$80
Monday & Tuesday, March 5 & 6 5:30-8:30 PM
Ryle High School
Ruth Davis

EXPLORE YOUR INTERESTS

DANCING FOR SLOW MUSIC/ BLUES

You and your partner will learn to move as one inspired by the mood of the music. It's how you move into and out of each position that makes this dance so mesmerizing. Partners required. SMOOTH SOLED SHOES A MUST! \$45 each
Mondays, January 23-February 13 6:30-7:45 PM
Conner High School
Carolyn Rollin

DANCING FOR WEDDINGS

Learn to dance with your partner so when all eyes are on you ... you can make a lifetime memory! Bring your entire wedding party, family, friends everyone welcome! Learn to Fox Trot, Waltz, Slow Dance, and Tango. Partners required, SMOOTH SOLED SHOES A MUST! \$45 each
Mondays, January 23 - February 13 7:45-9 PM
Conner High School
Carolyn Rollin

DANCING – THE HUSTLE

One of the most fun dances ever! This beginner's class will expand your dance skills, you'll love the variety of music and how much fun you'll have right from the start. Partners required, SMOOTH SOLED SHOES A MUST! \$45 each
Tuesdays, January 24 - February 21 (No class 2/14.) 7-8:15 PM
Erpenbeck Elementary School
Carolyn Rollin

DANCING - SWING

Learn the greatest dance "the swing" and how to use it for slower music and how to adapt it to faster music. It will help all your dancing so if you are new to the dance floor or have some experience there is something here for everyone! Partners required, SMOOTH SOLED SHOES A MUST! \$45 each
Tuesdays, January 24 - February 21 (No class 2/14.) 8:15-9:30 PM
Erpenbeck Elementary School
Carolyn Rollin

DANCE WORKOUT

Dance Workout is a high energy dance class that combines dance and exercise to promote a healthy lifestyle. Learn Cha-Cha, Samba, Salsa, Swing and Hip-Hop. Participants will spend the majority of the class time involved in physical participation. Partners not required. Comfortable shoes with suede or leather soles are recommended. \$45
Tuesdays, January 24 - March 6 7-8 pm
Florence Elementary School
Sophy Kdep

CUTTING MORE THAN COUPONS

Learn how to cut your grocery and household materials budget in half. You will learn about coupons sources, store match-ups and "Super Doubles." Learn the difference between manufacturer coupons, store coupons, e-coupons and printable coupons. \$25
Tuesdays, March 6 - 27, 7-8:30 PM
Burlington Elementary School
OR
Thursdays, February 2 -23, 7-8:30 PM
Boone County High School
Lee Abdon

DIGITAL PHOTOGRAPHY I

This class is a basic course for beginners or amateurs with limited experience in photography. You will learn the rules of composition and automatic exposure for candid "photo taking." Students must own an SLR or a basic Digital Camera. Tutorial CD is included in tuition. \$55
Tuesdays, February 7 - March 20 (No classes 2/14 & 2/28) 6-8 PM
Florence Elementary School
Domenico Vassallo

DIGITAL PHOTOGRAPHY II

This class is an intermediate course for amateurs with 2 or more years of experience in digital photography. You will learn all the technical aspects of beautiful "picture making." Students must own a SLR and have access to a computer. Tutorial CD included in tuition. \$60
Thursdays, February 16 - March 22 (No class 3/1) 6-8 PM
Florence Elementary School
Domenico Vassallo

DIGITAL PHOTOGRAPHY EDITING

This class is for beginners and advanced students who want to fix and enhance their pictures using Photoshop Elements or a similar software. Some experience with PC required. Tutorial CD with photos is included. \$65
Mondays, February 6 - March 19 (No class 2/20 and 2/27) 6 - 8 PM
Florence Elementary School
Domenico Vassallo

NEW! FLY FISHING BASICS

Learn the basics of tying flies (i.e., making small, almost weightless baits for casting with a fly rod & line). First class teaches about the tools each student must have in order to take the class and where they can be purchased locally. The rest of the classes will teach about four basic styles of flies and the various parts of all types of flies so you end up being able to tie any type of fly. Free, but you must pre-register. Sundays, February 12 - March 18 2:45-4:45 PM
Boone County Public Library – Main Branch Meeting Room A
Northern Kentucky Fly Fishers

NEW! FLY FISHING – ROD BUILDING

Build your own 8-foot, 5/6-wt, 4-piece fly rod over a 4 or 5 session class. The first class will start the process and cover the tasks to be completed in the remaining classes. The remaining class dates and times will be determined based on the students' and instructors' schedules. All materials are included in tuition. Pay online with credit card or make check payable to Boone County Fiscal Court and send to Boone County Parks, PO Box 566, Burlington, KY 41005 \$50
Saturday, January 28 10 AM-3 PM
Northern Kentucky Fly Fishers

SO YOU'VE ALWAYS WANTED TO WRITE A NOVEL. . .

If you've ever wondered what it's really like to create your own world and get to rule it (at least on paper) this is your chance to find out from an award-winning author of 25 published novels. From "Where do the ideas come from?" to "How do you research?" — get your questions answered. Minimum of 5 students required to hold session. \$20
Tuesday, February 28 6:30 - 8:30 PM
Camp Ernst Middle School
Patricia McLinn

SPANISH FOR THE EVERYDAY WORLD - LEVEL I

This four-week course is designed to provide an introduction to the Spanish language, with emphasis on basic, "real world" communication and everyday phrases. \$40
Mondays, January 23- February 13 6:30 - 8:30 PM
Boone County High School

OR
Thursdays, February 2- 23 6:30 - 8:30 PM
Conner Middle School
Cordy Fuentes

SPANISH FOR THE EVERYDAY WORLD-LEVEL II

This four-week course is designed to provide a continuation to Level I Spanish, with the emphasis on "real world" communication, advanced phrases and usage. This class may prove especially helpful to not only the general public, but also to professionals such as educators, police officers, health care personnel, government employees, etc. \$40
Mondays, February 27-March 19 6:30 - 8:30 PM
Boone County High School

WRITING FICTION ADVANCED TOPIC – FIRST CHAPTER POLISH

Learn tips, how-tos, and safeguards for ensuring that your first chapter will give your novel the best start for a reader — from an author who has used every trick to open 27 published novels. (Students must have taken “Writing Fiction Series” or receive waiver from instructor.) Minimum of 5 students to hold class.

\$30
Monday, March 26, 6:30-8:30 pm
Camp Ernst Middle School
Patricia McLinn

WRITING NOVELS – THE REALITY OF FICTION

In this introduction to the world of writing novels, learn about commercial genres, reader expectations, the necessity of structure, keeping yourself on track and a glimpse into the world of publishing. Taught by an award-winning novelist. Minimum of 5 students required to hold session.

\$20
Thursday, March 1, 6:30 - 8:30 pm
Camp Ernst Middle School
Patricia McLinn

WRITING FICTION SERIES

NOTE: Students must have taken “So You’ve Always Wanted to Write a Novel...” class or receive waiver from instructor to register for any of the classes in this series. Minimum of 5 students to hold class. All classes held at Camp Ernst Middle School by Patricia McLinn.

• STRUCTURE:

Learn the framework for dramatic writing structure and how to make it work for your story. Minimum of 5 students required to hold session.

\$30
Tuesday, March 6, 6:30 - 9 PM

• CHARACTERIZATION:

Create realistic and memorable characters. Add point of view, goals, motivation, conflict to your tools. Minimum of 5 students to hold class.

\$30
Thursday, March 8, 6:30 - 9 PM

• PLOT:

Bring characters and structure together into a coherent whole. Scene and sequence, reversals, subplots.

\$30
Tuesday, March 13, 6:30-9 PM

• DIALOGUE:

Make your characters do more than talk — get them to speak to the readers.

\$30
Thursday, March 15, 6:30 - 9 PM

• DESCRIPTION & SETTING:

Turn description from a potential black hole to a tool that serves your story.

\$30
Tuesday, March 20, 6:30 - 9 PM

• THE BIG FINISH:

Pulling off a memorable finish. Add the final elements that make or break your fiction.

\$30
Thursday, March 22, 6:30 - 9 PM

• HOW TO SUBMIT:

Markets, proposals, revisions and royalties.

\$30
Tuesday, March 27, 6:30 - 9 PM

• TOTAL SERIES OPTION:

Want to take all Writing Fiction classes but do not want to pay full price? Here is your chance. Classes from Structure to The Business of Publishing all for one price.

\$180

ENHANCE YOUR WELLBEING

ADULT GOLF EDUCATION

Get into the swing of things with this five-session fun class. This class will cover all aspects of the game including the breakdown of the full swing. Class size is limited to 10 people.

\$80
Tuesdays & Thursdays, March 6 - 20
6:15-7 PM
Brian Nitschke

DODGEBALL FOR AGES 25 & UP

It's fast! It's fun! This six-week session will follow National Dodgeball Association guidelines and equipment. Teams will be picked by lottery each week.*

\$20
Tuesdays, January 24 - February 28
7-8:30 PM
Goodridge Elementary School
Boone County Parks and Recreation

NEW! DODGEBALL FOR TEENS

Players, ages 13-15, will be divided into different teams each week to play organized dodgeball.*

\$10
Saturdays, February 4-25, 2:30-4 PM

AND/OR

Saturdays, March 3-24, 2:30-4 PM
Maplewood School
Boone County Parks and Recreation

NEW! DODGEBALL FOR YOUTH

Players, ages 8-12, will be divided into different teams each week to play organized dodgeball.*

\$10
Saturdays, February 4-25, 12:30-2 PM

AND/OR

Saturdays, March 3 - 24, 12:30-2 PM
Maplewood School
Boone County Parks and Recreation

JUNIOR GOLF EDUCATION

This five-session fun class will teach your child about the game of golf. The class will cover structured golf curriculum aspects of the game and excite young people about golf while instilling values integral to the game. Ages 5 and up. Class size is limited to 8.

\$80
Tuesdays and Thursdays,
March 6 - 20, 5:30-6:15 PM
Brian Nitschke

NEW! TENNIS – BEGINNER ADULTS AND TEENS

Learn to play tennis, serve, rally matches and strategy.*

\$55
Mondays, February 6 - March 5
6:30-7:30 PM
Maplewood School
Tammy L. Anderson/Red's Top Dog
Tennis

NEW! TENNIS – DROP IN HIT CLINIC

Learn to play tennis, serve, rally matches and strategy.*

\$55
Mondays, February 6-March 5
7:30-8:30 PM
Maplewood School
Tammy L. Anderson/Red's Top Dog
Tennis

TENNIS – JUNIOR STARS CLASS

Children learn to play tennis, serving, returning the ball, rally and strategy.*

\$55
Mondays, February 6-March 5
5:30-6:30 PM
Maplewood School
Tammy L. Anderson/Red's Top Dog
Tennis

NEW! TENNIS – MUNCHKIN CLASS

Learn to play tennis, serve, rally matches and strategy.*

\$55
Mondays, February 6-March 5
4:30-5:15 PM
Maplewood School
Tammy L. Anderson/Red's Top Dog
Tennis

VOLLEYBALL FOR AGES 25 AND OVER

Volleyball players ages 25 and over are invited to join us for 6 weeks of open volleyball. Park staff will organize teams upon your arrival for an evening of volleyball. National Federation of High School Rules govern. Program limited to 20.*

\$30
Mondays, January 30 - March 12
(No Class on Feb. 20)
6:30-8:30 PM
Goodridge Elementary School
Boone County Parks and Recreation

NEW! ZUMBA®

This 6-week Latin-inspired dance-fitness program blends red-hot international music and contagious steps to form a “fitness-party!” It’s a BLAST and doesn’t even feel like you are working out. Please bring water and towel.

\$45 each
Thursdays, January 26 - March 1
7-8 PM
Erpenbeck Elementary School
Jessica Smith

NEW! ZUMBA GOLD®

This 6-week Zumba® Fitness class is geared for active older adults and others who are just starting their journey to a fit and healthy lifestyle and want to join the fitness party for the first time. Bring water, towel, comfortable clothes and shoes.

\$45 each
Mondays, January 30 - March 12
(No class 2/20)
8-9 PM
Camp Ernst Middle School
Sue Hansen

NEW! ZUMBATOMIC BIG STARZ PROGRAM®

This 6-week class is geared for ages 8 - 12. The goal of the program is to develop a healthy lifestyle, and to incorporate fitness as a natural part of children’s lives. Participants will learn 2 - 3 dance routines. Bring water, towel, comfortable clothes and shoes.

\$45 each
Mondays & Thursdays, January 30 - March 12 (No class 2/20)
7-7:45 pm
Camp Ernst Middle School
Sue Hansen

IMPROVE YOURSELF

NEW! ACT BOOTCAMP

Help prepare to dominate the ACT test. The ACT Boot Camp is an intense, 5-week program consisting of 9 classes with proven results. The Boot Camp is engineered to help students at all levels, but be warned... it isn't easy.

For more information:
Visit: www.TheACTBootCamp.com
Call: 513-549-6776
Email: mt@TheACTBootCamp.com
Cost: \$325

CONNER HIGH SCHOOL

• Thursdays, 6-9 PM: 2/2, 2/9, 2/16, 2/23, 3/1
• Saturdays 8 AM -12PM: 2/4, 2/18, 2/25, 3/3

• Boone County Schools Free Test: Saturday, January 21, 8 AM-12 PM
• Parent Night: Tuesday, January 24, 7:30-8:30PM

OR

BOONE COUNTY HIGH SCHOOL OR COOPER HIGH SCHOOL

• Wednesdays, 6-9 PM: 2/1, 2/8, 2/15, 2/22, 2/29
• Saturdays, 8 AM-12 PM: 2/4, 2/18, 2/25, 3/3

• Boone County Schools Free Test: Saturday, January 21, 8 AM-12 PM
• Parent Night: Wednesday, January 25, 7:30-8:30 PM

ACADEMIC SKILLS IMPROVEMENT

This is a refresher course on grammar, math, and/or reading skills. Prepare yourself for job placement, job promotion, post-secondary education, and/or self-improvement.

No cost
Call 282-4629 for times and dates
Boone County Adult Education Center

BASIC READING ASSISTANCE

Reading assistance is private tutoring sessions for qualified adult learners which will improve their reading and/or writing skills. This service is available Tuesday evenings by appointment.

No cost
Call 282-4629 for times and dates.
Boone County Adult Education Center
Boone County Adult Education Staff

CITIZENSHIP CLASSES

Take the opportunity to study for the United States Citizenship test. Course covers the steps necessary to apply for U.S. citizenship, where to get the forms, and a review of information needed to pass the test.

No cost
Call 282-4629 for times and dates.
Boone County Adult Education Center
Boone County Adult Education Staff

ENGLISH AS A SECOND LANGUAGE

Adult students learn to speak and use English, learn about other cultures and meet new people. Proper pronunciation, grammar and conversation skills, and skills needed to obtain employment will be covered.

No cost
Call 282-4629 for times and dates.
Boone County Adult Education Center
Boone County Adult Education Staff

G.E.D. (HIGH SCHOOL COMPLETION)

Boone County Adult Education offers sessions to prepare for the G.E.D. test. The Adult Education Center is a certified G.E.D “test-readiness” site and “official” G.E.D. testing site.

Call 282-4629 for times and dates.
Boone County Adult Education Center

Improve Yourself, cont.

NEW! MY PLATE: USING THE NEW DIETARY GUIDELINES

FOR A HEALTHIER YOU

This 4-week class will allow adult students to learn to choose nutritious foods for their families to prepare at home or eat on the run and will learn to balance nutrient intake for a healthy weight and prevent the onset of many chronic diseases.

\$60
Tuesdays, January 24 - February 21
6 - 7 pm
Boone County High School
Sherri Hoffman

WORKPLACE BASIC SKILLS

This service improves math, reading, and writing skills for a new job, job training, advancement and/or promotion. Assessment included. No cost

Call 282-4629 for times and dates.
Boone County Adult Education Center

ENCOURAGE YOUTH AND FAMILY

BABYSITTING

This excellent 8-hour course is designed for girls and boys, ages 11 and older. The course focuses on the responsibilities of a babysitter: how to prepare for a job, accident prevention, safe toys and games, diapering, feeding, emergency first aid, rescue breathing and choking prevention procedures, and other safety topics. Participants receive an American Red Cross certificate upon completion. Participants must complete the required number of hours to receive certificate, and must attend all four classes; there will be no make-up classes. Class size is limited to 10. Please bring all required supplies to first class.

\$60
Tuesdays, March 6-27, 6-8 PM
Boone County High School

OR

Thursdays, March 1-22, 6-8 PM
Sarah Steffen
Conner High School

NEW! COLLEGE ADMISSIONS SURVIVAL GUIDE

Learn what schools really look for in a student, steps in the admission process and how to find your hook that will get you noticed. How to judge a school based on academics and financial aid. For grades 9 - 12.

\$5
Monday, February 27, 6-8 pm
Gray Middle School
Lynn Welch

PARENT UNIVERSITY

BORN LEARNING ACADEMY

Series of workshops that teach parents and caregivers of children birth to 5 years of age how to turn everyday moments into learning opportunities. This FREE academy aims to give children the tools they need to achieve success in school and beyond. Childcare and dinner will be provided.

REGISTRATION IS REQUIRED
- Contact Betty Pennington at 282-2350
April 12, 19, 26; May 3, 10, 17
6-7:30 PM
Collins Elementary School

ABCs OF PARENTING

Great parents learn how to parent even better when Family Nurturing facilitates classes to discuss appropriate discipline and appropriate communication.
February 2-March 8, 5:30-8 PM
Collins Elementary School

BABYSITTING CLINIC FOR 5TH GRADERS

Barbara McCarthy facilitates and provides an opportunity for students to learn more about babysitting.
March 16, times to be announced
Collins Elementary School

FAMILY STORY TIME - CAREER COLLEGE READINESS

BCHS guidance counselor will talk to parents and students about how to prepare for college. The students will read, take AR tests, make a craft.
January 31, 6:30-7:30 PM
Collins Elementary School

DRAMA PROGRAM FOR 5TH GRADERS

Contact Tammy Reams at Boone County Extension Office. Flyers will be sent to Collins 5th grade students. (15 students max)
March 8-29, 3:50-5 PM
Collins Elementary School

FAMILY STORY TIME

Students read along with parents, take AR Tests and do a craft.
March 27, 6:30-7:30 PM
Collins Elementary School

GIRL ZONE

Each spring Girl Scouts offer a thematic program.
March 7, 14, and 21 (tentative dates), 3:50-5 PM
Collins Elementary School

LITERACY GAME NIGHT

Parents and students will enjoy an evening of fun and learning by playing literacy games with their teachers, parents, peers. Games will be given away at this event.
February 28, 6-7:30 PM
Collins Elementary School

UNITE TO READ

Please contact Peggy McClure at Peggy.McClure@boone.kyschools.us for more details.
December 15, 3:50-5:30 PM
Collins Elementary School
Facilitated by Boone County High School



PARENT UNIVERSITY

Boone County Schools

NEW! KARATE FOR KIDS

This course will help develop and increase self-confidence, coordination, and self-discipline.

\$60
Tuesdays & Thursdays, 6:30-8:30 PM
February 7-March 29
(No class (2/14)
Ockerman Middle School
Steve Mullikin

NEW! KOBUDO MARTIAL ARTS

This 6-week class will take you through the principles of ancient Samurai martial arts and the participants will learn basic methods of self-protection based on proper and natural body movement rather than confronting an attacker with strength, preparing anyone of any age or ability for self-protection. Must be 12 years of age.

\$45
Thursdays, February 23 - March 29
7-8 PM
Ockerman Elementary School
Jake Ashcraft

START SMART BASKETBALL

This 7-week program is offered for 3 to 5 year olds along with a parent or other adult and will include basics of Kentucky's favorite pastime. The first week is a "parent-only" meeting. Each child will receive a jersey, 4 cones, soft basketball, mini-basketball and learning manual. This class fills fast. Enrollment is limited due to space. More details about this national program can be found at <http://www.nays.org>*
\$62
Wednesdays, February 1 - March 14
6-7 PM (First week for parents only.)
Erpenbeck Elementary School
Boone County Parks Department

START SMART SPORTS DEVELOPMENT

A 7-week (first week is a parent only meeting) instructional program which helps parents work one on one with their 3 - 5 year old child teaching motor skills like throwing, catching, kicking and hitting. A parent or other adult must attend each session with their child. This class fills fast. Enrollment is limited due to space. More details about this national program can be found at <http://www.nays.org>*
\$42
Wednesdays, February 1 - March 14
6-7 pm (First week for parents only.)
Florence Elementary School
Boone County Parks Department

NEW! SUCCESS FOR LIFE — 8 SIMPLE STEPS TO THE LIFE YOU WANT

Students will learn they can create the life they want, no matter how difficult it may seem. Students will learn how to take responsibility for their life by putting the 8 steps into action. For grades 9 - 12.
Monday, April 16, 6-8 PM
Gray Middle School
Lynn Welch

NEW! SUCCESS FOR STUDENTS STUDY SKILLS

This 4-week class will teach students to set and achieve goals, overcome procrastination, take effective notes, maximize retention, improve time management, double reading speed and improve comprehension. For grades 9 - 12.
\$150
Mondays, January 23 - February 13
7-8 PM
Gray Middle School
Lynn Welch

NEW! SUCCESS FOR TEENS — GIVING TOMORROW'S LEADERS THE TOOLS TO SUCCEED TODAY

In this 4-week course teens will grasp the necessity and reward of clarifying goals, practicing small efforts necessary, and boldly accept responsibility for creating their own destiny. For grades 9 - 12.
Monday, February 27, 6-8 pm
Gray Middle School
Lynn Welch

TAE KWON DO FOR KIDS AND ADULTS

This 4-week class is designed to improve the physical and mental skills of junior and adult students; provide self-defense training and increase self-esteem. We encourage parents to participate with their children. Self control and discipline will be promoted. Class size limited to 20.*

\$23
Tuesdays, January 31-February 21
6-7 PM

OR

7-8 pm
Boone County Public Library – Scheben Branch
Boone County Parks Department

**For information about any of these classes, please visit our website:
www.boone.kyschools.us, select District Office, choose Community Education;
or call 859/282-3314.**



WINTER/SPRING 2012 EVENTS & SERVICES

For more information about any of these programs, call the number listed or visit the City's Activity Guide at www.florence-ky.gov.



SNOW EMERGENCY INFORMATION Winter

The City of Florence asks its residents for assistance during the Public Services Department's snow removal operation by moving parked vehicles off of the streets when snow is expected. Florence has one level of snow emergency status and the primary radio and television stations are notified when the City has declared a snow emergency. In such instances, all on-street parking is prohibited for a period of 24 hours. Call 647-5420 or go to www.florence-ky.gov.



THE CITY OF FLORENCE WEBSITE HAS A NEW AND IMPROVED LOOK.

See for yourself! Just go to www.florence-ky.gov



FLORENCE WORLD OF GOLF Year-round

The World of Golf (7400 Woodspoint Drive) features a clubhouse with concession area, golf simulator, golf swing analyzer, indoor driving range, indoor putting green, miniature golf course, outdoor driving range, pro shop, and more. Call 371-8255 or go to www.landrumgolf.com.



DR. MARTIN LUTHER KING JR. PROGRAM January 16

The City of Florence will hold its annual Martin Luther King, Jr. Day Program on Monday, January 16 at 3 pm at the Florence Government Center (8100 Ewing Boulevard). Call 647-5439 or go to www.florence-ky.gov.



PRESIDENTS DAY DISPLAY February 20

The City of Florence celebrates Presidents Day on Monday, February 20. Stop by the Florence Government Center (8100 Ewing Boulevard) to view the display of United States Presidents, Vice Presidents, and First Ladies and answer trivia questions throughout the business day from 9 am - 4 pm. Call 647-5439 or go to www.florence-ky.gov.



STUDENT AMBASSADOR PROGRAM March 1

Applications for the City's Student Ambassador Program are due on Thursday, March 1. Applications are available at Florence middle and high schools and also at www.florence-ky.gov for students in grades 6-12. Florence residents will be selected to represent the City and the youth in the community at City-sponsored events and various Northern Kentucky community events. Call 647-5439 or go to www.florence-ky.gov.



CITIZENS POLICE ACADEMY March 7-April 25

The City of Florence Police Department will hold its annual Citizens Police Academy on Wednesday, March 7-Wednesday, April 25 for participants to learn first hand from police officers and guest speakers about traffic violations, building searches, interviewing suspects, and many other topics. The eight-week course meets each Wednesday at the Florence Government Center, 8100 Ewing Boulevard. Call 647-5420 or go to www.florence-ky.gov.



YOUTH IN GOVERNMENT PROGRAM March 13

The City of Florence will host its annual Youth in Government Program on Tuesday, March 13 from 5:30 - 7 pm in the Community Rooms of the Florence Government Center (8100 Ewing Boulevard). The program is open to all ages and will provide those who attend an opportunity to learn about the role local government plays within their community. City departments will provide presentations of their roles in the local government process, and students learn the legislative duties of the Mayor and City Council. The event will continue during the weekly Florence City Council meeting at 7 pm in the Council Chambers. Mayor Diane E. Whalen will recognize those in attendance. Call 647-8177 or go to www.florence-ky.gov.



EASTER EGG HUNT April 7

The City of Florence holds its annual Easter Egg Hunt at Champion Window Field (off of Freedom Way), home of the Florence Freedom, on Saturday, April 7. Sponsored by the Florence Police Department and in conjunction with the Florence Freedom, costumed characters will be on hand for photographs at 11am followed by the egg hunt at 12pm (conducted by age groups). The free program is designed for children up to age 10. Call 647-5420 or go to www.florence-ky.gov.

FLORENCE EVENTS & SERVICES



SPRING TENNIS CLINICS April 9-May 20

The City of Florence offers Tennis Clinics at Lincoln Woods courts beginning Monday, April 9. Registration forms are sent through Florence schools and are also available in the lobby of the Florence Government Center (8100 Ewing Boulevard) or on the City's webpage at www.florence-ky.gov. Register for clinics directly through instructor Tim Mitchell at (513) 328-8811 or at (513) 541-9811 (class days, times, fees, etc.). Call 647-5439 or go to www.florence-ky.gov.



GREAT AMERICAN CLEANUP April 21

The City of Florence Great American Cleanup will be held on Saturday, April 21 and provides an opportunity for people to volunteer and clean litter along designated roadsides within the City limits. Join the City during this national service project and receive a light breakfast, lunch, and t-shirt. Call 647-5416 or go to www.florence-ky.gov.



SPRING CLEANUP April 23-29

City of Florence residents (must show proof of residency) may bring their unwanted trash and debris (excluding hazardous waste) April 23-29 to the Public Services Maintenance Facility located at 7851 Tanners Lane (across from the Florence Government Center), for disposal. No fee or registration required. Call 647-5416 or go to www.florence-ky.gov.



SAFE SITTER BABYSITTING CLASSES May 5

The City of Florence holds Safe Sitter babysitting classes throughout the year from 9 am-4 pm at the Evelyn Kalb Gathering House at the Florence Nature Park (Banklick Street). Fee is \$40 and students must bring a lunch and drink. Upcoming class: Saturday, May 5. Call 647-5439 or go to www.florence-ky.gov.



ARBOR DAY PROGRAM May 12

The City of Florence annual Arbor Day program will be held on Saturday, May 12 at the Florence Nature Park (Banklick Street). The program is from 10 am-noon and includes a brief history of Arbor Day, reading of the City's Arbor Day proclamation, various tree planting activities, and lunch. Call 647-5416 or go to www.florence-ky.gov.



PUBLIC SERVICES NIGHT OUT May 22

The City of Florence Public Services Department will hold its annual Night Out on Tuesday, May 22 from 4 - 6:30 pm on Mall Road (between Qdoba Mexican Grill and Stafford Jewelers). This event is hosted in conjunction with National Public Works Week and is an opportunity to raise awareness and recognize the impact Public Works staff has on improving the quality of life within the community. Bring family and friends to enjoy free ballpark style food, live demonstrations, and see the equipment used every day by the Public Services Department. Call 647-5416 or go to www.florence-ky.gov.



FLORENCE FREEDOM BASEBALL May

The Florence Freedom baseball team will begin its ninth season in the Frontier League in May. Call 594-4487 or go to www.florencefreedom.com.



FAMILY AQUATIC CENTER May 26-August 12

The Florence Family Aquatic Center, located on the campus of the Florence Government Center (8200 Ewing Boulevard), opens its gates on Saturday, May 26. The facility is open from 11 am-7 pm, Sunday-Saturday. Admission is available through the purchase of a season membership or by paying a daily rate. Purchase memberships at a 10% discount until Monday, April 30. Gift cards are available in \$25 increments for admission, programs, or rentals. For rates, rules, times, and more, call 647-4619, 647-5439, or go to www.florence-ky.gov.

FLORENCE EVENTS & SERVICES



MEMORIAL DAY PARADE & PROGRAM May 28

The City of Florence will hold its annual Memorial Day Parade & Program on Monday, May 28. The parade begins at 10 am at Boone County High School and ends at the Boone County Veterans Memorial, located on the campus of the Florence Government Center (8100 Ewing Boulevard). Parade registration forms are available at the Government Center or download it from the City's webpage at www.florence-ky.gov. The memorial service begins at 11 am at the Boone County Veterans Memorial. Call 647-5439 or go to www.florence-ky.gov.



CHILD CAR SEAT SAFETY CHECK Ongoing

The Florence Fire/EMS Department offers Child Car Seat Safety Checks (by appointment) for residents of Florence and Florence Fire Protection District. Call 647-5660 or go to www.florence-ky.gov. Call 647-5439 or go to www.florence-ky.gov.



CPR CLASSES Ongoing

The Florence Fire/EMS Department offers CPR Classes to citizens at Fire Station 3 (1152 Weaver Road). Call 647-5660 or go to www.florence-ky.gov.



ON OUR OWN PROGRAM Ongoing

The Florence Fire/EMS Department offers the Red Cross "On Our Own" program, a "latchkey" program designed to teach children age 7-12 simple rules and safety procedures to be followed when they are home alone. Call 647-5660 or go to www.florence-ky.gov.



FIRST AID FOR LITTLE PEOPLE Ongoing

The Florence Fire/EMS Department offers the Red Cross "First Aid for Little People" class for children ages 4-8 to learn how to make a first aid kit and respond to emergencies such as shock, bleeding, fire, choking, and poisonings. Call 647-5660 or go to www.florence-ky.gov.



BASIC FIRST AID TRAINING Ongoing

The Florence Fire/EMS Department offers the Red Cross "Basic First Aid Training" class for children ages 8-12 and teaches first aid, health and safety including rescue breathing, choking, shock, bleeding, poisonings, fire safety and more. Class is taught over two (2) sessions. Call 647-5660 or go to www.florence-ky.gov.



RECYCLING PROGRAM Ongoing

The City of Florence offers a voluntary subscription recycling program for Florence residents through Rumpke. Call 1-877-786-7537, 647-5416, or go to www.florence-ky.gov.

City of Florence



Administration.....	859/647-8177	Parks and Recreation.....	859/647-5439
City Clerk.....	859/647-8178	Police(non emergency).....	859/647-5420
Finance/Tax.....	859/647-5413	Public Services.....	859/647-5416
Fire/EMS.....	859/647-5660		

Boone County Parks celebrates 40 years of serving our community



The Boone County Parks and Recreation Department would like to thank our community for allowing us to serve you for 40 years. On August 1, 2012 the Parks Department will celebrate its 40th anniversary.

The Parks Department began with two parks and two ball fields

on 15 acres in 1972. Today Boone County Parks consists of 18 parks and recreational facilities totaling over 2,000 acres. The Parks Department operates and maintains soccer fields, baseball/softball fields, picnic shelters, fishing lakes, disc golf courses, and much more. Boone County Parks

hosts numerous events, such as the Boone Woods Arts & Crafts Show, Jack-O-Lantern Contest & Walk, Breakfast with Santa, Free Movie Nights and Free Concerts, as well as adult and youth programming throughout the year.

Check out what we have to offer in 2012!

Parks and Recreation 2012 Upcoming Events

JANUARY

Date Event

- 1 Union Pool gift passes available
- 2 Zumba Fitness begins for January
- 2, 5 Yoga begins for January
- 3 Age 50 & over Basketball League
- 4 Age 40 & over Basketball League
- 4 Winter Volleyball Leagues (Women's Upper & Lower Divisions)
- 5 Age 60 & over Basketball League
- 24 Age 25 & over Dodgeball*
- 28 Fly fishing - Rod building*
- 30 Age 25 & over Volleyball*
- 31 Tae Kwon Do for Kids & Adults*



Basketball Leagues for ages 40+ and 50+ begin in January

FEBRUARY

Date Event

- 1 Summer Adult Softball & Volleyball Leagues - Registration Begins
- 1 Start Smart Sports Development*
- 1 Start Smart Basketball*
- 2, 6 Yoga begins for February
- 4 Dodgeball for Youth, ages 8-12, February session*
- 4 Dodgeball for Teens, ages 13-15, February session*
- 6 Zumba Fitness begins for February
- 6 Traditional Wool Drying Basket*

Join us for yoga!



FEBRUARY, continued

Date Event

- 6 Munchkin Tennis Class, ages 4-6*
- 6 Junior Stars Tennis Class, ages 7-10*
- 6 Beginner Adult & Teens Tennis Class, ages 13 and older*
- 6 Drop in Hit Tennis Clinic, ages 14 and older*
- 9 Chocolate Heart Box with Candies*
- 12 Learn the Basics of Fly-tying*
- 13 Little Galileos
- 13 Tee Ball Registration Begins
- 13 Machine Pitch Registration begins
- 21 Cupcakes Galore*
- 27 Basket with Curls*

Register for tee ball in February!



MARCH

Date Event

- 1 Shelter reservations for 2012 begin
- 3 Dodgeball for Youth, ages 8-12, March Session*
- 3 Dodgeball for Teens, ages 13-15, March Session*
- 1, 5 Yoga begins for March
- 5 Zumba Fitness begins for March
- 7 Advanced Gum Paste Flowers*
- 12 Little Galileos
- 19 Little Galileos II

APRIL

Date Event

- 2, 5 Yoga begins for April
- 15 Mommy & Me for Tea
- 16 Little Galileos II

*Community Education Class - registration begins January 10 at 12:01 pm. To register, go on-line to: www.boone.k12.ky.us and click under District Office.

For more information visit our website at www.boonecountyky.org/parks or call us at 859-334-2117. Find us on Facebook: Boone County Parks, or Twitter: @BooneCountyPark

Message from Dr. Saddler:

Don't let winter put a chill on your family's efforts to be healthy



Dr. Lynne Saddler

I came to Northern Kentucky last year from central Florida. I am proud to call Kentucky my new home, but

for someone used to the mild winters in the Sunshine State, the short days, cloudy skies and frigid temperatures take some getting used to.

Whatever the weather, it's important for families to keep their children healthy year-round, preventing illness, encouraging play and eating right.

Colds, flu and other communicable diseases are more common in winter months, mainly because we spend more time indoors, in close proximity to others. Keep those germs away by washing your hands often, avoiding people who are sick, and—if you haven't already—getting a flu shot. Flu vaccine is free at the Health Department.

Do your kids have cabin fever yet? On our milder winter days, get the whole family moving outside. Kids can comfortably play outdoors if the temperature is at 32 or above, as long as the wind speed is below 15 mph and they are dressed appropriately. But, remember to check on kids regularly to make sure they aren't too cold. Always keep those hands, feet and heads warm, too!

For the days when playing outdoors isn't possible, look for indoor sports, such as basketball, indoor soccer, indoor flag football, or volleyball.

Eating healthy can be tough in winter, particularly when fresh produce is not in season. Stock your freezer with a variety of frozen vegetables. They are cheap and just as healthy as fresh vegetables because they are frozen when they are at their peak nutrition state. Having them on hand makes it easy to add lots of veggies to soups, casseroles and Crockpot meals that we tend to eat more in the winter time. A bowl of soup is a great snack after playing outside. Just make sure it's not cream-based and watch out for sodium.

And when winter seems to be at its worst, consider planning your spring or summer vacation to some place sunny and warm! I'm sure my former neighbors in Florida would be happy to have you vacation there.



Kids can comfortably play outdoors if the temperature is at 32 degrees or above, as long as the wind speed is below 15 mph and they are dressed appropriately.

Annual report details year filled with success amid significant challenges

The hurdles faced by the Health Department staff and Board during its 2011 fiscal year were immense — increased need for services due to difficult economic times, budget cuts from the state and federal level, rising costs for employee benefits and lower reimbursement for services, among others. The fiscal year 2010-2011 annual report addresses these issues, and how the Health Department continues to face difficulties head on and provide quality public health services to Northern Kentucky.

Highlights include:

- The hiring of Lynne M. Saddler, MD, MPH, as District Director of Health in July 2010
- Continued demand for clinical services, with 5,000 more clients seeking care at the Health Department's four county health centers compared to the previous year



- Education about and enforcement of the Kenton County smoking ordinance
- Response to simultaneous outbreaks of Shigella and Cryptosporidiosis
- Rising costs and declining revenues leading to a budget deficit of more than \$1 million

To read the report, please visit <http://www.nkyhealth.org/annualreport>

Northern Kentucky Health Department

Earl Parker Robinson Boone County Health Center

7505 Burlington Pike
Florence, KY 41042
phone: 859/363-2060
fax: 859/647-3594

District Administrative Office

610 Medical Village Dr.
Edgewood, KY 41017
phone: 859/341-4264
fax: 859/578-3689



NORTHERN KENTUCKY
INDEPENDENT DISTRICT
HEALTH DEPARTMENT



Connect with us on Twitter!

Follow @nkyhealth for the latest public health information.

Try TANK to avoid winter weather driving



Don't spend your winter scraping, shoveling and chipping ice and snow from your car... Try TANK!

If you're like many people, the thought of winter weather driving is what you dread most about seeing snowflakes.

Do you enjoy filling the gas tank in freezing temps? Scraping layer

after layer of ice and snow off of your car window? Shoveling the car out of the driveway?

Unless you answered YES! to any of these questions, maybe you should try something new this year.

Visit the Google Trip-Planner at www.tankbus.org and trade in your gas card for a bus pass. Pile on an extra layer of clothing and a pair of snow boots and head to the nearest bus stop with that book you've been

planning to read. Let a professional do the driving – you'll be glad you did!

TANK in Boone County

Routes:

- 1 Florence
- 1X Florence Express
- 2X Airporter
- 22X Walton Express
- 28X Empire Drive Express
- 29X Hebron Express
- 32X Burlington Express

Park & Ride Locations:

- Burlington Park & Ride (32X)
- Hebron Lutheran Church (29X)
- Mt. Zion Park & Ride (22X)
- Houston Road Park & Ride – near the corner of Commonwealth Rd. on Houston Rd. (just north of Citi) (1X)

Call 331-TANK or visit www.tankbus.org for schedule and route information.

Service updates

Fare increase

Effective January 1 some of TANK's fares have increased. Details are available at www.tankbus.org. To summarize the changes:

- Express route fare is now \$2
- RAMP service fare is now \$2.50
- DayTripper fare is now \$4
- Transfers are now \$0.25 and must be requested and purchased at the time of boarding the bus.

U-Pass program

Students that are currently registered and taking classes at either Northern Kentucky University or Gateway Community and Technical College may ride any TANK route free! Thanks to a contractual arrangement between TANK and both schools, students get this valuable benefit! When you board the TANK bus, just swipe your valid student ID card in the farebox on the bus – it's easy!



TANK



**Information Line:
859/331-TANK
www.tankbus.org**

Brighton Center is hope



From modest beginnings in a Newport storefront when we were founded, Brighton Center has grown to provide a uniquely comprehensive range of programs and services including family and work supports; financial and homeownership services; workforce development services including education, employment and

training programs; substance abuse recovery services for women; early childhood education; and neighborhood based programs including community organizing and housing development.

Last year Brighton Center served over 75,000 individuals through 32 programs right here in Northern

Kentucky. These numbers are truly overwhelming, but as Alfred Einstein said, "Not everything that counts can be counted." Read the story below from Jessica, a young lady who recently was helped by the Brighton Recovery Center for Women in Florence.

I was living on the streets, begging for handouts, and strung out on drugs. I was beaten down by isolation, addiction, and hopelessness. I prayed to die every night just to numb the pain. What happened and where did it all go wrong? The past was such a blur that I could hardly remember the young lady who everyone said had so much promise and potential.

It happened so fast, but in a matter of 2 years I had lost my job, drained my savings, and cut my family and friends out of my life. I thought I was going to die as a heroin addict. It was at this dark point in my life that I was referred to the Brighton Recovery Center. Little did I know it at the time, but the day that I entered the program changed my life forever.

To watch your life go into shambles and watch it come back up...you think, Wow! Today I am now an Alumna of Brighton Recovery Center. I just started a great job as a secretary for a large local company. I am very active in Alcoholics Anonymous and I've met a wonderful man who is also a member of the program. I am meeting with a counselor at a local community college to start school in the fall.

Brighton Center is hope. They gave me a second chance when everyone had given up. They gave me an amazing opportunity – and a blessing.

-Jessica

The Brighton Recovery Center really is an opportunity for women to go from addiction and homelessness to self-sufficiency. The focus is to help women change their behavior, skills and attitudes related to their addictive lifestyles. We also address other problems that emerge for the women in the program and connect them to an array of Brighton Center services. The intensive curriculum of Recovery Dynamics and a peer driven community helps to instill

accountability, responsibility, and structure to their lives.

The Brighton Recovery Center opened in 2008 and was made possible by a partnership with Brighton Center and Kentucky Housing Corporation, Kentucky Department for Local Government, the Federal Home Loan Bank, the Department of Corrections, and Boone County Fiscal Court.

For more information visit www.brightoncenter.com or find us on facebook.

Brighton Center



**741 Central Avenue
Newport, KY
859/491-8303**



Committed to assessing and restoring water quality

The Boone County Conservation District has committed itself to assessing Boone County's watersheds and developing solutions to maintain or restore water quality. Over the next several years the District will be working with community partners to develop watershed plans for Gunpowder and Woolper Creek Watersheds, two of the most populated watersheds in the county. Two EPA Section 319(h) Non-point Source Pollution Grants awarded through the Kentucky Division of Water will enable us to evaluate these watersheds and develop solutions for the most problematic areas. A substantial contribution of time and technical assistance from project partners will contribute to a 40% match requirement for the grant.

Northern Kentucky University Center for Applied Ecology, one of



Stream restoration project at Florence Golf Course

Photo by Scott Fennell



Woolper Creek with mature forest in the riparian zone

Photo by Mark Jacobs

our most active partners, administers the Northern Kentucky Stream & Wetland Restoration Program (NKSWRP). This program serves nine northern Kentucky counties: Boone, Bracken, Campbell, Carroll, Gallatin, Grant, Kenton, Mason and Pendleton; and is an important tool

that can be used to improve impaired streams in the Northern Kentucky area. The program uses fees paid by public and private entities that have impacted aquatic ecosystems to implement stream and wetland restoration and preservation projects in the region.

The goal of individual projects is to restore and protect streams, wetlands, and riparian habitat to the extent practical, with cost-effective methods consistent with the landowner's management objectives.

To date the Northern Kentucky Stream & Wetland Restoration Program has restored and protected over 22 miles of streams and 844 acres of natural areas on 17 public and private lands. Comprehensive planning combined with community education and support will ensure the NKSWRP will remain a valuable tool to help restore and protect the most valuable natural resources in our community.

This work was funded in part by a grant from the U.S. Environmental Protection Agency under §319(b) of the Clean Water Act.

Watershed project updates



Matt Wooten, Senior Aquatic Biologist SD1, training students from Thomas More College Environmental Academy

Gunpowder Creek Watershed Initiative—

This past summer has been a very active one for the Gunpowder Creek Watershed Initiative. In close collaboration with SD1 and Licking River Watershed Watch and with assistance from students

from the Thomas More College Environmental Academy, data was collected from sites in the Gunpowder Watershed. Ultimately all of this data will help us select problem areas so we can concentrate our time and resources to improve the water quality of Gunpowder Creek.

Woolper Creek Watershed Initiative—

The Woolper Creek Watershed Initiative was approved for funding by the Kentucky Division of Water in March 2011. Since that time the Boone County Conservation District has been working closely with representatives from SD1, Dr. Bob Hawley from Sustainable Streams, Inc. and the Kentucky Division of Water to develop a monitoring plan for the watershed. Approximately 18

sampling sites have been selected to collect field, biological, chemical, flow and hydromodification data. Pending approval of the monitoring and quality assurance project plans, data collection will begin in 2012.

Interest and cooperation in these projects from the community has been an enormous help. We would like to thank the property owners at our collection sites for their cooperation and assistance. We would also like to thank the Dan Beard Council of the Boy Scouts of America for allowing us to use their

beautiful facility at Camp Michaels on Gunpowder Creek to collect data and train students.

The next public meeting for the Gunpowder Creek Watershed Initiative is being planned for March 2012. The details of this meeting will be announced at a later date.

For more information about the Gunpowder and Woolper Creek Watershed Initiatives, contact Mark Jacobs with the Boone County Conservation District at (859) 586-7903 or visit our website at: <http://www.boonecountyky.org/bccd>.

Boone County Conservation District

859/586-7903


6028 Camp Ernst Road • Burlington, KY

Comprehensive Plan update continues

Every five years, residents, business owners, and community leaders have the opportunity to get involved in shaping Boone County's future. That time is now. The Boone County Comprehensive Plan describes what the County might look like in 25 years. The plan takes a close look at 11 "elements" that influence Land Use: Population, Transportation, Housing, Economy, Business Activity, Public Services and Facilities, Agriculture, Environment, Recreation and Open Space, and Preservation.

The 2010 Boone County Comprehensive Plan update is well underway, but it's not too late to get involved! With citizen input, the Planning Commission and staff have been collecting information, analyz-

Play a part in planning the future for Boone County! Visit the Comp Plan website at www.boonecountyky.org/pc/CompPlan2010.aspx for updates about meetings, workshops, and opportunities to participate in the Boone County of your future.



ing how the community has changed in the last five years, and crafting a vision of what Boone County will look like in the year 2035.

The planning process is ongoing but we need your help to develop the best possible plan. Public workshop

dates will be scheduled within the first two months of 2012. Drafts of the plan's Elements are posted for public comment online and will be available for review at upcoming public workshops. Keep an eye on the Comp Plan website at

www.boonecountyky.org/pc/CompPlan2010.aspx for updates about meetings, workshops, and opportunities to participate in the Boone County of your future.

Cincinnati/Northern Kentucky International Airport

CEO's Corner: *Candace McGraw talks about new branding campaign*



Candace McGraw, CVG CEO

As part of an overall plan to position CVG for future growth, our airport team introduced an updated branding campaign in 2011 reinforcing CVG as the preferred choice for business travelers who value time and friendly service.

The campaign highlights fast features that help passengers save time when they fly through CVG:

- Get to more cities faster than any other airport in the region
- CVG gets you from our long-term parking to your terminal in 4 minutes or less
- VIP parking lanes get you in and out in a flash
- Closer to home when you land

Our airline partners offer non-stop service to more cities than any other airport in our region, making CVG the optimal choice when saving time is critical. Our entire team is focused on delivering fast, friendly service for all of our customers.

This contemporary approach reflects speed and forward motion – both in terms of getting passengers on their way and our approach to doing business. CVG is the premier choice for business travelers in the region: Business flies through CVG.



Examples of CVG's new branding campaign including new ad (left) and logo (below).



Get here. Get there. Get home.

The development of the updated branding for CVG was a collaborative partnership with Airport Board Members and Staff; Peter Carter, Harley Procter Marketing Director on loan to CVG from The Procter & Gamble Co.; and Strata-G, a Cincinnati-based advertising agency.

CVG is celebrating its updated marketing campaign and fresh logo by rewarding customers. Follow CVG on twitter (@CVGairport) for chances to win free parking at the airport. Join the conversation and save money!

WHAT'S HAPPENING!™

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TIME DATED

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Visit www.whatshappeningnews.com for all the news in Boone, Kenton, Campbell and Oldham counties

Boone County Golf Courses

Special event? Choose Boone County Golf Courses!

Boone County Golf Courses, including Boone Links Golf Course in Florence and Lassing Pointe Golf Course in Union, provide the perfect venue for special events:

- Weddings
- Rehearsal dinners
- Receptions
- Adult birthday and anniversary parties
- Corporate meetings/luncheons/banquets
- Awards banquets
- Sorority and fraternity balls
- Fund raising events

The Golf Courses offer full service catering, bar, ample free parking, two convenient locations, competitive meal plans and rental rates. Additional amenities such as chair covers, table runners, wedding arch, etc. are available at nominal rates.

For more information, please visit www.boonecountygolf.com. Contact Jeanni Reusch at 334-4853 or jreusch@boonecountyky.org to schedule a viewing.



Save \$50!

Join Boone Links and Lassing Pointe Before February 15, 2012

Membership includes both Lassing Pointe (18 Holes) and Boone Links (27 Holes)

Senior Membership (Ages 60 and up)	\$600 \$550
Individual Membership (Ages 18 – 59)	\$850 \$800
Family Membership (Same Household)	\$1,200 \$1,150

Non-Resident Memberships Additional \$100

Season Pass entitles members to unlimited golf for a daily fee of \$3. Membership play is valid daily (after 1 pm on weekends at either course and after 1 pm on Fridays at Lassing Pointe). Membership play is not valid on holidays – See Pro Shop for details.

Gasoline Carts are available for an additional rental. Memberships are sold on a calendar year basis and will expire December 31, 2012. Lassing Pointe is closed December - February, however, Boone Links is open year round, weather pending.

Membership Discount Expires February 15, 2012

Boone County Golf Courses



Boone Links Golf Course

19 Clubhouse Drive, Florence, KY
859/371-7550



Lassing Pointe

Lassing Pointe Golf Course

2266 Double Eagle Drive, Union, KY
859/384-2266

