

WHAT'S

20  
years  
of good  
news!

# Happening!

in Boone County, Kentucky

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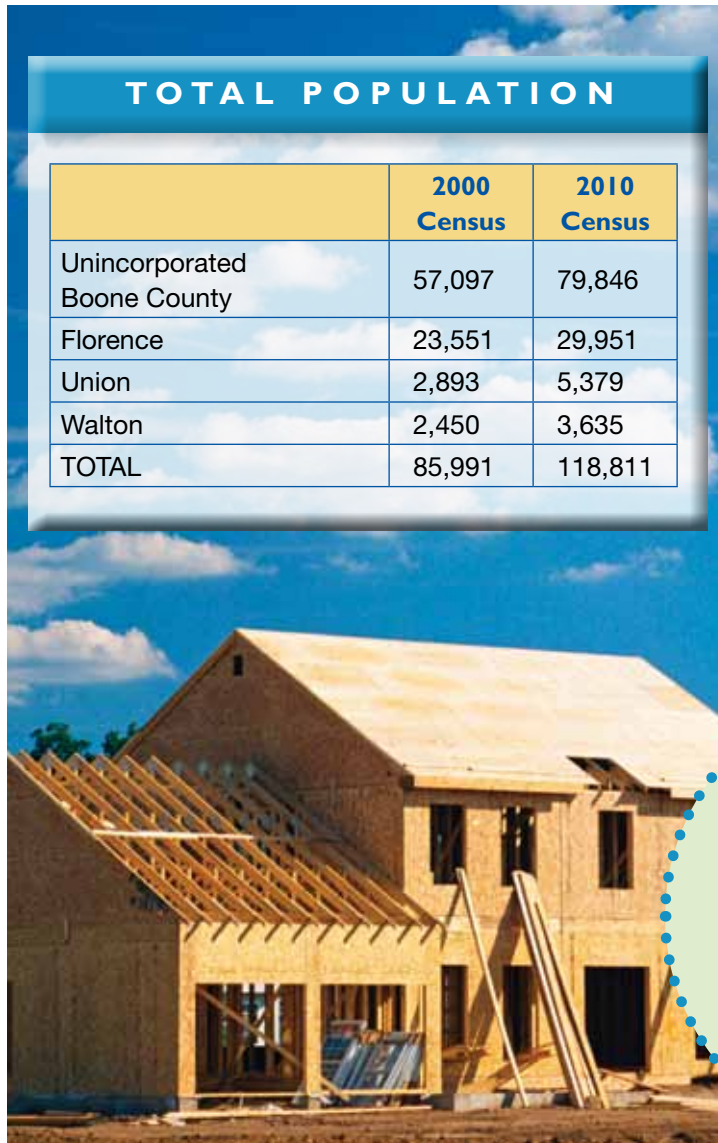
Summer 2011

## Boone County Planning Commission *Creating a comprehensive plan for a growing population*

### 2010 Census and Rankings

The initial results of the 2010 Census have been released. Boone County's population has grown by 38% since 2000.

Despite the downturn in the economy, Boone County ranked #1 in the Cincinnati region in terms of percentage population growth from 2000-2010 passing Warren County, Ohio for the first time. In Kentucky, Boone County ranked second behind Scott County in the same category and time period. In 2010, Florence became the 8th largest city in Kentucky, moving up from 12th place in 2000. Florence was also the 4th fastest growing city in the State during the last 10 years. Another milestone was the fact that Union's population grew by about 86% since 2000. This is mostly attributed to the opening of the new U.S. 42, the Boone County Schools, available land for development, and the Union Town Plan. In addition, Boone County has been ranked #2 in terms of the number of new jobs created in the past 10 years. Finally, the Robert Wood Johnson Foundation just ranked Boone County as the healthiest county in the Commonwealth of Kentucky.



### Boone County Comprehensive Plan

The second phase of the Boone County Comprehensive Plan Update is underway. This phase includes research, collecting and analyzing data, and preparing recommendations in each Element or chapter. The Elements include Economy, Business Activity, Housing, Transportation, Agriculture, Population, Environment, Recreation and Open Space, Preservation, Public Services and Facilities, and Land Use.

For more information about the Update, contact Bob Jonas, AICP, Project Manager at 334-2196 or visit the Planning Commission's web site at [www.boonecountky.org/pc](http://www.boonecountky.org/pc).

#### Boone County Planning Commission

Administration Building  
2950 Washington St., Room 317  
P.O. Box 958  
Burlington, KY 41005  
Phone: 859/334-2196  
Fax: 859/334-2264

Hours: Monday - Friday 8 am - 5 pm

[www.boonecountky.org/pc](http://www.boonecountky.org/pc)

## School's Out — It's Time for Summer Reading!

Babies, children and teens can earn rewards and a chance to win a big prize just by reading or doing fun activities this summer! New this year — you can enter your entire family's summer reading hours and activities directly on the library's website.

Online reading logs are available for all ages, making it convenient for busy families to participate. Go to [www.bcpl.org](http://www.bcpl.org), beginning June 1, to set up your online reading logs and start tracking your progress. The new online module will keep track

of everyone's rewards and prompt you when to visit the library to pick them up.

Paper family reading logs and teen reading bookmarks will be available at all locations for those who don't have Internet access or

prefer not to participate online. Library staff will register families and teens when they pick up paper reading logs so everyone has an equal opportunity in the end-of-summer prize drawings.

### Summer Reading is from June 1 to August 1 for all ages!



KIDS KIDS KIDS

**Wednesday, June 1**  
**4-6 pm, Walton Branch and Chapin Memorial Library**  
**5-7 pm, Main Library, and the Lents, Scheben, and Florence Branches**



Celebrate the beginning of Summer Reading with face painting, carnival games, crafts, and more! A stilt-walker from Cincinnati Circus will entertain your family with magic tricks, juggling, and balloon animals! Check-out some books and start reading your way toward summer reading prizes. All ages are welcome.

The Children's summer reading theme this year is "One World, Many Stories" and the library has a full line-up of summer activities that will take your family around the world and even into space through music, dance, art and more. Some of the highlights include: The Zinghopper's, Drake Planetarium, One World/Many Cowboy Stories, A Journey into Space, and a week of African culture events. Your family won't want to miss the fun and adventure of a summer at the library!

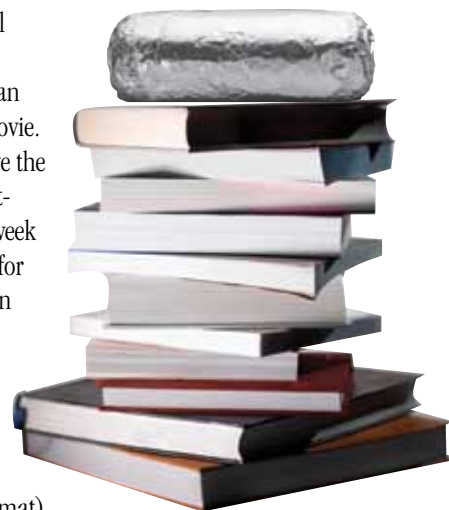


### Books Go Better With Burritos — Adult Summer Reading

A big thank you to Chipotle and Barnes & Noble for sponsoring Adult Summer Reading and supplying prizes!

Just like last year, you'll still receive one library buck\* every time you read a book, listen to an audiobook, a CD, or watch a movie. This summer, however, you have the option of saving trees by submitting your entries online. Each week six winners will be drawn. One for each branch (Lents and Chapin combined) and an "online" winner. If your name is drawn you will receive a free burrito or a library tote bag! All adult entries turned in by August 1 (whether online or in paper format) will be included in the end-of-summer drawings for a Burrito Party and a Barnes and Noble Nook eBook reader!

\*Library Bucks can be used at the library's used book sales and to pay fines.



### Boone County Public Library

**Six locations to serve you!**  
**One phone number:**  
**859/342-BOOK (2665)**



## Visit a Born Learning Trail with Your Child!

Learning happens everywhere a child goes, but parents, grandparents and caregivers may not always know how to support that learning or have the tools they need. This summer this won't be the case at Central Park, Florence Nature Park and England/Idlewild. When Mom and Dad, Grandma and Grandpa take their favorite young child to these parks, they'll be able to play fun games together that will help the child gain the skills they need to come to school ready to succeed.



By early summer, these three parks will have outdoor interactive learning trails in place to help parents, grandparents and caregivers turn excursions into fun learning moments. Each of these parks has received a Born Learning Trail® provided by Success By 6® and its sponsors. These trails are a series

of learning activities that any adult can play with young children.

Based on the latest early childhood research and approved by national early learning experts through United Way of America, the Born Learning Trail is designed to help adults interact with children to boost language and literacy development

and to help caregivers understand how to best support early learning in everyday moments.

The Born Learning Trail promotes fun and games — important components of early childhood learning. Research tells us children are literally “born learning.” That means five years of education take place before they ever enter kindergarten. We know that what happens in a child's early years matters for success in life and school readiness.

Visit one of these parks this summer and take advantage of a

**Visite el Parque Nacional de Florence este verano para disfrutar un Camino de Nacer Aprendiendo.**

Es una manera divertida y fácil para que los padres y cuidadores puedan utilizar las salidas para aumentar el aprendizaje cual es crítico para la preparación escolar. Una serie de letreros ofrecerán juegos educativos y guiarán los adultos en maneras específicas y creativas para crear el aprendizaje. Los letreros son bilingües.

Born Learning Trail!

- England/Idlewild Park, 5550 Idlewild Road, Burlington
- Central Park, 9190 Camp Ernst Road, Union
- Florence Nature Park, Banklick Street, Florence (English and Spanish Trail)

## Rebekah Duchette Named Executive Director of Success By 6 in Boone County



**Rebekah Duchette**

United Way's commitment to early childhood is exemplified in the growth of Success By 6®, a movement to ensure that by age 6 all children in the region are optimally healthy, safe and ready to succeed. Success By 6 efforts have been

underway in Boone County for about eight years.

As the executive director of Boone County's Success By 6, Duchette will continue to build on the work completed over the past eight years. This will include increasing the quality of child care in Boone County, continuing the work of the various task forces and developing work plans to position Success By 6 for the future.

### Boone County Success By 6®



For more information on helping your child be ready for success by age 6, call Boone County Success By 6®

**859/534-5810**

# The Problem with Woolper Creek

## Boone County Conservation District awarded second watershed grant

Double Lick Creek in the Woolper Creek Watershed is one of the finest examples of a high quality stream in Boone County. Woolper Creek drains a 33-square mile watershed where the headwaters originate around Hebron and Burlington and flow westward for 13.9 miles to the Ohio River. Other tributaries of Woolper Creek are Allen Fork, Brandywine Creek and Ashby's Fork. Unfortunately, Boone County's growth has primarily been in the sensitive headwaters of our valuable stream systems where it can be the most detrimental.

Development increases impervious surfaces like roads, parking lots and roof tops and can lead to increased storm water runoff, pollution and stream bank erosion. Agriculture and failed septic systems in the lower sections of the watershed may have a negative effect on the stream. The most impaired stream segments according to the Kentucky Division of Water lie in the most developed portions of upper Woolper Creek near Hebron and Allen Fork in Burlington. These segments have a range of pollutants including E. coli (bacteria), nutrients (fertilizers), sewage, total suspended solids, and sedimentation (soil). The suspected sources include illegal dumps or other inappropriate waste disposal, impacts from dams and bridges, habitat modification, and urban stormwater.

Impervious surfaces and physical stream manipulation such as channel straightening has a profound effect on stream health. Failure of water to absorb into the ground naturally increases in-stream flow and can increase stream bank erosion. Such alterations can affect aquatic life cycles, habitats, food webs, and facilitate colonization by invasive

species, among other types of degradation to the system.

Despite the challenges facing Woolper Creek, it is still an outstanding stream. Much of the land in the watershed remains forested and it is projected to remain undisturbed well into the future. The Kentucky Division of Water has identified one of the least developed sub-watersheds in the basin, Double Lick Creek, as an Outstanding State Resource Water.

The Boone County Conservation District has been awarded a grant from the U.S. Environmental Protection Agency through the Kentucky Division of Water, Nonpoint Source Section to develop a watershed plan for Woolper Creek. The long term goals of this project are to improve water quality in segments of the stream that are currently unable to sustain aquatic life, are unsafe for recreational uses or are otherwise impaired, and to assure lasting water quality in all of our streams despite future changes in land use. A team of agencies, organizations and individuals already involved in the ongoing Gunpowder Creek Watershed Initiative will contribute their experience and skills to the Woolper Creek Watershed Initiative. Public support and input will be a critical part of the planning process and public meetings will be announced throughout the project.

Several projects have already been implemented that support both protection and restoration of the watershed. SD1 has recently extended sewer access to many properties in the watershed and has also invested in pump station improvements to re-



*Double Lick Creek in the Woolper Creek Watershed*

*Photo by Matt Wooten*



*Stone Creek near the mouth of Woolper Creek*

*Photo by Mark Jacobs*

duce known sanitary sewer overflows particularly in the Allen Fork area. The Northern Kentucky University Center for Applied Ecology (NKUCAE) has already restored the severely degraded mouth of Woolper Creek and the adjacent tributaries and wetlands. NKUCAE is also involved in an ongoing project in Boone Woods Park that will restore approximately 4,000 feet of channel and riparian buffer in the headwaters of the Allen Fork.

So why is it important to invest valuable time and money in the Woolper Creek Watershed? Boone Countians have an obligation to protect this outstanding resource. Protection and stewardship of these

natural systems should be a priority in the planning process to ensure that the waters of Woolper Creek and the Woolper Creek Watershed remain healthy and provide a safe place to raise our families for generations.

For more information about the Woolper Creek Watershed Initiative, contact Mark Jacobs with the Boone County Conservation District at 859/ 586-7903 or visit our website at: <http://www.boonecountyky.org/bccd>.

*This work was funded in part by a grant from the U.S. Environmental Protection Agency under §319(b) of the Clean Water Act through the Kentucky Division of Water to The Boone County Conservation District (Grant # C9994861-10.)*

**Boone County Conservation District**

**859/586-7903**

**6028 Camp Ernst Road • Burlington, KY**

# EVENTS & PROGRAMS: SUMMER 2011

For more information about any of these programs, call the number listed or visit the City's Community and Business Guide at [www.florence-ky.gov](http://www.florence-ky.gov).



## WORLD OF GOLF

### **Ongoing**

The World of Golf (7400 Woodspoint Drive) features a clubhouse with concession area, golf simulator, golf swing analyzer, indoor driving range, indoor putting green, miniature golf course, outdoor driving range, pro shop, and more. Call 371-8255 or go to [www.landrumgolf.com](http://www.landrumgolf.com).



## FLORENCE FREEDOM BASEBALL

### **Currently-September 4**

The ninth season of the Florence Freedom is underway. The baseball team plays its home games at Champion Window Field (off of Freedom Way). Call 594-4487 or go to [www.florencefreedom.com](http://www.florencefreedom.com).



## FAMILY AQUATIC CENTER

### **May 28-August 21**

The Florence Family Aquatic Center, located on the campus of the Florence Government Center (8200 Ewing Boulevard), opens its gates on Saturday, May 28. The facility is open daily from 11 am-7 pm. Admission is available through the purchase of a season membership or by paying a daily rate. Gift cards are available in \$25 increments for admission, programs, or rentals. For rates, rules, times, and more, call 647-4619 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## MEMORIAL DAY PARADE & PROGRAM

### **May 30**

The City of Florence will hold its annual Memorial Day Parade & Program on Monday, May 30. The parade begins at 10 am at Boone County High School and ends at the Boone County Veterans Memorial, located on the campus of the Florence Government Center (8100 Ewing Boulevard). Parade registration forms are available at the Government Center or download it from the City's webpage at [www.florence-ky.gov](http://www.florence-ky.gov). The memorial service begins at 11 am at the Boone County Veterans Memorial. Call 647-5439 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## SWIM LESSONS

### **Session 1: June 6-16**

### **Session 2: June 20-June 30**

### **Session 3: July 11-21**

### **Session 4: July 25-August 4**

Swim lessons are held for 30 minutes, four days a week for two weeks for children ages 3 and older at the Florence Family Aquatic Center. Fee is \$40 for members and \$60 for non-members. Registration forms are available at the Family Aquatic Center (8200 Ewing Boulevard), in the lobby of the Florence Government Center (8100 Ewing Boulevard) or on the City's webpage at [www.florence-ky.gov](http://www.florence-ky.gov). Call 647-4619 or go to [www.florence-ky.gov](http://www.florence-ky.gov).

# CITY OF FLORENCE EVENTS & PROGRAMS: SUMMER 2011

For more information about any of these programs, visit the City's Community and Business Guide at [www.florence-ky.gov](http://www.florence-ky.gov).



## **TENNIS CLINICS**

**Summer Session 1: June 6-July 9**

**Summer Session 2: July 11-August 12**

**Summer Session 2 (adults): July 11-August 18**

**Fall Session: August 29-October 16**

Tennis Clinics are held at Lincoln Woods courts. Registration forms are sent through schools and are available in the lobby of the Florence Government Center (8100 Ewing Boulevard) or on the City's webpage at [www.florence-ky.gov](http://www.florence-ky.gov). Register for clinics directly through instructor tennis professional Tim Mitchell at 513/328-8811 (class ages, fees, times, etc.) or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## **MOVIE IN THE PARK**

**June 10**

The City of Florence will host Movie in the Park on Friday, June 10 at South Fork Park. Bring your blankets and lawn chairs. The movie begins at 9 pm and concessions are sold. Call 647-5439 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## **CSI CAMP**

**June 13-17**

The Florence Police Department will hold its annual CSI class for ages 12-14 during the week of June 13-17 from 9 am-3 pm at the Evelyn Kalb Gathering House at the Florence Nature Park (off of Banklick Street). Class size is limited to 20. Call 647-5420 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## **SKYHAWK SPORTS CAMPS**

**June 13-17**

**July 11-15**

**July 25-29**

Skyhawks staff will conduct sports camps for children ages 3-12 on June 13-17, July 11-15, and July 25-29 at Orleans Park, including baseball, basketball, flag football, soccer, T-ball, and volleyball. Registration forms are available in the lobby of the Florence Government Center (8100 Ewing Boulevard). Go to [www.florence-ky.gov](http://www.florence-ky.gov) or [www.skyhawks.com](http://www.skyhawks.com) (class ages, fees, times, etc.).



## **NEIGHBORHOOD NIGHT OUTS**

**June 21**

**July 12**

**August 2**

The City of Florence will hold the first of three Neighborhood Night Out events on Tuesday, June 21 from 5-7 pm at North Dilcrest Avenue cul-de-sac. Meet City officials and councilmembers, enjoy refreshments, and also learn about City Departments as well as current and future City projects. The remaining Night Out dates are: July 12 (Stringtown Park); August 2 (Southfork Park); Call 647-8177 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## **INDEPENDENCE DAY CELEBRATION**

**July 3**

The City of Florence will celebrate the nation's birthday on Sunday, July 3 beginning at 4pm (rain date is Monday, July 4 at 7 pm) on the campus of the Florence Government Center (8100 Ewing Boulevard). Events include: Cruise-in, demonstrations, food, kids' zone, rides, tribute to Elvis, wellness expo, and fireworks at 10 pm. Call 647-5439 or go to [www.florence-ky.gov](http://www.florence-ky.gov).

# CITY OF FLORENCE EVENTS & PROGRAMS: SUMMER 2011

For more information about any of these programs, visit the [City's Community and Business Guide at www.florence-ky.gov](http://www.florence-ky.gov).



## POOCH FEST

**September 17**

The City of Florence will hold its annual Pooch Fest on Saturday, September 17 beginning at 10 am at the Florence Government Center (8100 Ewing Boulevard). Fee is \$5 per dog. Registration forms for pooches and vendors are available in the lobby of the Florence Government Center or online at [www.florence-ky.gov](http://www.florence-ky.gov). Call 647-5439 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## SAFE SITTER BABYSITTING CLASSES

**September 17**

The City of Florence holds Safe Sitter babysitting classes for youths ages 11-15 from 9 am-4 pm at the Evelyn Kalb Gathering House at the Florence Nature Park (Banklick Street). Fee is \$40 and students must bring a lunch and drink. Class size is limited to 14 youths. Upcoming class: Saturday, September 17. Call 647-5439 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## SAFETY FAIR

**September 17**

The Florence Police and Fire/EMS Departments will hold the annual Safety Fair on Saturday, September 17 from 10 am-2 pm at the Wal-Mart off of Houston Road (7625 Doering Drive). Call 647-5420 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## CHILD CAR SEAT SAFETY CHECK

**Ongoing**

The City of Florence Fire/EMS Department offers Child Car Seat Safety Checks (by appointment only) for residents of Florence and Florence Fire District. Call 647-5660 or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## CPR CLASSES

**Ongoing**

The City of Florence Fire/EMS Department offers CPR Classes during the year. Tentative dates include Saturday, July 16 at the Weaver Road Station (1152 Weaver Road) from 9 am-1 pm. Call 647-5660 (fees, registration info, etc.) or go to [www.florence-ky.gov](http://www.florence-ky.gov).



## RECYCLING PROGRAM

**Ongoing**

The City of Florence offers a voluntary subscription recycling program for Florence residents through Rumpke. Call 1-877-786-7537, 647-5416, or go to [www.florence-ky.gov](http://www.florence-ky.gov).

## City of Florence



Administration.....859/647-8177  
City Clerk.....859/647-8178  
Finance/Tax.....859/647-5413  
Fire/EMS.....859/647-5660

Parks and Recreation.....859/647-5439  
Police (non emergency).....859/647-5420  
Public Services.....859/647-5416

## A Tale of Two Challenges: Addressing Aging Infrastructure and Unfunded Mandates



*Significant infrastructure investments are needed to protect our community and help keep pace with environmental challenges.*

Although SD1 was formed in 1946, portions of the wastewater infrastructure were already in place at that time and the organization inherited a system that was full of challenges. Sixty-five years later, there are parts of our service area that are old and outdated. There is an entire world of infrastructure under our feet and parts of it are in dire need of maintenance and rehabilitation.

But the challenges go beyond age and deterioration. Due to economic growth in our region, portions of our collection system are no longer big enough to handle increasing capacity demands. SD1 has been working hard to address these concerns. By building new water reclamation facilities in Campbell and Boone counties, the moratorium on development in Campbell County was lifted in 2009, and a

moratorium was avoided in Boone County and portions of southern Kenton County.

SD1 has been working diligently to lessen the financial burden on our ratepayers as much as possible. But the bottom line is this: water is one of our most precious natural resources, yet state and federal funding for water and wastewater projects continues to diminish, and doing nothing is simply not an option.

In the 1970s and 1980s, the federal government provided grants that funded thousands of new wastewater treatment plants and expanded thousands more, resulting in significant reductions in discharges of pollutants and greatly improved water quality. Beginning

in the 1990s, the federal government continued to identify new investment needs and created additional legislative mandates, including the storm water regulations; however, no additional federal funding has accompanied these requirements, placing the burden back on ratepayers. According to the U.S. Conference of Mayors, it is estimated that spending for public water and wastewater systems will range between \$2.9 and \$4.8 trillion from 2009 to 2028 with local governments shouldering 95% of the total expenditures.

To get a better understanding of the challenges SD1 faces and the battles they are fighting on your behalf, please visit [www.sd1.org/costofclean](http://www.sd1.org/costofclean).

## SD1 Wins National Award

SD1 has won a national award for working with Northern Kentucky University (NKU) on developing a college course about protecting water resources.

SD1 received the 2011 National Environmental Achievement Award in the Public Information and Education category from the National Association of Clean Water Agencies (NACWA). The award, which is given to a clean water agency for outstanding contributions to environmental protection and the clean water community, was presented to SD1 at NACWA's national conference on February 2.

The course — Protecting Water Resources — was launched in 2009 as a part of SD1's broader education and outreach program. SD1 worked closely with Dr. Kelley, an Assistant Professor at NKU in the Department of Biological Sciences, on developing

the 200 level lecture and lab course, which was designed to educate the everyday student who knew little or nothing about storm water runoff and its impact on the local community.

Thanks to Dr. Kelley, in just its second semester, the course is nearly full with 37 students and the lab is at its maximum capacity of 22 students. Her new idea for the class this semester involved a unique philanthropy element that has helped attract students and allows them to give back to the local community. After learning about water quality issues, students select a local nonprofit organization that is focused on water quality issues and/or watersheds to receive funding.

Dr. Kelley said the class is the first known college level course that meets the education criteria described by the EPA for storm water management.



*Amanda Waters, Deputy Executive Director, General Counsel, accepts the 2011 National Environmental Achievement Award on behalf of SD1.*

In Dr. Kelley's class, students will delve into national and local water resources, explore the chemistry of nature's water and life in the aquatic system, study the connection between land and water and how land use

impacts storm water runoff, discuss contaminants of concern to Northern Kentucky and learn about the Clean Water Act, Storm Water Regulations, federal mandates and environmental laws.

**SD1**



1045 Eaton Drive • Fort Wright, KY 41017  
phone: 859/578-7450

**Hours of Operation:** Mon.-Fri., 8 am - 4:30 pm

# Jail Continues to Save Money for the County and Taxpayers

At the end of last fiscal year, the jail received no County funding to support its budget. Jailer Ed Prindle anticipates also not using any County money for the jail operation this fiscal year, which ends June 30. In addition to not taking any funding from the Fiscal Court, the Inmate Community Service Program has saved the County taxpayers about \$1 million each year through various work projects. Further, the jail houses an average of 154 inmates annually using federal funds rather than county tax dollars. These inmates are under the control of the U.S. Marshals Service and Department of Homeland Security.

The Boone County Jail Inmate Community Service Program provides about 125,000 hours of free labor to the County each year. The inmate work program provides valuable manpower to pick up trash on the sides of roads, clean up dumpsites, cut grass, assist in snow removal, clean the Administration Building and Old Courthouse and perform work on many other projects throughout the year. These crews work assisting the City of Florence Public Works, Boone County Public Works, Boone County Public Golf Courses, Parks Department, Boone County Property Maintenance and Boone County Jail Work Crews. This work would not be possible if these inmate crews of free labor were not available.

In addition to all of the free labor and work of the inmate work crews, inside the secure jail Deputy Jailers work very hard to ensure that the Jail operates in a cost effective manner. Under the direction of Jailer Ed Prindle and



*Above: The Boone County Jail Inmate Community Service Program provides about 125,000 hours of free labor to the County each year.*

*Left: Jail staff work hard to ensure that the County Jail on Conrad Lane remains in “like-new” condition.*

Chief Deputy Rachael Montgomery, the Jail utilizes both full-time and part-time employees to minimize overtime situations and operate the jail in a fiscally responsible manner. Every employee of the jail realizes that they have a responsibility to the citizens of Boone County to provide safe secure housing, while maintaining a cost effective facility. Every employee works very hard to ensure that the beds of the facility which are not being used to house Boone County inmates are instead filled with prisoners from jurisdictions that pay Boone County to

house their inmates. Boone County is the only county in the State of Kentucky that has been approved to house Immigration Customs Enforcement inmates for over 72 hours. This is a result of Boone County Jail being the only county jail which has passed the stringent inspection standards of Immigration and Customs Enforcement. These and other housing arrangements have enabled Boone County Jail to bring in enough revenue to offset the operating costs associated with housing Boone County inmates. Passing these strict inspection standards

would not be possible without the hard work of all of the Deputy Jailers at the jail.

The Boone County Jail has now been in operation at the Conrad Lane site for six years. Jail staff work hard to ensure that the facility remains in “like new” condition so that it can be utilized for many years to come. The Jail appreciates the work of the Fiscal Court to provide a top notch facility to go with the great Deputy Jailers at the facility. This combination makes the Boone County Jail one of the best in Kentucky.

## Summer Programs Are Underway in Boone County's Parks!

### Free Movie Nights

The movie titles have been selected for this summer's Free Movie Nights. Join us in June, July and August for FREE movies in the park. All movies are family rated. All you need to bring are your blankets, chairs and snacks. If you would like to view a complete list of movie titles, locations and dates, visit us at [www.boonecountyky.org/parks/Shows.aspx](http://www.boonecountyky.org/parks/Shows.aspx).

### Union Pool

Union Pool Season Passes are now available for purchase at the Boone County Parks office. Opening day for the 2011 season will be May 29. Pool hours are Noon - 8 pm Monday through Sunday. Holiday hours are Noon - 6 pm. Season Pass information is as follows: Family Pass - \$250; Adult Single - \$150; Children 12 and Under - \$100 and



*Opening day for the 2011 season for the Union Pool is May 29.*

Senior Citizens 60 & over - \$100. You can also purchase Daily Passes to Union Pool. Individual passes for ages 13 & up are \$5 or you can purchase a 6-pack for \$25. Children 12-and-Under Daily Passes are \$3 or a 6-pack for \$15. Finally, Senior Citizens 60 years of age and over can buy daily passes for \$3 or a 6-pack for \$15.

Don't forget to register for Union Pool Swimming Lessons.

Registration for all sessions begins at 9 am on Monday, June 6 at Union Pool. Swimming Lessons are \$40 per child per session. Union Pool is located at 10165 Old Union Road, Union, KY 41091. If you would like to receive more information on Swimming Lessons or Union Pool Special Events, call the Pool at 859/ 384-3900 or visit the Boone County Parks website at [www.boonecountyky.org/parks](http://www.boonecountyky.org/parks).

### Youth and Adult Programs

Boone County Parks and Recreation Department offers youth and adult programming throughout the year. If you would like to view a complete list of our spring and summer programs or for registration information, visit our website at [www.boonecountyky.org/parks](http://www.boonecountyky.org/parks) or call the Parks Office at 859/334-2117.

### More Information

If you or your employer would like to sponsor any of our events or shows, we would be very happy to talk to you! For your support, you can get great publicity such as: signs on our stage during concerts, ads in our Newsletter, movie preshow events, and much, much more. Just contact the Boone County Park's office at 859/334-2117 and ask for Jackie Heyenbruch.

## EMPLOYEE SPOTLIGHT



Mr. Robin Curry, Assistant County Administrator/Human Resources Director, retired from county government effective at the end of April after 17 years of service. Robin has served in many capacities within Boone County and made numerous contributions to the organization and community. Robin is one of those employees who has stepped up and filled many roles and assumed many duties over the course of his career in county government. His leadership and committed service to the County will be missed. Robin will continue to reside in Burlington with his wife. He has two sons who both reside in Burlington as well, one serving as a Boone County Sheriff's deputy and one a graduate of the University of Louisville who will attend Chase Law School this fall. We wish Robin every success as he considers other opportunities during the next phase of his career.

## Northern Kentucky's Best Golf: Boone Links and Lassing Pointe

### Boone County Golf



#### Boone Links Golf Course

19 Clubhouse Drive  
Florence, KY 41042  
859/371-7550

Pro Shop open daily 9 am - 4 pm

\$15 - 9 Holes

\$26 - 18 Holes

\$10 - 9 Holes Jr./Sr.\*

\$15 - 18 Holes Jr./Sr.\*

\$7.50 - 9 Holes Cart Rental

\$14.00 - 18 Hole Cart Rental

\*Jr./Sr. Rate Valid Weekdays  
before 3 pm -Holidays excluded

#### Open Year Round

#### Lassing Pointe Golf Course

2266 Double Eagle Drive  
Union, KY 41091  
859/384-2266

\$18.50 - 9 Holes

\$35 - 18 Holes

\$14 - 9 Holes Jr./Sr.\*

\$21 - 18 Holes Jr./Sr.\*

\$7.50 - 9 Holes Cart Rental

\$14 - 18 Hole Cart Rental

\*Jr./Sr. Rate Valid  
Weekdays before 3 pm -  
Holidays excluded

### Kids Play Free Program

Enjoy our facilities with children playing free! (On space available only.)

At Boone Links, kids play free Saturday and Sunday until 11am, Tuesday and



Wednesday between 11 am and 2 pm, and all play on Ridgeview, nine holes only.

At Lassing Pointe, kids play free Mondays between 1:30 and 3 pm, nine holes only.

This program is for one child per adult, 13 years or younger. Players must be Boone County residents. The Kids Play Free Program is valid May, June, July, August, and September.

### Resident Pass Cards

Boone County residents may purchase a Resident Pass card which is good for five greens fees for the price of four. Resident passes are valid on weekends and holidays but are for 18-hole play only! Resident pass cards DO expire at the end of the calendar year and are not transferable. Resident Pass Cards for the two courses cost:

Boone Links: \$104

Lassing Pointe: \$140

For more information about Boone County Golf, including information about Season Passes, visit [www.BooneCountyGolf.com](http://www.BooneCountyGolf.com).

## Home Energy Audits Available

The Greater Cincinnati Energy Alliance is a local non-profit that, in partnership with KY Home Performance, provides reduced cost energy assessments and financial incentives of up to 35% on home energy improvements for all residents of Boone County, regardless of income. These comprehensive

assessments discover energy saving opportunities and show how you can make your home more comfortable while saving money on your monthly energy bills. To learn more about the Greater Cincinnati Energy Alliance visit [www.greaterceca.org](http://www.greaterceca.org) or call 513/621-4232.



## Deck Safety Awareness



*Each year hundreds of people are injured as a result of deck failures that may have been avoided by performing basic preventative maintenance.*

The Boone County Building Department would like to remind you that it is important to regularly inspect your deck and balconies for safety hazards. Each year hundreds of people are injured as a result of deck failures that may have been avoided by performing basic preventative maintenance. Failures also occur because of faulty construction

techniques. Whenever you build or repair a deck, it is important to obtain the required permits and inspections from the Building Department to help ensure your family and guests enjoy your deck without worry of failure or collapse. Use the following checklist to help inspect your deck for possible unsafe conditions.

### Five Tips for Deck Safety

- 1 Check support posts and beams for rot, splitting or abnormal movement.
- 2 Closely check the attachment points between the deck and the house.
- 3 Check all fasteners, bolts, brackets, flashing, etc. for water, rust and corrosion.
- 4 Check all guards and rails to be sure they are sturdy and well secured.
- 5 Check stairs to be certain they are securely attached and not decayed.

For more information, please call the Boone County Building Department at 859/334-2218.

### Boone County Fiscal Court



2950 Washington St.  
P.O. Box 900  
Burlington, KY 41005-0900  
phone: 859/334-2100  
fax: 859/334-3105

### 2011 Boone County Fiscal Court

Gary W. Moore, Judge/Executive  
Matt Dedden, Commissioner  
Dr. Charlie Kenner, Commissioner  
Charlie Walton, Commissioner

## Cincinnati/Northern Kentucky International Airport

### CEO's Corner

#### *John C. Mok, CVG CEO, Congratulates Airport Community on International Award*

Congratulations! The CVG Airport Community has been recognized as the "Best Regional Airport in North America 2011" and as the top ranked airport for its "Staff Service Excellence" by Skytrax, a London-based air transport research organization. I would like to take this opportunity to convey my congratulations and sincere appreciation to our airport employees, airline partners, concessions and vendors that make up the CVG Airport Community. Your commitment to customer service and consistent teamwork clearly differentiates CVG. Thank you for your outstanding support!

According to Skytrax, the awards were based on more than 11 million



*John C. Mok, CVG CEO*

**"I would like to take this opportunity to convey my congratulations and sincere appreciation to our airport employees, airline partners, concessions and vendors that make up the CVG Airport Community."**

*- John C. Mok*

survey questionnaires completed by air passengers representing 100 different nationalities in more than 240 airports worldwide in the past year. The survey questions encompassed all the potential service touch-points throughout the airport experience, from check-in, arrivals, transfers and

gate departures. The World Airport Survey, established in 1999, is highly regarded for ensuring total independence and impartiality throughout the entire process. The results are based on unsolicited customer survey responses. For more information, visit [www.worldairportawards.com](http://www.worldairportawards.com).

These awards are incredibly timely as we all work to enhance our customers' experience and encourage them to Think CVG First. You are a vital link to our success.

Thank you for sharing our vision to be a Safe, Smart, Strong world-class airport connecting the Tri-State to the world.

Visit [CVGfirst.com](http://CVGfirst.com) to learn more about the new customer loyalty program, CVGfirst. Sign up to earn airline miles when you park, shop or dine at CVG. The airport offers 200 daily departures to 60 non-stop cities, including service to Paris, Montreal, Toronto, Punta Cana and Cancun. The airport is also home to DHL's main North America hub.

## Union Town Center/Union Town Plan

At their April 4 meeting, the Union City Commission authorized the Boone County Planning Commission to proceed with preparing and distributing a "Request for Proposals" to evaluate potential economic development incentives and financing options to assist in the development of the Union Town Center. The goal is to create a program that can be used to attract developers while not impacting the taxpayers of Union. The Union Town Center represents 90 acres in the downtown area of Union and offers many opportunities for new mixed-use development and redevelopment/expansion of existing

businesses. This project will include examples of how the first phase of the Union Town Center might be built using such incentive programs and financing options to recruit developers interested in the Town Center and to pay for public improvements. The newly formed Union Economic Development Committee will provide feedback on this project and will assist in presenting the recommendations to the Union City Commission. Watch for details of this project in the upcoming months by visiting the City of Union's web site at [www.cityofunionky.org](http://www.cityofunionky.org).



*Union Town Plan*

## What's Happening in Union!

**2010 was a great year for our first events. Our 2nd Annual Pancake Breakfast and Easter Egg Hunt were held on April 16 followed by the Good Friday Fish Fry with the Union Emergency Alliance Junior Firefighters.**

**We are excited about our planned events for the coming months:**

**JUNE** – Every Friday evening in June enjoy **Movie Nights** with Boone County Parks & Recreation Department at the Union Community Building (Old Firehouse)

**SATURDAY, JUNE 11** – Come join Union for our 2nd Annual "**Beach Blast**," 6-10 pm — Dance in the sand to live music by The Couch Republic. Bring your chair and have fun at Union's Beach!

**FRIDAY, JULY 1** - "**Union Celebrates America**" from 6:30 to 10:30-11 pm – Fireworks at dark. Returning this year is the 113st Army Band "Dragoons," the oldest military band in the US along with other musical entertainment and activities. Soldiers from our Adopt-a-Unit will be our honorary guests. What's new for this year is we are having a parade starting at 6 pm just before our celebration. If you are interested in being part of the parade, go to the City website for a registration form or contact Karen Franxman at [unioncityevents@insightbb.com](mailto:unioncityevents@insightbb.com)

**SATURDAY, JULY 2** – "**Union City**" Night with the **Cincinnati Reds** – 7 pm (Reds vs. Indians) – Enjoy a great evening at the ball park with our Adopt-a-Unit soldiers. Tickets are on sale now at the city building – Cost \$24 each with \$5 of each ticket sale going towards the purchase of a ticket for a soldier.

**UNION ADOPTS A UNIT** – In March 2010 the City of Union partnered with ASA and adopted the HHT, 1/32 CAV, 1BCT, 101st DIV from Ft. Campbell, Kentucky. This unit of 130 men and women were deployed to Afghanistan on April 21 and their tour lasted one year. They all came back home the end of April 2011. Thank you to all who volunteered their time, talents and donations. Without these we would not have been able to make the lives of our soldier's a little bit better while away from their homes and families.

**Attention all business owners!** There are great opportunities to partner with the City and sponsor our events. Go to the City's website at [www.cityofunionky.org](http://www.cityofunionky.org) for a sponsor packet.

**Calling all volunteers!** Your help is needed to make our events go smoothly. Whether you want to get fully involved or just be placed on an on-call list that you can pick and choose which events you could help with. Without our volunteers our events would not be possible. This is a great way that students can get community service hours! Contact Karen Franxman, Events Coordinator

### City of Union, Kentucky

1843 Mt. Zion Rd • P.O. Box 53 • Union, KY 41091  
859/384-1511

[cityclerk@insightbb.com](mailto:cityclerk@insightbb.com) • [unionmayor@insightbb.com](mailto:unionmayor@insightbb.com)  
[unioncityevents@insightbb.com](mailto:unioncityevents@insightbb.com)

## Upcoming Events Put a Shine on Our Environment!

Welcome sunny days! It's the perfect opportunity to take advantage of cleanups and volunteer opportunities that put a shine on our environment. After all, it's our home and we all have a responsibility to care for it.

### Our River Communities



River Sweep is Saturday, June 18 and promises to be the most expansive tidying of Boone County's riverbank in years. After spring flooding, we need all the help we can get! Meet us in Rabbit Hash, Big Bone Boat Dock, Petersburg Community Center, Split Rock Conservation Park, Bellevue or Giles Conrad Park to lend a much needed helping hand and eat a delicious lunch. All this and you'll also get a fabulous t-shirt that displays your commitment to your river communities. Choose to volunteer this one Saturday and you'll be amazed at how good you feel! To sign up, just give us a call or send us an email to [kchapman@boonecountyky.org](mailto:kchapman@boonecountyky.org).

### Clean Up for Cash!

Trash for Cash has jumped into gear and Boone County non-profit



groups who don't mind doing a bit of garbage removal are cleaning up over the county. Groups can earn a \$100 donation for each mile of roadside litter that they clean. If you are part of a nonprofit group in the County that is out to make some dough, please let us know! The best choice you can make to keep our communities clean is ... never litter, EVER! Motorists, please keep an eye out for volunteers and others working our roadways this summer and fall.

### Parks Recycling

Boone Woods, England-Idlewild Park and Central Park now have special recycling containers to hold aluminum cans and plastic bottles

with a spout (water bottles, soda bottles, etc.).

Recycling in these three parks is just the first step. Boone County plans to expand the recycling program to all 17 of the Boone County parks.



### Postal Greening

The US Postal Services is doing its part to "Go Green" by providing eco-friendly mailing materials and stamps to their customers. As a part of their "Go Green" commitment, they've designed a series of "Go Green" stamps showing what each of us can do to promote the health of our environment. Check out their green ideas and the stamps at [www.usps.com/green](http://www.usps.com/green).

### Mosquito Time

We here at solid waste can't stand waste tires. Why? Read on . . .

Stop mosquitoes where they start and make sure your yard doesn't become a mosquito breeding ground. Eliminate all standing water. Drain and remove any container that could hold water such as waste tires (they provide the perfect habitat for breeding mosquitoes), garden pots, saucers and toys. Change water every week in birdbaths, wading pools, watering troughs and pet bowls. To ensure proper drainage, check and clean clogged gutters. Fix any leaking exterior faucets and sprinklers. Keep ponds free of vegetation and stock with fish. Repair or replace window-door screens to keep the bugs out. Dress for the occasion – wear light-colored long sleeves, long pants and a hat when you plan to be out at dawn or dusk.

Kentucky is home to 52 species of mosquitoes. Did you know that mosquitoes find their unwitting hosts by detecting carbon dioxide, heat and moisture? So breathing, warm skin temperature and sweat are magnets for mosquitoes in search of a meal. Mosquitoes carry diseases like West Nile virus, St. Louis Encephalitis, LaCrosse Encephalitis and Easter Equine Encephalitis.

When using repellents, always read the label and follow the directions. Note special directions for use on children. For more information, call the Northern Kentucky Health Department at 859/341-4151.

### Looking Ahead

- Quit the Littering Coloring Calendar Contest – begins September 10
- Boone County Fall Cleanup – October 17 through October 23

### Boone County Solid Waste Management

Mary Frances Dickey, Solid Waste Coordinator  
Kelly Chapman, Solid Waste Enforcement Officer

Phone: 859/334-3151 • Email: [mdickey@boonecountyky.org](mailto:mdickey@boonecountyky.org)

## Boone County Teens on Wheels Safety Program



**FREE!**

### Boone County Teens on Wheels Safety Program

for youth age 15-19

Wednesday, August 31 • 5 - 9 pm

Boone County Fairgrounds

*You must pre-register!*

The leading cause of death for teens is not guns, drugs, or violence, it is car crashes. Research shows which behaviors contribute to teen-related crashes. Inexperience and immaturity combined with speed, drinking and driving, not wearing seat belts, distracted driving (cell phone use, loud music, other teen passengers, etc.), drowsy driving, nighttime driving, and other drug use aggravate this problem. Per mile driven, teen drivers ages 16 to 19 are four times more likely than older

drivers to crash. Fortunately, teen motor vehicle crashes are preventable, and proven strategies can improve the safety of young drivers on the road. Learn about avoiding the most dangerous driving situations for your young driver.

The good news is parental involvement, community involvement and education can influence the teen's behavior. The Boone County Cooperative Extension Service and Boone County Sheriff's Department are sponsoring "Boone County Teens

on Wheels Safety Program" for youth age 15 to 19. The program will focus on the very important family issue of teen driving. Each teen must be accompanied by a parent or legal guardian.

Educational booths, a mock crash, obstacle course, and a mock trial will be part of the program. To pre-register contact us at 859/586-6101. This program is for Boone County residents only and space is limited.

### UPCOMING EVENTS

**July 12, 7-8 pm. Canning Basics.** Lecture and discussion on the basics of home canning of foods. Florence Library

**July 19, 7-8 pm. Freezing Basics.** Lecture and discussion on the basics of home freezing of foods. Florence Library

**Saturdays, July 9, 16, 23 & 30, 9 am-noon. Walk and Wok 2011 at the Boone County Farmers Market.** Advanced registration required. We walk (at least a mile) and visit the Boone County Farmers Market to purchase products. Working in small groups, we will prepare and enjoy lunch. You will learn how to select products at the market, how to choose and use locally grown produce to prepare simple, healthy foods, and eat what you fix. Space is limited in this program for adults. Boone County Cooperative Extension Service office, 6028 Camp Ernst Road, Burlington.

**July 16, 10:30 am-12:30 pm. Chef Demonstration by Maggie Green,** The Green Apron Company, Boone County Farmers Market

**July 22, 2-4:30 pm. Using the Summer Bounty.** Continuous demonstration and information at booth. Florence Market at Florence Library

**August 12, 2-4:30 pm. Using the Summer Bounty.** Continuous demonstration and information at booth. Florence Market at Florence Library

**August 27, 10:30 am-12:30 pm. Chef Demonstration by Maggie Green,** The Green Apron Company, Boone County Farmers Market



### Boone County Cooperative Extension Service

6028 Camp Ernst Road  
P.O. Box 876  
Burlington, KY 41005  
phone: 859/586-6101  
fax: 859/586-6107

e-mail: [dl\\_ces\\_boone@email.uky.edu](mailto:dl_ces_boone@email.uky.edu)



Disabilities accommodated  
with prior notification.

## Role Model Designation

Boone County Cooperative Extension Service has been designated "Fruit & Veggie-More Matters Role Model" by the Produce for Better Health Foundation (PBH). The recognition was given for the variety of educational programs offered.

The PBH works to motivate people to improve their health by eating more fruits & vegetables.

A portion of the award application described the 2010 Walk and Wok at the

Boone County Farmers Market program and its effect on participants. Those in the program indicated they now eat more, and a wider variety of fruits and vegetables, and are exercising more.

One participant shared "Really enjoyed the time at the farmers market learning how to choose the best. Loved the cooking portions, trying new recipes and learning new cutting techniques!"

## Buy Local—Buy Fresh

The Boone County Farmers Market celebrates its 24th season in 2011. Until Memorial Day and after Labor Day the market will be open daily from 10 am-5 pm. Between Memorial Day and Labor Day you'll find vendors there from 9 am-6 pm. You'll find a variety of vendors from an eight-county Northern Kentucky region offering everything from

annual flowers and perennial shrubs to eggs and freezer beef. For details on activities and events, visit [www.boonecountymarket.org](http://www.boonecountymarket.org).

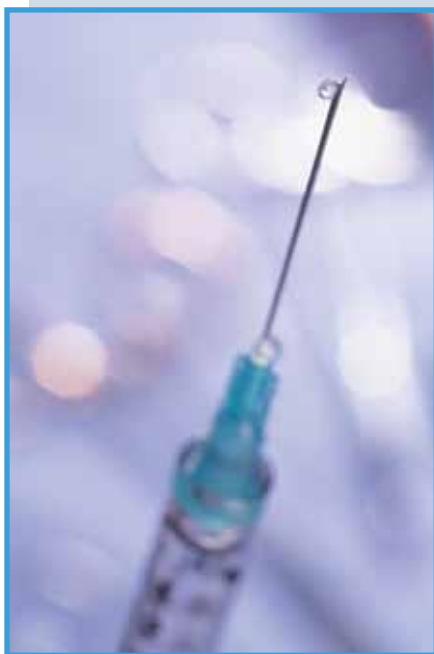
The Florence Satellite Market will be open on Fridays from 2-5 pm from July 15 to September 2. The market, located in the parking lot of the Florence Library, will feature fresh produce from local vendors.

# Surgery for Diabetes? ...Can We Connect the Dots?

Did you know that diabetes, a disease that impairs the body's ability to effectively regulate or control glucose (sugar) levels, affects approximately 25 million Americans, representing more than 8 percent of the U.S. population? How about that an estimated 79 million American adults ages 20 years or older could be categorized as "pre-diabetics"? This means that someone you know may be susceptible to kidney failure, dialysis, lower-limb amputations, heart failure, and even blindness at some point in their lives.

Type 2 diabetes, or adult-onset diabetes, has been linked to cells in our body that have become resistant to insulin, a hormone that helps to control glucose levels. How does this "resistance" occur? Some evidence indicates that fat cells are more resistant to insulin than muscle cells. Simply put, the more fat cells a person has, the less effective insulin is overall, and the higher one's chances are of developing Type 2 diabetes.

Obesity can be roughly defined as having a Body Mass Index (BMI) of 30 or greater. BMI is calculated from a person's weight and height, and provides a reasonable indicator of obesity and weight categories that may lead to health problems.



**The International Diabetes Federation has stated that gastric bypass, a surgery that is routinely performed to help with obesity, has been associated with a higher chance of eliminating the dependence upon medications to manage diabetes.**

Obesity rates have been alarmingly increasing during the past decade. Thirty-three states had a prevalence rate of obesity of more than 25% in 2010. Nine of these states, including Kentucky, had a prevalence rate of greater than 30%.

A recent "buzz" in the media has centered around several studies that have indicated that surgery may in fact play a dramatic role in helping patients in their battle with obesity and diabetes. The International Diabetes Federation has stated that

gastric bypass, a surgery that is routinely performed to help with obesity, has been associated with a higher chance of eliminating the dependence upon medications to manage diabetes. This was often quite dramatic and occurred shortly after surgery, as many patients were able to eliminate both insulin injections as well as glucose-controlling pills completely.

These effects, thought to be related to weight loss, appear to be long-lasting. However, while gastric bypass

can eliminate the requirement for diabetic medications in up to 60 to 80% of patients, an active, healthy lifestyle along with the weight loss is still needed to maintain these effects.

St. Elizabeth Healthcare offers patients a comprehensive package to address both of these serious and potentially fatal diseases. Six endocrinologists, 13 diabetes educators, and one nurse navigator are available to manage both routine and difficult cases of diabetes at the Regional Diabetes Center located at the Covington Campus.

St. Elizabeth Weight Management Center also specializes in the medical and surgical management of obesity. Recently re-certified as a Center of Excellence for Bariatric Surgery, the center provides comprehensive care through expert psychological and nutritional support, medical weight loss delivered by a bariatric physician, and all forms of advanced laparoscopic bariatric surgery including gastric banding, gastric bypass, sleeve gastrectomy, and revisional bariatric surgery—all under one roof at the Florence campus. For more information on all of the weight management services offered at St. Elizabeth, please call 859/212-GOAL (4625).

## St. Elizabeth Healthcare



**St. Elizabeth Covington**  
1500 James Simpson, Jr. Way  
Covington, KY 41011  
859/655-8800

**St. Elizabeth Edgewood**  
1 Medical Village Dr.  
Edgewood, KY 41017  
859/301-2000

**St. Elizabeth Falmouth**  
512 South Maple Ave.  
Falmouth, KY 41040  
859/572-3500

**St. Elizabeth Florence**  
4900 Houston Rd.  
Florence, KY 41042  
859/212-5200

**St. Elizabeth Ft. Thomas**  
85 North Grand Ave.  
Ft. Thomas, KY 41075  
859/572-3100

**St. Elizabeth Grant**  
238 Barnes Rd.  
Williamstown, KY 41097  
859/824-8240

## A Hidden Treasure at St. Elizabeth Healthcare

PrimeWise at St. Elizabeth is a free membership program for adults 50+. It is not insurance. Benefits to you include:

- Discount Directory with great savings throughout the community and at St. Elizabeth
- Staff who will answer questions about health insurance or Medicare
- Newsletter filled with programs, screenings, timely information and fun travel opportunities
- Support and assistance for Caregivers
- Free notary services

- Knowledgeable and caring staff to assist with concerns and provide referrals to services in the community and St. Elizabeth

PrimeWise has been in our community for 22 years. More than 30,000 of our friends and neighbors are already members. We have offices at the Florence, Edgewood and Ft. Thomas hospitals. If you have questions or want more information you can call 859/301-5999, or email [primewise@stelizabeth.com](mailto:primewise@stelizabeth.com)

This is a great program. It is not a club so there are no meetings or commitments. The program features great benefits and continual opportunities. Call us today and we will mail you an application.



**Join the more than 30,000 members of PrimeWise at St. Elizabeth and discover the benefits and opportunities that come with your membership!**

## St. Elizabeth Receives Recognition from National Organizations

*Recognition demonstrates sustained, outstanding clinical performance, measurable commitment to quality and medical specialties*

St. Elizabeth Healthcare was named one of the nation's 100 Top Hospitals® by Thomson Reuters, a leading provider of information and solutions to improve the quality and cost of healthcare. The award recognizes hospitals that have achieved excellence in clinical outcomes, patient safety, patient satisfaction, financial performance and operational efficiency. This is the sixth time St. Elizabeth has been recognized with this honor and the fifth year in a row.

St. Elizabeth Healthcare has also been listed in *U.S. News & World Report's* first-ever Best Hospitals metro area rankings. To be listed in this regional report, St. Elizabeth Healthcare scored in the top 25 percent among its peers in

***HealthGrades representatives conclude that patients at St. Elizabeth and the other elite America's 50 Best Hospitals are less likely to suffer major complications or even death when compared with those admitted to other hospitals.***

10 medical specialties including diabetes and endocrinology; ear, nose and throat; gastroenterology; geriatrics; gynecology; heart and heart surgery; kidney disorders; neurology and neurosurgery; orthopaedics; and pulmonology.

Recently, St. Elizabeth was also named to the HealthGrades America's 50 Best Hospitals list for the fifth time. St. Elizabeth is one of only three hospitals in the United States to be named one of America's 50 Best, a 100 Top Hospital and hold Magnet™ status for excellence in

nursing care. Each achievement focuses on different areas.

In order to determine America's 50 Best Hospitals, HealthGrades analyzes objective patient outcomes at all 5,000 non-federal U.S. hospitals, including more than 130 million Medicare hospitalization records. As a result, HealthGrades representatives conclude that patients at St. Elizabeth and the other elite America's 50 Best Hospitals are less likely to suffer major complications or even death when compared with those admitted to other hospitals.

The Thomson Reuters distinction as one of the 100 Top Hospitals in the country recognizes hospitals that have achieved excellence in clinical outcomes, patient safety, patient satisfaction, financial performance and operational efficiency. Thomson Reuters bases its awards on an in-depth analysis of 10 areas of care and operation at thousands of short-term, acute-care, non-federal hospitals.

Representatives from both HealthGrades and Thomson Reuters say that thousands of lives and billions of healthcare dollars could be saved annually if all patients in the U.S. were treated at hospitals that provided the kind of care that award-winning hospitals like St. Elizabeth provide every day.

## Message from Dr. Saddler: *Be Ready for Back-to-School*



Dr. Lynne  
Saddler

The dog days of summer in late July and August are some of the busiest at the Health

Department's

Boone County Health Center and at local pediatricians' offices. Each year, there's a rush of families to get their child's back-to-school physical or immunizations.

If a child is not up-to-date on his immunizations, does not have a completed Kentucky immunization certificate or needs a school physical, he may not be able to enter school. Each year, dozens of kids are forced to stay home because they don't meet the health requirements. Don't let your child miss those first few school days!

If you know your child will need one of these services, plan ahead: schedule appointments for early in the summer. At the Boone County Health Center, we'll have additional

***If a child is not up-to-date on his immunizations, does not have a completed Kentucky immunization certificate or needs a school physical, he may not be able to enter school.***

appointments for school physicals all summer long — the center is open 8 am to 5 pm Monday-Friday. Plus, starting in June, immunizations will also be offered on a walk-in basis from 8 to 9 am Monday-Friday, and evening appointments will be available the first Tuesday of the month. If you come to the health center for immunizations, remember to bring your child's records along.

Planning ahead is good for everyone's health: Your child will be protected against diseases with vaccines and screened for good health; you'll avoid the stress of rushing around with last-minute appointments. Call the Boone County Health Center today — 859/341-4264, Ext. 2004.

## Safe Sleeping Can Save Young Lives

The next time you go to a child's first birthday party, take a moment to note what a special celebration it is. Some children do not get to celebrate their first birthday.

Last year in Northern Kentucky, 21 children under the age of 18 died. Eighteen were infants under 1 year old. Of these, 11 were in an unsafe sleep situation that caused or contributed to their death.

In the 20 years since the American Academy of Pediatrics first recommended that babies sleep on their backs, the SIDS rate has dropped by 50 percent.

All babies should have a safe space of their own to sleep, both at night time and nap time. If parents want to keep the infant nearby, place the crib or bassinet near the parent's bed.

Couches, armchairs and recliners are other dangerous places for an infant to sleep, due to suffocation and entrapment risks.

A baby should never sleep in an adult bed.

Babies should sleep on a firm mattress that fits snugly in the baby bed, and that should be all that's in the bed. Unnecessary and potentially dangerous items include blankets, bumper pads, toys, pillows, wedges and positioners.

Overheating a baby can lead to sudden death. Fans in the infant's room, pointed away from the baby, have been linked to a reduction in the risk of SIDS.

Do not allow smoking around the baby, including in the home or car.

Breastfeeding and the use of pacifiers at sleep time also help save babies lives by decreasing the risk of SIDS.

For more information on safe sleep and childhood death prevention, call 859/363-2061.



### Northern Kentucky Health Department

#### Earl Parker Robinson Boone County Health Center

7505 Burlington Pike  
Florence, KY 41042  
phone: 859/363-2060  
fax: 859/647-3594

#### District Administrative Office

610 Medical Village Dr.  
Edgewood, KY 41017  
phone: 859/341-4264  
fax: 859/578-3689



**NORTHERN KENTUCKY**  
INDEPENDENT DISTRICT  
**HEALTH DEPARTMENT**

# Program Schedule

## Expand Your Horizons!

You may register on-line, mail in, or in person.

■ **On-line registration:**  
www.boone.kyschools.us,  
Select District Office,  
Choose Community Education

■ **Mail-in registration:**  
Boone County Schools  
8330 US Highway 42,  
Florence, KY 41042,  
Attn: Community Education Department

■ **In-person registration:**  
9 AM to 3 PM,  
at the District Office,  
8330 US Highway 42,  
Florence, KY 41042.

### Community Partners:

Boone County Board of Education

Boone County Adult Education

Boone County Cooperative Extension Service

Boone County Parks Department

Boone County Public Library

Walton-Verona Board of Education

### EXPAND YOUR CREATIVITY

#### RAG RUG WEAVING

If you are looking for a way to use those scraps of fabric you have been saving, this is the class for you. You will learn the old art of rag rug weaving. You will need to bring to class: three pre-washed one-and-a-half-yard pieces of different color or patterned cotton fabric (no stretchy fabric), scissors and a ruler. Needle/shuttle and book are included in tuition. You will weave an oval rug. Class is limited to 8.

\$50 per student  
Tuesday & Wednesday, June 14 & 15  
5 - 7 PM  
Conner Middle School  
Louise Grivetti

### ADVANCE YOUR SKILLS

#### BASIC MICROSOFT EXCEL

Explore basic spreadsheet applications. Learn to use the menu bar and basic tools to create simple spreadsheets for budgets, inventories, simple listings of names, recipes, or collections of items, and other basic spreadsheet skills (simple formulas, listing, charting, copy, paste, etc.) necessary in everyday computer usage.

\$40 per student  
Thursday, June 16, 6 - 9 PM  
Ryle High School  
Ruth Davis

#### BASIC MICROSOFT WORD

Explore basic word processing skills. Learn to use the menu bar and basic tools to create simple letters and flyers, and cover very basic word processing skills (copy, paste, inserting pictures, etc.) necessary in everyday computer usage.

\$40 per student  
Tuesday, June 14, 6 - 9 PM  
Ryle High School  
Ruth Davis

### EXPLORE YOUR INTERESTS

#### SUMMER HORSE CAMP

Is your child a horse lover? Give them an opportunity to come to a working horse farm. They will learn to care for the horses as well as ride. We also have crafts, hike through the woods, play in the creek, and go up to the hayloft. Please call today to register as space is limited! \$65 required at time of registration, to hold spot. Call Donna at 859/816-9395 to register and for more information.

\$195/session  
9 AM - 4 PM  
Pick one session or several:  
June 6-8, June 13-15, June 20-22,  
June 27-29, July 11-13, July 18-20,  
July 25-27, August 1-3, August 8-10,  
August 15-17  
3300 Burlington Pike  
Burlington, KY 41005

### ENHANCE YOUR WELLBEING

#### HIP HOP DANCE FOR 5 - 12 Years

Learn to hip hop dance and meet new friends. Hip Hop Dance is a high-energy fun-filled dance class for kids 5 years to 12 years old. Participants will spend the majority of the class time involved in physical participation.

\$30 per student  
Monday through Thursday  
June 13 - June 16  
10:30 - 11:30 AM  
Boone County High School  
Sophy Kdep

#### HIP HOP DANCE FOR 13 - 18 Years

Learn to hip hop dance and meet new friends. Hip Hop Dance is a high-energy fun-filled dance class for kids 13 years to 18 years old. Participants will spend the majority of the class time involved in physical participation.

\$30 per student  
Monday through Thursday  
June 13 - June 16  
11:30 AM - 12:30 PM  
Boone County High School  
Sophy Kdep

### SUMMER DANCE CAMP

This summer your child has the opportunity to participate in a summer dance class. Sign up for a 1-week session or for both 1-week sessions. Sport will be limited to 20-25 students per class and is open to all rising 4th grade students. To register contact Claire Wyatt – 859/828-5655  
Session 1: June 13 - 16  
6 - 6:45 PM, **OR** 7 - 7:45 PM  
Session 2: July 11 - 16  
6 - 6:45 PM, **OR** 7 - 7:45 PM  
Boone County High School  
Claire Wyatt

### IMPROVE YOURSELF

#### CONVERSATIONAL ENGLISH FOR BEGINNER ELL STUDENTS

Improve your everyday English with many fun activities. Students will work on using English in the classroom and social settings. This session is for beginner ELL students grades 3 through 5. Come and join the fun!

\$90 per student  
Monday through Friday, June 6 - 17  
10 AM - 12 Noon  
Erpenbeck Elementary School  
Alisa Alcock

#### GRAMMAR FOR INTERMEDIATE ELL STUDENTS

Learn grammar and parts of speech needed for classroom English. This class will be helpful for both elementary and middle school (grades 4 through 6). Class is not for beginner ELL students. Come and join the fun!

\$90 per student  
Monday through Friday, June 6 - 17  
12:30 - 2:30 PM  
Erpenbeck Elementary School  
Alisa Alcock

#### G.E.D. (HIGH SCHOOL COMPLETION)

Boone County Adult Education offers sessions to prepare for the G.E.D. test. Individualized instruction offered at no cost. The Adult Education Center is a certified G.E.D. "test-readiness" site and "official" G.E.D. testing site. Cost of test is \$50/\$60 after July 1. Call 282-4629 for times and dates  
Adult Education Center

### ENCOURAGE YOUTH & FAMILY

#### BABYSITTING

This excellent 8-hour course is designed for girls and boys, ages 11 and older. The course focuses on the responsibilities of a babysitter: how to prepare for a job, accident prevention, safe toys and games, diapering, feeding, emergency first aid, rescue breathing and choking prevention procedures, and other safety topics. Participants receive an American Red Cross certificate upon completion. Participants must complete the required number of hours to receive certificate, and must attend all four classes. Class size is limited to 10.

\$50 per student  
8:30 AM - 12:30 PM  
Monday & Tuesday, June 13 & 14, **OR**  
Wednesday & Thursday, June 15 & 16  
Boone County High School  
Jill Coulter

#### SUMMER DRAMA CAMP GRADES 3 - 5

This summer camp is designed for students who love to perform and are interested in learning about putting on a Broadway Kids production in one week! Students will learn the songs, dances and create props and costume pieces to perform for parents in two shows. For more information and how to register please contact Karen Wiebe at karen.wiebe@boone.kyschools.us or 859/534-4000.

\$65 per student  
June 13 - 17, 9 AM - 1:30 PM, **OR**  
June 20 - 24, 9 AM - 1:30 PM  
Camp Ernst Middle School

#### SUMMER DRAMA CAMP GRADES 6 - 8

This summer camp is designed for students who love to perform and are interested in learning about putting on a Broadway Jr. production in one week! Students will learn the songs, dances and create props and costume pieces to perform for parents in two shows. For more information and how to register please contact karen.wiebe@boone.kyschools.us or 859/534-4000

\$75  
June 27 - July 1  
9:30 AM - 3:30 PM  
Camp Ernst Middle School

In This Issue	
BC Community Ed.,	pg. 19
BC Conservation District,	pg. 4
BC Cooperative Extension,	pg. 15
BC Fiscal Court,	pgs. 9-12
BC Golf,	pg. 11
BC Planning Commission,	pg. 1
BC Public Library,	pg. 2
BC Solid Waste Mgt.,	pg. 14
BC Success By 6,	pg. 3
Cinti./NKY Int'l. Airport,	pg. 12
City of Florence,	pgs. 5-7
NKY Health Department,	pg. 18
St. Elizabeth Healthcare,	pgs. 16-17
SD1,	pg. 8
<b>TANK,</b>	pg. 20

TIME DATED

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# TANK

## May Is Bike to Work Month...

And May is only the beginning!  
 You can Bike & Ride to work all spring, summer and fall with TANK. Each bus is equipped with a bike rack which holds two bicycles for safe transporting between your rides! Make a morning bike ride part of your exercise routine AND your daily commute!



### TANK in Boone County

**Routes:**

- 1 Florence
- 1X Florence Express
- 2X Airport Express
- 22X Walton Express
- 28X Empire Drive Express
- 29X Hebron Express
- 32X Burlington Express

**Park & Ride Locations:**

- Biggs-Houston Rd. (1X)
- Burlington Park & Ride (32X)
- Hebron Lutheran Church (29X)
- North Bend Park & Ride (29X)
- Mt. Zion Park & Ride (22X)
- Houston Road Park & Ride – at Commonwealth Rd. on Houston Rd. (1X)

Call 331-TANK or visit [www.tankbus.org](http://www.tankbus.org) for schedule and route information.

With gas prices hitting the \$4/gallon mark, maybe YOU should try TANK! Visit our trip planner at [www.tankbus.org](http://www.tankbus.org) OR download the myTANK mobile app to your I-Phone or Android mobile device.

### TANK

Information Line: 859/331-TANK

